_	rint - N														
Pos	StartTime	Race#	# Name	Last Name	Gend	Age C	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:30:30	184	Ian	Dempsey	Male	34	F	Aston Knowles / Kin	Sprint - Male	00:05:36	00:00:58	00:35:26	00:00:48	00:18:09	01:00:57
2	09:49:45	500	Iain	McLaughlin	Male	33	F	RLSCC	Sprint - Male	00:08:28	00:01:21	00:37:37	00:00:46	00:20:04	01:08:16
3	08:31:45	189	Stephen	Child	Male	46	Ι	Coventry	Sprint - Male	00:06:41	00:01:21	00:38:51	00:00:50	00:21:00	01:08:43
4	08:35:15	203	Will	Haines	Male	32	F	stratford upon avon	Sprint - Male	00:06:56	00:01:44	00:39:39	00:00:59	00:20:01	01:09:19
5	08:37:30	212	Russell	Kelf	Male	43	Н	Ntri/peakcoaching	Sprint - Male	00:05:15	00:01:08	00:40:38	00:00:48	00:21:39	01:09:28
6	08:40:45	225	Stehen	Lowe	Male	29	Е	Polesworth	Sprint - Male	00:07:08	00:01:22	00:39:26	00:00:49	00:20:53	01:09:38
7	08:39:00	218	Marc	Steenkamp	Male	35	G	Banbury	Sprint - Male	00:07:01	00:01:29	00:39:43	00:00:53	00:20:38	01:09:44
8	08:38:00	214	Andy	Shenton	Male	41	Н	Swinnerton Cycles	Sprint - Male	00:06:42	00:01:38	00:40:03	00:01:04	00:20:42	01:10:09
9	08:39:45	221	Gary	Waite	Male	50	J	Farnborough	Sprint - Male	00:06:27	00:01:21	00:40:10	00:00:58	00:21:19	01:10:15
10	08:33:30	196	James	purdy	Male	33	F	JP massage therapy	Sprint - Male	00:06:38	00:00:00				01:10:27
11	08:34:00	198	Matthew	Senior	Male	31	F	Notts	Sprint - Male	00:06:18	00:01:33	00:40:33	00:00:43	00:21:22	01:10:29
12	08:51:00	265	David	Taylor	Male	42	Н	Evesham	Sprint - Male	00:08:00	00:01:33	00:40:06	00:01:13	00:19:37	01:10:29
13	08:35:30	204	Andrew	Bonjour	Male	28	Е	Warwick	Sprint - Male	00:06:49	00:01:09	00:41:51	00:00:44	00:20:52	01:11:25
14	08:32:30	192	Andrew	Speechly	Male	49	Ι	Wellesbourne	Sprint - Male	00:06:39	00:01:41	00:40:20	00:00:55	00:22:00	01:11:35
15	08:51:30	267	Paul	Hunt	Male	47	Ι	Balshall Common	Sprint - Male	00:07:04	00:01:30	00:40:39	00:00:52	00:22:05	01:12:10
16	09:53:00	513	ADAM	WEST	Male	18	В	KES Stratford	Sprint - Male	00:06:27	00:01:40	00:43:25	00:00:33	00:20:41	01:12:46
17	08:36:15	207	Alister	Barnett	Male	24	С	Sheffield	Sprint - Male	00:06:13	00:01:59	00:39:54	00:00:48	00:23:59	01:12:53
18	09:51:15	506	Dean	Hands	Male	47	Ι	Alcester	Sprint - Male	00:08:00	00:01:27	00:41:00	00:00:57	00:21:38	01:13:02
19	08:52:30	271	James	Cant-Parton	Male	27	Е	Inkberrow	Sprint - Male	00:07:30	00:01:41	00:43:02	00:00:42	00:20:08	01:13:03
20		492	Nick	de Pennington	Male	38	G	Banbury	Sprint - Male	00:07:17	00:01:16	00:42:10	00:01:12	00:21:15	01:13:10
21	08:41:30	228	Andrew	Green	Male	31	F	Hitchin	Sprint - Male	00:07:57	00:01:38	00:42:32	00:01:05	00:20:01	01:13:13
22	09:28:30	415	ADRIAN	STRANGE	Male	45	Ι	#committogetfit	Sprint - male	00:06:12	00:01:47	00:42:16	00:01:03	00:22:25	01:13:43
23	09:49:15	498	Jonathan	Ward	Male	44	Н	Kineton	Sprint - Male	00:08:09	00:02:35	00:38:32	00:01:32	00:22:56	01:13:44
24	09:51:00	505	JAKE	KEAST	Male	17	В	KES Stratford	Sprint - Male	00:06:41	00:01:55	00:44:13	00:01:09	00:19:47	01:13:45
25	08:32:00	190	Vassilis	Andreoulakis	Male	42	Н	Kenilworth	Sprint - Male	00:06:10	00:02:29	00:43:12	00:01:13	00:20:55	01:13:59
26	08:58:00	293	Matthew	Hartley	Male	34	F	Warwick	Sprint - Male	00:08:12	00:01:41	00:42:13	00:00:50	00:21:10	01:14:06
27	08:45:30	244	Mike	Mannion	Male	49	Ι	Leamington Spa	Sprint - Male	00:08:01	00:01:49	00:41:44	00:01:05	00:21:28	01:14:07
28	08:47:30	252	Adam	Jones	Male	26	Е	West Midlands	Sprint - Male	00:08:01	00:02:06	00:42:09	00:01:09	00:20:57	01:14:22
29	08:52:15	270	Simon	Baker	Male	29	Е	Inkberrow	Sprint - Male	00:08:18	00:01:39	00:42:35	00:00:52	00:21:02	01:14:26
30		223	alexander	ibbs	Male	16	Α	Leamington C&	Sprint - Male	00:06:43	00:01:27	00:44:42		00:20:34	01:14:27
31	08:31:30	188	Michael	Wilson	Male	31	F	Leamington Spa	Sprint - Male	00:05:46	00:01:45	00:42:59	00:00:48	00:23:19	01:14:37
32	09:47:15	490	mark	garlick	Male	49	Ι	Stratford-upon-Avon	Sprint - Male	00:07:42	00:01:31	00:42:57	00:00:56	00:21:45	01:14:51
33			David	Bessant	Male	48	Ι	Evesham Vale Triath	Sprint - Male	00:06:36	00:01:36		00:01:18	00:23:41	01:15:03
34		191	Greg	Divall	Male	26	Е	Sutton Coldfield	Sprint - Male	00:06:05	00:02:29	00:46:59		00:18:49	01:15:17
35		340	Peter	Marczewski	Male	38	G	Ilmington	Sprint - Male	00:07:17		00:41:24	00:01:00	00:23:54	01:15:29
36			Benjamin	Littlejohn	Male	27	Е	Aylesbury	Sprint - Male	00:08:32		00:42:21			01:15:33
37			SIMON	SMITH	Male	35	G	Smudge and Beale	Sprint - Male	00:07:53		00:43:25		00:21:28	01:15:46
38			ALAN	FARMER	Male	48	I	WARWICKSHIRE	Sprint - Male	00:07:03		00:43:40		00:22:53	01:15:47
39			Mark	Richards	Male	44	Н	Henley	Sprint - Male	00:09:57		00:43:17		00:19:20	01:15:50
40			Chris	Haywood	Male	29	E	Leamington Spa	Sprint - Male	00:09:09		00:44:08		00:20:57	01:15:50
41			Steven	Hale	Male	36	G	Titan Triathlon Club		00:05:47		00:41:43		00:25:56	01:15:51
42			David	Pook	Male	40	H	Southam	Sprint - Male	00:08:38		00:41:03	00:00:58		01:15:53
	02.00.10					70		~~~	~pint muit	00.00.00	00.01.01	00.11.00	00.00.00	30.20.20	01.10.00

44 08:46:00 246 Martin Bedvin Male 48 1 Stratiford Upon Avon Sprint Male 09:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:50 00:01:51 <th>Pos</th> <th>StartTime</th> <th>Race#</th> <th>Name</th> <th>Last Name</th> <th>Gend</th> <th>Age Ca</th> <th>at</th> <th>TeamName</th> <th>Race</th> <th>Swim</th> <th>T1</th> <th>Bike</th> <th>T2</th> <th>Run</th> <th>Total</th>	Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
45 09:12:45 32 KIKK FIVLINSON Male 37 G TRIATHLON REDD Sprint Male 00:00:30 00:00:125 00:00:35 00:00:35 00:00:35 00:00:37 00:01:37 00:32:38 00:42:37 00:02:34 00:17 00:37 00:01:37 00:42:37 00:02:34 00:17 00:17 00:01:37 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 00:01:19 00:42:16 <td>43</td> <td>08:57:00</td> <td>289</td> <td>Neil</td> <td>Blackman</td> <td>Male</td> <td>52</td> <td>J</td> <td>Stratford On Avon</td> <td>Sprint - Male</td> <td>00:07:03</td> <td>00:02:13</td> <td>00:44:13</td> <td>00:01:23</td> <td>00:21:06</td> <td>01:15:58</td>	43	08:57:00	289	Neil	Blackman	Male	52	J	Stratford On Avon	Sprint - Male	00:07:03	00:02:13	00:44:13	00:01:23	00:21:06	01:15:58
46 08:46:45 2.49 Sam Nicholson Maile 48 1 Stratiford [pon Avon Sprint Male 00:02:17 00:02:25 00:43:16 00:00:00 00:23:45 00:02:45 0	44	08:46:00	246	Martin	Bedwin	Male	48	Ι	Stratford Upon Avon	Sprint - Male	00:07:34	00:01:56	00:41:59	00:00:47	00:24:15	01:16:31
47 09:08:00 33 Simon Mumberd 48 08:32:15 830 Mike Chandles Male 46 I Term Cherved Sprint Male 09:08:16 09:00:75 00:01:25 00:01:35 00:01:32 00:01:	45	09:12:45	352	KIRK	FINLINSON	Male	37	G	TRIATHLON REDD	Sprint - Male	00:09:03	00:01:45	00:40:35	00:00:58	00:24:16	01:16:37
48. 09:28:15 830 Mike Chanides Male 46 1 Team Chervell Sprint Male 09:09:23 09:09:23 09:09:23 09:01:23 09:01:23 09:23:17 01:16:55 50 08:35:00 202 Dean Lewis Male 42 11 Oxon Sprint Male 00:01:35 00:01:32 00:21:17 00:11:20 00:21:37 00:01:35 00:01:32 00:21:37 00:01:51 00:01:51 00:01:51 00:01:51 00:01:51 00:01:51 00:01:51 00:01:00 00:21:01 00:21:01 01:17:05 55 09:02:13 33 Andrew James Male 38 G Hampton in Arden Sprint Male 00:01:20 00:22:20 01:11:00:22:26 01:17:55 56 09:05:15 251 Crick Hollidy Male 38 F Hampton in Arden Sprint Male 00:01:20 00:22:20 01:11:00:22:12 01:16:33 56 09:5:15	46	08:46:45	249	Sam	Nicholson	Male	48	Ι	Stratford Upon Avon	Sprint - Male	00:07:17	00:02:25	00:43:14	00:01:19	00:22:32	01:16:47
9 09:06:00 325 Martin Carter Male 42 I Evesham Sprint - Male 00:02:38 <t< td=""><td>47</td><td>09:08:00</td><td>333</td><td>Simon</td><td>Mumford</td><td>Male</td><td>48</td><td>Ι</td><td>Evesham Vale Tri Cl</td><td>Sprint - Male</td><td>00:08:18</td><td>00:01:55</td><td>00:40:46</td><td>00:01:00</td><td>00:24:49</td><td>01:16:48</td></t<>	47	09:08:00	333	Simon	Mumford	Male	48	Ι	Evesham Vale Tri Cl	Sprint - Male	00:08:18	00:01:55	00:40:46	00:01:00	00:24:49	01:16:48
50 08:35:00 202 Deam Lewis Male 24 H Oxon Sprint Male 08:06:12 08:06:12:06:06:12:	48	08:28:15	830	Mike	Chanides	Male	46	Ι	Team Cherwell	Sprint - Male	00:07:58	00:01:21	00:41:13	00:00:57	00:25:19	01:16:48
51 09:53:30 515 James Sprint Male 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:51 00:00:21 00:01:50 00:01:21 00:01:50 00:01:25	49	09:06:00	325	Martin	Carter	Male	45	Ι	Evesham	Sprint - Male	00:08:48	00:02:05	00:42:17	00:01:32	00:22:12	01:16:54
52 08:30:45 185 Adm Phillips Male 54 G Tim Trathlon Sprint - Male 00:06:17 00:01:13 00:00:056 00:23:204 01:17:11 53 09:52:15 510 roger sextr male 54 J penkridge Sprint - Male 00:06:46 00:00:00 00:42:16 00:00:110 00:23:204 01:17:55 55 09:01:33 03:11 253 00:01:34 00:21:31 00:01:02 00:02:52 01:17:55 56 08:51:15 251 Chris Hallday Male 33 F West Millands Sprint - Male 00:01:34 00:02:30 00:02:52 00:02:40 01:18:3 59 09:20:00 381 Stephen Robins Male 51 J Sprint - Male 00:00:20 00:02:20 00:24:03 01:18:3 60 09:24:24 137 Frederick Wrist Male 72 E evesham Sprint - Male 00:00:22:0 00:02:44 </td <td>50</td> <td>08:35:00</td> <td>202</td> <td>Dean</td> <td>Lewis</td> <td>Male</td> <td>42</td> <td>Н</td> <td>Oxon</td> <td>Sprint - Male</td> <td>00:07:14</td> <td>00:02:38</td> <td>00:42:25</td> <td>00:01:01</td> <td>00:23:47</td> <td>01:17:05</td>	50	08:35:00	202	Dean	Lewis	Male	42	Н	Oxon	Sprint - Male	00:07:14	00:02:38	00:42:25	00:01:01	00:23:47	01:17:05
53 09:52:15 510 roger sexty male 54 J penkridge Sprint - Male 00:03:46 00:01:10 00:32:04 01:17:11 54 00:90:30 33 Andrew James Male 36 Tampton in Arden Sprint - Male 00:07:45 00:00:00 00:42:16 00:01:10 00:23:04 01:17:51 55 00:90:30 39 Andrew James Male 33 F West Midlands Sprint - Male 00:01:24 00:43:20 00:01:20 00:25:22 01:18:3 57 00:58:15 24 Anthony Lees Male 53 J Shipston on Stour Sprint - Male 00:01:34 00:43:37 00:43:31 00:21:22 00:23:32 01:18:33 59 09:48:00 493 Trederick Twistt Male 53 J Shipston on Stour Sprint - Male 00:01:34 00:42:10 00:23:02 01:14:3 01:13:01:23:102 01:18:33 61 08:32:45 15	51	09:53:30	515	James	Syrotiuk	Male	30	F	Solihull	Sprint - Male	00:05:51	00:01:55	00:43:27	00:00:51	00:25:01	01:17:05
54 08:43:15 235 Ray O'Crady Male 66 M Chester Sprint - Male 00:07:45 00:00:00 00:43:02 00:00:49 00:25:03 01:17:55 55 09:09:30 339 Andrew Jampton in Arden Sprint - Male 00:00:82:1 00:01:38 00:43:30 00:01:11 00:23:20 01:11:15 56 08:51:15 231 Chris Holliday Male 25 Jampton in Arden Sprint - Male 00:07:50 00:01:25 00:45:48 00:43:13 00:123 00:43:13 00:01:23 00:22:00 11:83:3 59 09:20:00 381 Stephen Rohins Male 25 E exestam Sprint - Male 00:08:39 00:02:00 0:43:13 00:13 00:23:03 01:18:3 61 08:32:45 193 Frederick Tvistit Male 27 E evesham Sprint - Male 00:00:252 00:04:418 00:01:03 00:24:03 01:19:44 64 09:44:14	52	08:30:45	185	Adam	Phillips	Male	36	G	Titan Triathlon	Sprint - Male	00:06:17	00:01:21	00:45:13	00:00:56	00:23:28	01:17:15
55 09:09:30 339 Andrew James Male 38 G Hampton in Arden Sprint - Male 00:01:38 00:43:02 00:01:11 00:23:26 01:17:55 56 08:51:15 221 Chris Holliday Male 33 F West Midlands Sprint - Male 00:01:34 00:42:10 00:01:20 00:13:20 00:13:20 00:01:20 00:13:20 00:01:20 00:13:20 00:01:20 00:13:20 00:01:20 00:13:20 00:01:20 00:13:20 00:12:20 01:18:3 59 09:21:00 318 Stephen Rohins Male 53 J Shighton on Stour Sprint - Male 00:01:23 00:32:13 01:13:13 00:12:13 00:12:13 00:12:13 00:12:13 00:12:10 01:13:14 01:19:14 62 09:51:15 54 Johnthan Fuer Male 52 F Birminghan Sprint - Male 00:02:10 00:42:10 00:11:10 00:20:13 00:11:00 00:02:10 00:42:10 <	53	09:52:15	510	roger	sexty	male	54	J	penkridge	Sprint - Male	00:08:46	00:01:50	00:42:16	00:01:19	00:23:04	01:17:15
56 08:51:15 251 Chris Holliday Male 33 F West Midlands Sprint - Male 00:01:24 00:01:21 00:01:20 00:01:23 00:02:20 01:18:1 57 09:58:16 294 Anthony Lees Male 28 Malevren Sprint - Male 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 00:01:23 00:21:00 01:01:13 01:18:15 61 09:52:245 13 Frederick Twistit Male 16 A KES Sprint - Male 00:00:21:00 00:21:00 00:21:00 00:21:00 00:21:00 00:21:00 00:01:14 00:21:00 01:14:01:14 00:21:10 01:14:01:14 01:19:11 01:14 00:21:10 01:19:11 00:11:4 00:22:10 01:19:14 00:21:10 01:19:10:11:10:11 01:11:10:11:10:11 01:11	54	08:43:15	235	Ray	O'Grady	Male	66	Μ	Chester	Sprint - Male	00:07:45	00:00:00	00:44:18	00:00:49	00:25:03	01:17:55
57 08:58:15 294 Anthony Lees Male 50 J Cockermouth Sprint - Male 00:07:50 00:01:25 00:45:48 00:00:58 00:22:00 01:18:2 58 09:24:00 08: Stephen Robins Male 23 J Shipson on Stour Sprint - Male 00:07:50 00:01:25 00:02:32 01:18:2 59 09:20:00 355 Alan Mesharry Male 51 Learnington sprint Male 00:06:39 00:02:22 00:44:14 00:01:21 00:22:13 01:18:57 61 09:53:15 514 Johnathan Fuercy Male 16 A KES Sprint Male 00:01:21 00:47:02 00:00:48 00:22:17 01:19:14 62 09:13:15 514 Johnathan Fuercy Male 31 Evesham Sprint Male 00:02:20 00:43:14 00:02:21 00:21:14 00:22:21 01:14:0 00:02:14 00:22:21 00:11:4 00	55	09:09:30	339	Andrew	James	Male	38	G	Hampton in Arden	Sprint - Male	00:08:21	00:01:58	00:43:02	00:01:11	00:23:26	01:17:58
58 09:48:00 493 Tom Evans Male 28 E Malvern Sprint - Male 09:733 09:02:00 00:43:13 09:01:23 00:21:23 00:123 00:21:30 00:123 00:21:30 00:123 00:1243 00:121 00:123 00:1243 01:144 00:114 01:124 01:140 01:124 63 09:13:15 534 David Turnbull Male 51 J Evesham Sprint - Male 00:00:20 00:44:46 00:01:14 00:22:10 01:144 00:22:10 01:144 00:22:10 01:144 00:22:10 01:144 00:22:10 01:144 00:02:17 01:144 00:111 00:22:10 01:144 00:02:10 01:145 01:153 01:153 01:146	56	08:51:15	251	Chris	Holliday	Male	33	F	West Midlands	Sprint - Male	00:08:00	00:01:34	00:42:13	00:01:02	00:25:22	01:18:11
59 09:20:00 381 Stephen Robins Male 53 J Shipston on Stour Sprint - Male 00:08:39 00:02:20 00:43:07 00:01:12 00:01:22 00:21:23 01:18:44 60 09:14:30 359 Alan Mexharry Male 45 1 Learnington spa Sprint - Male 00:06:37 00:01:37 00:21:21 00:47:02 00:00:30 00:21:21 00:01:30 00:21:31 01:19:11 62 09:53:15 514 Johnathan Furey Male 16 A KES Sprint - Male 00:00:23 00:41:41 00:00:21:0 00:41:40 00:21:01 00:41:0 00:21:10 00:11:00 00:21:10 00:11:00 00:21:10 00:11:00 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:21:13 00:11:10 00:11:10 00:11:10 00:11:10 <	57	08:58:15	294	Anthony	Lees	Male	50	J	Cockermouth	Sprint - Male	00:07:50	00:01:25	00:45:48	00:00:58	00:22:20	01:18:21
60 09:14:30 359 Alan Mesharry Male 45 I Learnington spa Sprint Male 00:06:37 00:01:47 00:41:18 00:01:13 00:23:13 01:18:15 61 08:32:45 193 Frederick Twist Male 27 E evesham Sprint Male 00:06:33 00:01:23 00:44:18 00:00:48 00:24:03 01:19:43 63 09:13:15 534 David Turnbull Male 51 J Evesham Sprint Male 00:02:19 00:42:19 00:01:46 00:22:10 01:19:45 64 09:10:45 344 Dan Ford Male 37 G Liverpool Sprint Male 00:01:10 00:22:10 00:41:17 00:21:3 01:19:45 66 08:49:45 200 Ridky Davies Male 35 G stoke on Trent Sprint Male 00:01:10 00:02:10 00:43:17 00:02:24:0 11:00:23:10 11:93:5 </td <td>58</td> <td>09:48:00</td> <td>493</td> <td>Tom</td> <td>Evans</td> <td>Male</td> <td>28</td> <td>Е</td> <td>Malvern</td> <td>Sprint - Male</td> <td>00:07:43</td> <td>00:02:08</td> <td>00:43:13</td> <td>00:01:23</td> <td>00:24:07</td> <td>01:18:34</td>	58	09:48:00	493	Tom	Evans	Male	28	Е	Malvern	Sprint - Male	00:07:43	00:02:08	00:43:13	00:01:23	00:24:07	01:18:34
61 08:32:45 193 Frederick Twistt Male 27 E evesham Sprint - Male 00:06:39 00:02:52 00:41:41 00:01:03 00:24:03 01:19:11 62 09:55:15 514 Johnathan Furey Male 64 KES Sprint - Male 00:00:39 00:01:20 00:41:40 00:01:14 00:21:0 01:19:41 64 09:04:00 317 Chris Byrd Male 51 J Evesham Sprint - Male 00:02:10 00:42:10 00:01:10 00:22:10 01:19:43 64 09:10:45 344 Dan Ford Male 37 G Liverpol Sprint - Male 00:02:10 00:42:12 00:01:10 00:22:52 01:19:53 66 08:49:45 260 Ricky David Male 50 J Addlestone Sprint - Male 00:01:05 00:22:20 00:43:16 00:01:07 00:22:40 01:10:02:40 01:20:02 68 08:56:45	59	09:20:00	381	Stephen	Robins	Male	53	J	Shipston on Stour	Sprint - Male	00:08:39	00:02:00	00:43:07	00:01:22	00:23:32	01:18:40
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63 09:13:15 354 David Turnbull Male 32 F Birmingham Sprint - Male 00:09:30 00:02:20 00:44:46 00:01:14 00:22:10 01:14:44 64 09:04:00 317 Chris Byrd Male 51 J Everpool Sprint - Male 00:08:44 00:02:19 00:42:19 00:01:06 00:22:17 01:19:43 66 08:49:45 260 Ricky Davies Male 43 H Breathing Matters Sprint - Male 00:07:54 00:02:10 00:43:14 00:01:17 00:25:23 01:19:55 67 09:20:15 382 Graham Male 54 J Atklestone Sprint - Male 00:01:20 00:43:57 00:01:26 00:22:40 01:20:02 68 08:56:45 288 Dylan Male 54 J TFN Nottingham Sprint - Male 00:00:32 00:43:57 00:21:0 00:44:10 00:22:10 01:20:17 01:20:10 01:20:12 00:20:16 </td <td>61</td> <td>08:32:45</td> <td>193</td> <td>Frederick</td> <td>Twistt</td> <td>Male</td> <td>27</td> <td>Е</td> <td>evesham</td> <td>Sprint - Male</td> <td>00:06:39</td> <td>00:02:52</td> <td>00:44:41</td> <td>00:01:03</td> <td>00:24:03</td> <td>01:19:18</td>	61	08:32:45	193	Frederick	Twistt	Male	27	Е	evesham	Sprint - Male	00:06:39	00:02:52	00:44:41	00:01:03	00:24:03	01:19:18
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80 09:50:15 502 Paul Corrie Male 53 J Oxford Sprint - Male 00:07:25 00:02:00 00:47:21 00:00:46 00:23:16 01:20:44 81 09:11:45 348 Richard Pepperell Male 35 G Stratford upon Avon Sprint - Male 00:02:06 00:45:43 00:01:12 00:23:16 01:20:44 82 08:58:45 296 Adrian Callender Male 31 F Coventry Sprint - Male 00:08:37 00:02:06 00:45:43 00:01:24 00:23:18 01:20:54 82 08:58:45 296 Adrian Callender Male 31 F Coventry Sprint - Male 00:02:11 00:45:18 00:01:24 00:23:25 01:20:59 83 09:22:30 391 Richard Beale Male 36 G Marie Curie Cancer Sprint - Male 00:03:06 00:47:38 00:01:29 00:20:45 01:21:07 84 09:47:00	78	11:03:15	74	James	Cresswell	Male	40	Н	#TEAMHELEN	Sprint - Male	00:10:12	00:02:13	00:41:08	00:01:31	00:25:39	01:20:43
81 09:11:45 348 Richard Pepperell Male 35 G Stratford upon Avon Sprint - Male 00:08:37 00:02:06 00:45:43 00:01:12 00:23:18 01:20:56 82 08:58:45 296 Adrian Callender Male 31 F Coventry Sprint - Male 00:08:37 00:02:10 00:45:18 00:01:24 00:23:25 01:20:59 83 09:22:30 391 Richard Beale Male 36 G Marie Curie Cancer Sprint - Male 00:08:41 00:03:06 00:47:38 00:01:29 00:20:45 01:20:59 84 09:47:00 489 Clive Williams Male 62 L Stratford upon acon Sprint - Male 00:01:49 00:45:54 00:00:54 00:26:01 01:21:10 85 09:47:30 491 Clive Bullock Male 60 L northampton Sprint - Male 00:01:47 00:43:58 00:00:49 00:26:11 01:21:10	79	09:06:15	326	Mark	Crossley	Male	47	Ι	Dr Mark Crossley	Sprint - Male	00:09:25	00:01:59	00:42:15	00:01:17	00:25:52	01:20:48
82 08:58:45 296 Adrian Callender Male 31 F Coventry Sprint - Male 00:02:11 00:45:18 00:01:24 00:23:25 01:20:55 83 09:22:30 391 Richard Beale Male 36 G Marie Curie Cancer Sprint - Male 00:08:04 00:03:06 00:47:38 00:01:29 00:20:45 01:21:02 84 09:47:00 489 Clive Williams Male 62 L Stratford upon acon Sprint - Male 00:06:37 00:01:49 00:45:54 00:00:54 00:26:01 01:21:12 85 09:47:30 491 Clive Bullock Male 60 L northampton Sprint - Male 00:01:47 00:43:58 00:00:49 00:26:11 01:21:14	80	09:50:15	502	Paul	Corrie	Male	53	J	Oxford	Sprint - Male	00:07:25	00:02:00	00:47:21	00:00:46	00:23:16	01:20:48
83 09:22:30 391 Richard Beale Male 36 G Marie Curie Cancer Sprint - Male 00:03:06 00:47:38 00:01:29 00:20:45 01:21:07 84 09:47:00 489 Clive Williams Male 62 L Stratford upon acon Sprint - Male 00:06:37 00:01:49 00:45:54 00:00:54 00:26:01 01:21:15 85 09:47:30 491 Clive Bullock Male 60 L northampton Sprint - Male 00:01:47 00:43:58 00:00:49 00:26:11 01:21:16	81	09:11:45	348	Richard	Pepperell	Male	35	G	Stratford upon Avon	•	00:08:37	00:02:06	00:45:43	00:01:12	00:23:18	01:20:56
84 09:47:00 489 Clive Williams Male 62 L Stratford upon acon Sprint - Male 00:06:37 00:01:49 00:45:54 00:00:54 00:26:01 01:21:15 85 09:47:30 491 Clive Bullock Male 60 L northampton Sprint - Male 00:01:47 00:43:58 00:00:49 00:26:11 01:21:16	82			Adrian	Callender	Male	31	F	Coventry	Sprint - Male	00:08:41	00:02:11	00:45:18	00:01:24	00:23:25	01:20:59
85 09:47:30 491 Clive Bullock Male 60 L northampton Sprint - Male 00:08:31 00:01:47 00:43:58 00:00:49 00:26:11 01:21:10	83	09:22:30	391	Richard	Beale	Male	36	G	Marie Curie Cancer	Sprint - Male	00:08:04	00:03:06	00:47:38	00:01:29	00:20:45	01:21:02
	84	09:47:00	489	Clive	Williams	Male	62	L	Stratford upon acon	Sprint - Male	00:06:37	00:01:49	00:45:54	00:00:54	00:26:01	01:21:15
86 08:55:45 284 Will Cooke Male 31 F London Sprint - Male 00:07:29 00:01:59 00:45:55 00:01:20 00:24:38 01:21:2	85	09:47:30	491	Clive	Bullock	Male	60	L	northampton	Sprint - Male	00:08:31	00:01:47	00:43:58	00:00:49	00:26:11	01:21:16
	86	08:55:45	284	Will	Cooke	Male	31	F	London	Sprint - Male	00:07:29	00:01:59	00:45:55	00:01:20	00:24:38	01:21:21

Results produced: 02/10/2015 10:19:57

Sprint - Male: Male

88 09: 89 08: 90 08: 91 08: 92 09: 93 08: 94 09: 95 08: 96 09: 97 08: 99 08: 100 09: 101 08: 102 09: 103 08: 105 08: 106 09:	8:58:30 8:43:30 8:43:45 9:46:15 8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	371 332 295 236 201 486 195 379 250 402 256 238 211 425	Stephen Jez Phil David John Simon Robert Robert Mark Brian Warren Daryl John	wheelerHarbenCattonNoyesMitchellKnightFinchLeechChurtonCavanaghHigginsMorgan	Male Male Male Male Male Male Male Male	50 40 60 42 47 41 25 47	J H L H I H E	swindon Old Farts Llangollen Stratford upon Avon Cancer Research UK Banbury Team Finch Childer Thornton		00:08:18 00:08:47 00:08:41 00:06:47 00:07:16 00:07:51	00:02:18 00:02:38 00:01:37 00:01:48 00:02:35 00:01:30	00:43:48 00:47:03 00:42:46	00:01:26 00:01:04 00:01:07 00:01:47 00:01:42 00:00:55	00:24:11 00:26:18 00:24:07 00:27:15	01:21:22 01:21:26 01:21:31 01:21:32 01:21:34 01:21:35
89 08: 90 08: 91 08: 92 09: 93 08: 94 09: 95 08: 96 09: 97 08: 98 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08:	8:58:30 8:43:30 8:43:45 9:46:15 8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	295 236 201 486 195 379 250 402 256 238 211	Phil David John Simon Rob Robert Mark Brian Warren Daryl	Catton Noyes Mitchell Knight Finch Leech Churton Cavanagh Higgins	Male Male Male Male Male Male Male	60 42 47 41 25 47	L H I H E	Llangollen Stratford upon Avon Cancer Research UK Banbury Team Finch	Sprint - Male Sprint - Male Sprint - Male Sprint - Male	00:08:41 00:06:47 00:07:16 00:07:51	00:01:37 00:01:48 00:02:35 00:01:30	00:43:48 00:47:03 00:42:46	00:01:07 00:01:47 00:01:42	00:26:18 00:24:07 00:27:15	01:21:31 01:21:32 01:21:34
90 08: 91 08: 92 09: 93 08: 94 09: 95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:43:30 8:34:45 9:46:15 8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:48:45 8:37:15 9:31:00 8:51:45	236 201 486 195 379 250 402 256 238 211	David John Simon Rob Robert Mark Brian Warren Daryl	NoyesMitchellKnightFinchLeechChurtonCavanaghHiggins	Male Male Male Male Male Male Male	42 47 41 25 47	H I H E	Stratford upon Avon Cancer Research UK Banbury Team Finch	Sprint - Male Sprint - Male Sprint - Male	00:06:47 00:07:16 00:07:51	00:01:48 00:02:35 00:01:30	00:47:03 00:42:46	00:01:47 00:01:42	00:24:07 00:27:15	01:21:32 01:21:34
91 08: 92 09: 93 08: 94 09: 95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 106 09:	8:34:45 9:46:15 8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:48:45 8:37:15 9:31:00 8:51:45	201 486 195 379 250 402 256 238 211	John Simon Rob Robert Mark Brian Warren Daryl	Mitchell Knight Finch Leech Churton Cavanagh Higgins	Male Male Male Male Male Male	47 41 25 47	I H E	Cancer Research UK Banbury Team Finch	Sprint - Male Sprint - Male	00:07:16 00:07:51	00:02:35 00:01:30	00:42:46	00:01:42	00:27:15	01:21:34
92 09: 93 08: 94 09: 95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	9:46:15 8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	486 195 379 250 402 256 238 211	Simon Rob Robert Mark Brian Warren Daryl	Knight Finch Leech Churton Cavanagh Higgins	Male Male Male Male Male	41 25 47	H E	Banbury Team Finch	Sprint - Male	00:07:51	00:01:30				
93 08: 94 09: 95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:33:15 9:19:30 8:47:00 9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	195 379 250 402 256 238 211	Rob Robert Mark Brian Warren Daryl	Finch Leech Churton Cavanagh Higgins	Male Male Male Male	25 47	E	Team Finch				00:46:16	00:00:55	00:25:03	01:21:35
94 09: 95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	9:19:30 8:47:00 9:25:15 8:48:45 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	379 250 402 256 238 211	Robert Mark Brian Warren Daryl	Leech Churton Cavanagh Higgins	Male Male Male	47			Sprint - Male	00.06.24					
95 08: 96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:47:00 9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	250 402 256 238 211	Mark Brian Warren Daryl	Churton Cavanagh Higgins	Male Male	47		Childer Thornton		00:06:34	00:01:38	00:46:22	00:01:01	00:26:05	01:21:40
96 09: 97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	9:25:15 8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	402 256 238 211	Brian Warren Daryl	Cavanagh Higgins	Male		т		Sprint - Male	00:07:59	00:03:33	00:42:54	00:01:08	00:26:15	01:21:49
97 08: 98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:48:45 8:44:00 8:37:15 9:31:00 8:51:45	256 238 211	Warren Daryl	Higgins			Ι	UPPER TEAN	Sprint - Male	00:07:33	00:01:47	00:46:04	00:01:09	00:25:20	01:21:53
98 08: 99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:44:00 8:37:15 9:31:00 8:51:45	238 211	Daryl	147	Male	39	G	Stratford upon avon	Sprint - Male	00:09:01	00:02:41	00:44:06	00:02:24	00:23:42	01:21:54
99 08: 100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:37:15 9:31:00 8:51:45	211	v	Morgan		33	F	Birmingham	Sprint - Male	00:07:47	00:01:28	00:48:14	00:00:38	00:23:50	01:21:57
100 09: 101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	9:31:00 8:51:45		John		Male	46	Ι	Kenilworth	Sprint - Male	00:07:39	00:01:56	00:44:14	00:01:40	00:26:33	01:22:02
101 08: 102 09: 103 08: 104 08: 105 08: 106 09:	8:51:45	425		O'Callaghan	Male	38	G	Kenilworth	Sprint - Male	00:07:10	00:02:30	00:44:00	00:01:05	00:27:22	01:22:07
102 09: 103 08: 104 08: 105 08: 106 09:			Julian	Melia	Male	38	G	Stratford-Upon-Avon	Sprint - Male	00:09:00	00:02:10	00:46:37	00:00:43	00:23:39	01:22:09
103 08: 104 08: 105 08: 106 09:	9:52:45	268	Darren	hadley	Male	37	G	Stratford Tri Club	Sprint - Male	00:08:01	00:03:12	00:45:54	00:01:18	00:23:59	01:22:24
104 08: 105 08: 106 09:		512	PAUL	AHEARNE	Male	16	Α	KES Stratford	Sprint - Male	00:07:42	00:02:33	00:49:18	00:00:59	00:21:58	01:22:30
105 08: 106 09:	8:43:00	234	Gareth	Sweeney	Male	44	Н	BRAT	Sprint - Male	00:07:50	00:02:03	00:45:54	00:00:58	00:25:46	01:22:31
106 09:	8:50:00	261	Keith	Griffiths	Male	49	Ι	Evesham	Sprint - Male	00:07:57	00:01:56	00:47:18	00:00:58	00:24:23	01:22:32
	8:31:15	187	Stephen	Fryett	Male	46	Ι	Warwick	Sprint - Male	00:06:06	00:02:25	00:45:31	00:01:05	00:27:31	01:22:38
107 00.	9:04:30	319	mark	endersby	Male	44	Н	Kenilworth	Sprint - Male	00:08:37	00:02:04	00:46:05	00:01:19	00:24:34	01:22:39
107 09:	9:46:30	487	Rab	Saunders	Male	46	Ι	Team Cherwell	Sprint - Male	00:09:07	00:01:20	00:47:49	00:00:57	00:23:35	01:22:48
108 09:	9:03:00	313	neil	muller	Male	44	Н	Claverdon	Sprint - Male	00:08:28	00:01:50	00:46:08	00:00:51	00:25:34	01:22:51
109 09:	9:51:30	507	Richard	Kendrick	Male	40	Н	Walsall	Sprint - Male	00:06:37	00:03:06	00:49:29	00:01:02	00:22:50	01:23:04
<u> 110 08:</u>	8:30:15	183	paul	whitehead	Male	50	J	Accrington	Sprint - Male	00:05:53	00:03:09	00:46:21	00:01:37	00:26:08	01:23:08
111 09:	9:37:15	450	Steve	Meeson	Male	50	J	Sutton Coldfield	Sprint - Male	00:09:09	00:02:32	00:43:09	00:01:22	00:27:03	01:23:15
112 09:	9:43:15	460	Rafal	Wierzchowski	Male	31	F	Cancer Research UK	Sprint - Male	00:14:23	00:03:05	00:40:27	00:01:19	00:24:04	01:23:18
113 09:	9:05:00	321	David	Dunn	Male	53	J	Shrewley	Sprint - Male	00:08:36	00:01:51	00:48:11	00:01:01	00:23:41	01:23:20
<u> 114 10:</u>	0:47:45	12	Paul	Mackenzie	Male	36	G	#TEAMHELEN	Sprint - Male	00:08:36	00:01:28	00:47:49	00:00:52	00:24:44	01:23:29
115 10:	0:57:45	52	Mark	Smith	Male	42	Н	#TEAMHELEN	Sprint - Male	00:11:05	00:00:00				01:23:35
<u> 116 08:</u>	8:56:30	287	Patrick	Power	Male	44	Н	Oldbury	Sprint - Male	00:09:13	00:02:53	00:46:25	00:01:45	00:23:24	01:23:40
<u> 117 09:</u>	9:33:45	436	Ross	Veale	Male	36	G	Redditch	Sprint - Male	00:09:42	00:02:40	00:45:28	00:01:28	00:24:29	01:23:47
118 08:	8:47:45	253	Gwill	Crockford	Male	50	J	Worcestershire	Sprint - Male	00:08:03	00:02:27	00:44:44	00:01:24	00:27:12	01:23:50
<u> 119 10:</u>	0:49:30	19	Anthony	York	Male	39	G	#TEAMHELEN	Sprint - Male	00:08:37	00:01:55	00:46:16	00:01:18	00:25:46	01:23:52
120 10:	0:46:00	5	Peter	English	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:07:06	00:02:43	00:48:31	00:00:00	00:25:47	01:24:07
121 10:	0:50:00	21	Paul	Griffiths	Male	45	Ι	#TEAMHELEN	Sprint - Male	00:08:49	00:02:10	00:45:57	00:01:19	00:25:58	01:24:13
122 09:	9:04:15	318	Geoffrey	Heron	Male	53	J	Geoffrey Heron	Sprint - Male	00:08:43	00:03:04	00:48:19	00:01:13	00:22:54	01:24:13
123 09:	9:02:30	311	Anthony	Jones	Male	43	Н	Worcester	Sprint - Male	00:08:47	00:02:50	00:48:15	00:01:29	00:23:02	01:24:23
	0:59:15		luke	fletcher	Male	38	G	Marie Curie Cancer	Sprint - Male	00:10:13	00:02:47	00:48:22	00:00:00	00:23:08	01:24:30
125 08:	8:38:30	216	Tim	Worthington	male	37	G	Oakham	Sprint - Male	00:09:01	00:02:36	00:46:42	00:01:12	00:25:05	01:24:36
		307	Jonathan	Menon	Male	30	F	Kenilworth	Sprint - Male	00:08:17		00:48:08	00:01:01	00:25:10	01:24:37
127 09:	9:19:45	380	Arthur	Daintree	Male	24	С	Leamington Spa	Sprint - Male	00:09:03	00:02:18	00:44:44	00:01:28	00:27:04	01:24:37
128 09:	9:39:15	458	Sean	Noone	Male	37	G	Coventry	Sprint - Male	00:09:41	00:02:15	00:47:53	00:01:06	00:23:49	01:24:44
129 09:	9:05:45	324	Peter	Nicholl	Male	39	G	Function Therapy	Sprint - Male	00:06:41	00:18:32	00:37:44	00:01:11	00:20:40	01:24:48
130 09:			Todd	Carpenter	Male	48	Ι	bristol	Sprint - Male	00:08:20	00:02:23		00:01:24		01:24:50

Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	09:24:00	397	Rob	Houlston	Male	36	G	Solihull	Sprint - Male	00:08:11	00:03:31	00:49:30	00:00:44	00:22:58	01:24:54
132	08:57:15	290	NEIL	STANNARD	Male	39	G	STRATFORD UPON	Sprint - Male	00:10:39	00:03:10	00:45:58	00:01:12	00:23:56	01:24:55
133	09:16:45	368	Daniel	Whittington	Male	41	Н	Leamington C & amp	; Sprint - Male	00:10:00	00:01:47	00:45:20	00:01:10	00:26:40	01:24:57
134	08:59:00	297	Jeremy	Ladbury	Male	52	J	Newton Aycliffe	Sprint - Male	00:07:51	00:03:31	00:46:56	00:01:28	00:25:14	01:25:00
135	09:51:45	508	Richard	Price	Male	41	Н	Oxon	Sprint - Male	00:07:54	00:02:55	00:47:25	00:01:34	00:25:12	01:25:00
136	09:02:00	309	Ian	Glass	Male	53	J	Bromsgrove	Sprint - Male	00:09:31	00:01:59	00:45:15	00:01:02	00:27:16	01:25:03
137	08:54:45	280	Paul	Roberts	Male	37	G	Kenilworth	Sprint - Male	00:07:59	00:03:29	00:46:51	00:01:49	00:24:57	01:25:05
138	10:46:30	7	Kevin	Lawrence	Male	47	Ι	#TEAMHELEN	Sprint - Male	00:08:01	00:02:01	00:48:44	00:00:47	00:25:39	01:25:12
139	08:53:00	273	Nicholas	Sherwood	Male	51	J	5 Finger Racing	Sprint - Male	00:09:47	00:02:38	00:46:33	00:01:00	00:25:20	01:25:18
140	09:08:30	335	michael	timmington	Male	42	Н	BRIDGNORTH	Sprint - Male	00:08:23	00:03:09	00:48:15	00:01:01	00:24:33	01:25:21
141	10:47:30	11	Mark	Hull	Male	42	Н	#TEAMHELEN	Sprint - Male	00:07:51	00:01:53	00:47:32	00:00:50	00:27:25	01:25:31
142	09:21:45	388	Marcus	White	Male	39	G	Kettering	Sprint - Male	00:08:31	00:02:33	00:46:58	00:01:34	00:26:07	01:25:43
143	09:17:15	370	Clive	Parpworth	Male	26	Е	Spa Striders	Sprint - Male	00:08:25	00:01:58	00:51:37	00:00:56	00:22:48	01:25:44
144	09:16:30	367	Martin	Price	Male	35	G	Kenilworth	Sprint - Male	00:10:02	00:04:13	00:48:29	00:01:23	00:21:38	01:25:45
145	10:52:45	32	WAYNE	SMITH	Male	44	Н	#TEAMHELEN	Sprint - Male	00:10:10	00:01:37	00:47:24	00:01:12	00:25:25	01:25:48
146	09:30:00	421	arnie	spilman	Male	65	Μ	daventry	Sprint - Male	00:09:41	00:02:26	00:46:06	00:01:40	00:26:00	01:25:53
147	08:49:30	259	Nigel	Cresswell	Male	38	G	Warwickshire	Sprint - Male	00:07:00	00:02:46	00:47:01	00:01:28	00:27:47	01:26:02
148	09:36:45	448	William	Noble	Male	24	С	Lindfield	Sprint - Male	00:08:01	00:03:09	00:46:58	00:00:52	00:27:07	01:26:07
149	09:18:30	375	Clarke	Antony	Male	48	Ι	Pershore	Sprint - Male	00:10:24	00:02:55	00:46:01	00:01:30	00:25:20	01:26:10
150	09:10:00	341	William	Butcher	Male	41	Н	Kenilworth	Sprint - Male	00:09:08	00:02:43	00:47:13	00:02:25	00:24:41	01:26:10
151	09:45:45	484	Robert	McNeil	Male	24	С	Buxton	Sprint - Male	00:10:59	00:02:23	00:47:05	00:01:06	00:24:38	01:26:11
152	09:26:30	407	David	Shepherd	Male	44	Н	Bidford on Avon	Sprint - Male	00:09:56	00:02:13	00:43:03	00:01:50	00:29:10	01:26:12
153	08:45:45	245	Rob	Rattray	Male	39	G	Nuneaton	Sprint - Male	00:07:12	00:04:02	00:47:45	00:01:15	00:26:00	01:26:14
154	09:01:45	308	Francisco	Gomes	Male	51	J	Leamington Spa	Sprint - Male	00:09:55	00:04:06	00:47:08	00:01:04	00:24:04	01:26:17
155	09:02:15	310	Tim	Andrews	Male	54	J	Charwelton	Sprint - Male	00:08:24	00:02:22	00:46:32	00:01:08	00:27:53	01:26:19
156	10:57:30	51	Jonathan	Davies	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:09:37	00:03:06	00:48:48	00:00:00	00:24:53	01:26:24
157	08:43:45	237	KEVIN	MCFALL	Male	51	J	wellesbourne	Sprint - Male	00:07:29	00:02:23	00:49:56	00:01:26	00:25:22	01:26:36
158	09:20:45	384	Stewart	Hingeley	Male	38	G	Birmingham	Sprint - Male	00:09:55	00:02:04	00:42:32	00:01:16	00:31:08	01:26:55
159	09:28:15	414	Jeremy	Grimshaw	Male	52	J	Banbury	Sprint - Male	00:09:30	00:01:56	00:45:16	00:01:37	00:28:48	01:27:07
160	09:32:45	432	Daniel	Allen	Male	42	Η	Solihull	Sprint - Male	00:10:35	00:04:32	00:46:15	00:01:15	00:24:33	01:27:10
161	08:59:45	300	Jon	Senior	Male	50	J		Sprint - Male	00:09:53	00:04:27	00:44:33	00:02:09	00:26:09	01:27:11
162	08:41:15	227	Nick	Green	Male	40	Н	Evesham	Sprint - Male	00:09:13	00:04:19	00:45:21	00:01:25	00:26:54	01:27:12
163	08:36:00	206	Martin	Walters	Male	36	G		Sprint - Male	00:06:21	00:02:44	00:48:53	00:01:28	00:27:51	01:27:17
164	08:50:30	263	Craig	Brown	Male	31	F	Rugby	Sprint - Male	00:08:58	00:03:16	00:46:07	00:01:33	00:27:24	01:27:18
165	09:09:15	338	Neil	Eardley	male	51	J	Gillow Heath	Sprint - Male	00:09:34	00:02:09	00:47:00	00:01:06	00:27:37	01:27:26
166	09:27:30	411	Terry	Bridgwater	Male	53	J	Tanworth in Arden	Sprint - Male	00:11:05	00:03:04	00:47:12	00:01:32	00:24:36	01:27:29
167	10:51:30	27	John	Webster	Male	31	F	#TEAMHELEN	Sprint - Male	00:09:01	00:02:48	00:49:10	00:00:59	00:25:34	01:27:32
168	11:02:00	69	Dave	Downing	Male	44	Н	#TEAMHELEN	Sprint - Male	00:07:56	00:02:33	00:51:43	00:00:00	00:25:24	01:27:36
169	09:38:45	456	Geoff	Armstrong	Male	67	Μ	Llandudno	Sprint - Male	00:10:40	00:03:09	00:44:39	00:01:39	00:27:30	01:27:37
170	09:03:45	316	Michael	Corlett	Male	57	K	Droitwich	Sprint - Male	00:08:36	00:02:53	00:44:15	00:04:36	00:27:18	01:27:38
171	09:24:45	400	christian	ibbs	Male	46	Ι	southam	Sprint - Male	00:09:27	00:02:31	00:45:47	00:01:35	00:28:25	01:27:45
172	08:50:15	262	James	Hodges	Male	39	G	Leamington SPa	Sprint - Male	00:07:28	00:02:17	00:50:31	00:01:07	00:26:24	01:27:47
173	08:48:30	255	Richard	Brindley	Male	38	G	stoke on trent	Sprint - Male	00:07:41	00:02:58	00:50:46	00:01:07	00:25:18	01:27:50
174	09:09:00	337	Stu	Richards	Male	37	G	Cannock	Sprint - Male	00:09:04	00:02:50	00:50:09	00:01:41	00:24:08	01:27:52
							_	Contrat Mala							

175 09:26:15 406 Mark Standard Nume Sprint Male 00:08:38 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:23 00:09:25 00:01:13 00:25:0 00:02:0 00:02:14 00:25:0 00:02:16 00:01:14 00:25:0 00:01:14 00:25:0 00:01:14 00:25:0 00:01:14 00:25:0	Pos S	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
177 09:34:15 199 Stuart Reid Male 25 First Name 00:00:157 00:95:21 00:00:157 00:95:21 00:00:157 00:95:22 00:00:170 00:01:82 00:00:170 00:01:82 00:00:170 00:01:82 00:01:171 00:02:25 00:00:00:00:02:16 00:01:03 00:00:02:16 00:01:03 00:00:02:16 00:01:03 00:00:02:16 00:01:03 00:00:02:16 00:01:03 00:00:02:16 00:01:03 00:01:02:10 00:02:16 00:01:03 00:01:02:10 00:02:16 00:01:03 00:01:02:10 00:02:16 00:01:03 00:01:14 00:02:16 00:01:03 00:01:13 00:01:02:16 00:01:03 00:01:13 00:01:02:16 00:01:14 00:02:16 00:01:14 00:02:12 00:01:14 00:02:12 00:01:13 00:01:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:01:14 00:02:16 00:01:14 00:01:14 00:01:14 00:01:14 00:01:14 00:01:14 00:01:14 00:01:14 00:01:1	175	09:26:15	406	Mark	Rolph	Male	45	Ι	Worcestershire	Sprint - Male	00:08:48	00:02:28	00:46:26	00:01:45	00:28:36	01:28:03
178 09:32:30 4.1 Keniverch Sprint-Male 00:02:54 09:49:09 00:01:31 00:42:54 00:01:37 00:48:42 00:01:08 00:22:51 180 09:27:00 813 Nigel Girling Male 56 K ProServ Endurance Sprint-Male 00:11:14 00:42:30 00:41:59 00:01:13 00:32:10 00:22:10 00:22:62 00:01:13 00:32:10 00:22:63 00:01:13 00:32:10 00:22:63 00:01:13 00:32:10 00:02:13 00:22:10 00:02:16 00:02:10 00:02:16 00:02:10 00:02:16 00:02:16 00:02:17 00:01:14 00:01:14 00:01:25 00:01:14 00:01:25 00:01:14 0	176	09:35:00	441	Mark	Stansfield	Male	33	F	NUNEATON	Sprint - Male	00:10:05	00:02:28	00:51:30	00:01:19	00:22:49	01:28:11
179 08:56:00 285 Steve Currid Male 50 J Mirfield Sprint-Male 00:07:20 00:01:20 00:01:08 00:22:30 181 09:27:30 419 James Pearson Male 37 G Cxcling For Harry Sprint-Male 00:01:30 00:02:30 00:02:30 00:02:30 00:01:14 00:22:30 182 00:22:30 Arry Whitek Male 50 J Mirray Male 50 J Mirray 00:02:30 00:02:30 00:01:14 00:02:25 184 09:07:15 33 Roh Moor Male 52 J NSPCC Sprint-Male 00:00:13 00:01:14 00:22:10 00:01:18 00:02:13 00:01:14 00:22:10 00:02:13 00:01:14 00:22:10 00:01:14 00:22:10 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14 00:02:13 00:01:14	177	08:34:15	199	Stuart	Reid	Male	27	Е	gettin my Trifle on!	Sprint - Male	00:06:12	00:01:57	00:50:21	00:00:57	00:28:55	01:28:22
180 09:27:00 813 Nigel Girling Male 56 K ProServ Endurance Sprint - Male 00:11:14 00:02:10 00:02:11 00:02:12 00:02:11 00:02:13 00:02:11 00:02:13 00:02:13 00:02:13 00:02:13 00:02:13 00:02:13 00:02:10 00:02:11 00:02:10 00:02:11 00:02:10 00:02:11 <td>178</td> <td>09:32:30</td> <td>431</td> <td>david</td> <td>finlay</td> <td>Male</td> <td>54</td> <td>J</td> <td>Kenilworth</td> <td>Sprint - Male</td> <td>00:08:13</td> <td>00:02:54</td> <td>00:49:09</td> <td>00:01:31</td> <td>00:26:51</td> <td>01:28:38</td>	178	09:32:30	431	david	finlay	Male	54	J	Kenilworth	Sprint - Male	00:08:13	00:02:54	00:49:09	00:01:31	00:26:51	01:28:38
181 09:29:30 419 James Pearson Male 37 G Cycling For Harry Sprint - Male 00:01:00 00:01:00 00:01:13 00:01:13 00:02:01 00:01:14 00:22:43 183 10:48:30 15 Dave Murray Male 50 J #TEA/MHELEN Sprint - Male 00:02:29 00:47:44 00:01:18 00:22:10 00:47:44 00:01:18 00:22:10 00:47:44 00:01:18 00:22:10 00:47:44 00:01:18 00:22:10 00:47:44 00:02:13 00:01:18 00:22:10 00:47:45 00:22:10 00:21:45 00:01:18 00:47:55 00:01:19 00:22:10 00:22:60 00:01:10 00:12:14 00:22:10 00:26:09 188 01:49:15 16 ALEX CROOK Male 49 1 Lichfield Sprint - Male 00:00:23 00:48:51 00:01:10 00:21:10 00:22:10 00:26:00 188 01:49:21 10:48:34 Mark Greeen Male 49 1 <td>179</td> <td>08:56:00</td> <td>285</td> <td>Steve</td> <td>Currid</td> <td>Male</td> <td>50</td> <td>J</td> <td>Mirfield</td> <td>Sprint - Male</td> <td>00:07:20</td> <td>00:01:37</td> <td>00:48:42</td> <td>00:01:08</td> <td>00:29:52</td> <td>01:28:39</td>	179	08:56:00	285	Steve	Currid	Male	50	J	Mirfield	Sprint - Male	00:07:20	00:01:37	00:48:42	00:01:08	00:29:52	01:28:39
I82 08:49:00 257 Martyn Whitlock Male 30 F Birmingham Sprint Male 00:08:30 00:20:10 00:50:26 00:11:4 00:22:4 00:37:44 00:01:45 00:22:9 00:47:44 00:01:45 00:22:9 01:77:46 00:11:40 00:22:9 01:77:46 00:11:40 00:22:9 01:77:46 00:11:40 00:22:9 01:77:46 00:11:40 00:22:9 01:77:46 00:11:10 00:23:45 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:23:51 00:01:14 00:01:13 00:01:14 </td <td>180</td> <td>09:27:00</td> <td>813</td> <td>Nigel</td> <td>Girling</td> <td>Male</td> <td>56</td> <td>K</td> <td>ProServ Endurance</td> <td>Sprint - Male</td> <td>00:11:14</td> <td>00:03:20</td> <td>00:46:24</td> <td>00:02:11</td> <td>00:25:32</td> <td>01:28:41</td>	180	09:27:00	813	Nigel	Girling	Male	56	K	ProServ Endurance	Sprint - Male	00:11:14	00:03:20	00:46:24	00:02:11	00:25:32	01:28:41
183 10:48:30 15 Dave Murray Male 50 J #TEAMITIELEN Sprint - Male 00:02:29 00:47:44 00:01:45 00:28:23 184 09:07:15 330 Rob Moor Male 52 J NSPCC Sprint - Male 00:09:11 00:00:207 00:47:68 00:01:14 00:23:21 186 09:36:30 447 Alex Sapple Male 72 C Chester Sprint - Male 00:01:33 00:43:49 00:01:10 00:24:59 187 09:22:15 418 Mark Sainsbury Male 50 J #TEAMITIELEN Sprint - Male 00:01:33 00:43:59 00:48:45 00:02:10 00:22:10 00:21:00:22:10 00:21:10 00:21:10 00:21:10 00:21:10 00:21:10 00:21:10 00:21:10 00:22:0 00:07:25 00:01:15 00:01:16 00:00:33 00:46:31 00:01:21 00:22:00 00:22:00 00:01:16 00:02:10 00:22:00 00:01:16 00:01:10	181	09:29:30	419	James	Pearson	Male	37	G		Sprint - Male	00:10:50	00:02:36	00:41:59	00:01:13	00:32:10	01:28:48
184 09:07:15 330 Rob Moor Male 52 J NSPCC Sprint - Male 00:09:11 00:02:07 00:47:08 00:01:18 00:22:13 185 09:26:30 447 Alex Sapple Male 27 C Chester Sprint - Male 00:00:51 00:01:19 00:21:45 187 09:29:15 16 ALEX CROOK Male 49 1 Lichfield Sprint - Male 00:00:25 00:01:53 00:01:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:21 00:02:20 00:01:20 00:01:21 00:02:20 00:01:21 00:01:20 00:02:20 00:01:20 00:01:21 00:01:20 00:01:21 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:01:20 00:11:20 <	182	08:49:00	257	Martyn	Whitlock	Male	30	F	Birmingham	Sprint - Male	00:08:30	00:02:01	00:50:26	00:01:14	00:26:43	01:28:54
185 09:14:00 357 Charlie Fish Male 18 B London Sprint - Male 00:08:51 00:04:55 00:50:13 00:01:14 00:23:50 186 09:23:630 447 Atex Sapple Male 27 E Chester Sprint - Male 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:01:21 00:02:643 190 08:47:15 16 ALKX CROOK Male 49 1 Lichfield Sprint - Male 00:01:35 00:01:31 00:01:21 00:23:643 190 09:57:0 291 Mark Turrer Male 38 G Sprint - Male 00:01:14 00:02:30 00:01:21 00:23:64 00:01:21 00:23:64 00:01:21 00:23:64 00:01:21 00:23:64 00:01:20 00:23:3 00:01:00 00:01:21 00:23:64	183	10:48:30	15	Dave	Murray	Male	50	J	#TEAMHELEN	Sprint - Male	00:08:34	00:02:29	00:47:44	00:01:45	00:28:23	01:28:55
186 09:36:30 447 Alex Sapple Male 27 E Chester Sprint - Male 00:12:31 00:00:33 00:00:43:4 00:00:46:49 00:01:19 00:27:59 187 00:49:15 16 ALEX CROOK Male 46 1 #TEAMHELEN Sprint - Male 00:00:33 00:00:32 00:48:51 00:00:25 00:00:124 00:27:50 189 08:42:45 233 Mark Green Male 46 I #TEAMHELEN Sprint - Male 00:00:32 00:48:31 00:01:31 00:22:43 00:01:31 00:02:10 00:22:43 00:01:31 00:02:10 00:22:43 00:01:12 00:22:43 00:02:20 00:51:16 00:01:12 00:22:43 00:02:28 00:01:21 00:22:43 00:02:28 00:01:21 00:22:44 00:02:21 00:02:20 00:51:16 00:02:20 00:51:16 00:02:20 00:21:21 00:22:20 00:21:20 00:21:20 00:21:20 00:21:20 00:02:20 00:21:20 00:00:23 00:02:20<	184	09:07:15	330	Rob	Moor	Male	52	J	NSPCC	Sprint - Male	00:09:11	00:02:07	00:47:08	00:01:18	00:29:13	01:28:57
187 09:29:15 418 Mark Sainsbury Male 50 J Wilmcote Stratford Sprint Male 00:09:25 00:01:24 00:48:45 00:01:21 00:26:09 188 10:49:15 16 ALEX CROOK Male 46 1 #TEAMILELEN Sprint Male 00:00:33 00:01:35 00:01:35 00:01:35 00:01:36 00:00:31 00:02:38 00:01:46 00:04:8:40 00:02:54:31 191 09:00:00 301 kurt winship Male 38 G Sprint Male 00:02:16 00:01:46 00:48:30 00:01:21 00:25:54:3 192 09:52:00 500 CONOR MCGOLDRICK Male 7 B KES Straford Sprint Male 00:01:40 00:02:30 00:50:34 00:01:40 00:25:07 00:01:20 00:25:30 00:01:40 00:02:50 00:21:40 00:02:10 00:01:38 00:01:30 00:21:24 00:02:30 00:01:01 00:01:01 00:01:38 00:	185	09:14:00	357	Charlie	Fish	Male	18	В	London	Sprint - Male	00:08:51	00:04:56	00:50:13	00:01:14	00:23:50	01:29:04
188 10:49:15 16 ALEX CROOK Male 46 I #TEAMHELEN Sprint - Male 00:03:23 00:03:23 00:03:23 00:03:20 00:03:20 00:03:20 00:03:20 00:03:20 00:03:20 00:03:23 00:01:31 00:02:21 00:02:23 <	186	09:36:30	447	Alex	Sapple	Male	27	Е	Chester	Sprint - Male	00:12:31	00:03:34	00:46:49	00:01:19	00:24:59	01:29:12
189 08:42:45 233 Mark Green Male 49 I Lichfield Sprint - Male 00:01:53 00:46:31 00:01:13 00:32:04 190 08:57:30 291 Mark Turner Male 26 E Stratford-pon-Avon Sprint - Male 00:00:238 00:32:38 00:32:06 191 09:00:00 301 kart winship Male 38 G Sprint - Male 00:00:238 00:32:34 00:01:00 00:30:06 192 09:52:00 599 CONOR MCGOLDRICK Male 17 B KES Straford Sprint - Male 00:01:12 00:20:33 00:52:07 00:00:02 00:27:21 193 08:37:45 213 Matt Taylo Male 43 H Warwick Sprint - Male 00:01:10 00:23:30 00:23:30 00:23:30 00:23:30 00:23:00 00:25:00 00:21:10 10:01:20 00:00:00 00:11:20 00:00:00 00:11:20 00:00:00 00:11:60 00:0	187	09:29:15	418	Mark	Sainsbury	Male	50	J	Wilmcote Stratford-	Sprint - Male	00:09:25	00:01:54	00:48:45	00:01:21	00:27:50	01:29:15
190 08:57:30 291 Mark Turner Male 26 E Stratford-upon-Avon Sprint - Male 00:08:39 00:01:23 00:01:21 00:23:43 191 09:00:00 301 kurt winship Male 38 G Sprint - Male 00:01:16 00:01:46 00:01:46 00:01:46 00:01:20 00:27:21 192 09:22:45 392 Saleen Clegg Male 44 H Nuneaton Sprint - Male 00:01:21 00:02:33 00:01:02 00:27:24 195 09:30:15 42 Antt Taylor Male 43 H Warkick Sprint - Male 00:07:24 00:02:33 00:01:02 00:02:51:00 196 01:54:30 39 Russ Tatton Male 43 H #TEAMHELEN Sprint - Male 00:07:24 00:02:50 00:01:64 00:02:51 196 10:54:30 39 Ruse Tatton Male 58 K Alcester Sprint - Male 00:00:251 00:00:00 00:00:51:30 00:00:00:00:00:00:00:00:00:00:00:00:00:	188	10:49:15	16	ALEX	CROOK	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:08:33	00:03:29	00:48:51	00:02:21	00:26:09	01:29:23
191 09:00:00 301 kurt winship Male 38 G Sprint - Male 00:08:15 00:01:46 00:48:30 00:00:100 00:30:06 192 09:52:00 509 CONOR MCGOLDRICK Male 17 B KES Straford Sprint - Male 00:07:17 00:00:23 00:52:07 00:00:55 00:27:24 193 09:22:45 392 Saleem Clegg Male 44 H Numeaton Sprint - Male 00:07:24 00:02:33 00:50:34 00:01:20 00:27:24 195 09:30:15 422 Andy Smith Male 43 H Warvick Sprint - Male 00:07:24 00:02:30 00:00:00 00:17:24 00:02:40 00:03:012 196 10:54:30 39 Russ Tatton Male 33 F #TEAMHELEN Sprint - Male 00:09:10 00:01:60 00:03:00 197 09:8:8:45 217 Shawd Siritey Male 33 F #TEAMHELEN Sprint - Male 00:00:43 00:00:00 00:51:04 00:00:30 <t< td=""><td>189</td><td>08:42:45</td><td>233</td><td>Mark</td><td>Green</td><td>Male</td><td>49</td><td>Ι</td><td>Lichfield</td><td>Sprint - Male</td><td>00:07:25</td><td>00:01:53</td><td>00:46:31</td><td>00:01:31</td><td>00:32:04</td><td>01:29:24</td></t<>	189	08:42:45	233	Mark	Green	Male	49	Ι	Lichfield	Sprint - Male	00:07:25	00:01:53	00:46:31	00:01:31	00:32:04	01:29:24
192 09:52:00 509 CONOR MCGOLDRICK Male 17 B KES Straford Sprint - Male 00:07:17 00:02:08 00:52:07 00:00:55 00:27:21 193 09:22:45 392 Saleem Clegg Male 44 H Numeaton Sprint - Male 00:10:12 00:02:03 00:51:34 00:01:02 00:22:40 00:22:00 00:51:39 00:01:13 00:02:00 00:51:39 00:01:20 00:27:24 195 09:30:15 422 Andy Smith Male 43 H WTEAMHELEN Sprint - Male 00:01:20 00:01:10 00:02:00 00:16:34 196 10:54:30 39 Russ Tatton Male 58 K Alcester Sprint - Male 00:01:20 00:02:10 00:02:39 00:00:02 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02:10 00:02	190	08:57:30	291	Mark	Turner	Male	26	Е	Stratford-upon-Avon	Sprint - Male	00:08:39	00:02:38	00:51:16	00:01:21	00:25:43	01:29:37
193 09:22:45 392 Saleem Clegg Male 44 H Nuneaton Sprint - Male 00:10:12 00:20:33 00:50:34 00:01:02 00:27:34 194 08:37:45 213 Matt Taylor Male 43 H Warwick Sprint - Male 00:07:24 00:02:00 00:51:39 00:02:40 00:27:24 195 01:54:30 39 Russ Tatton Male 43 H #TEAMHELEN Sprint - Male 00:00:01 00:00:00 00:16:34 197 08:38:45 217 Shane Meaker Male 58 K Alcester Sprint - Male 00:01:23 00:02:30 00:00:00 00:16:34 199 09:18:45 376 Richard Shirley Male 21 F Manchester Sprint - Male 00:00:43 00:00:00 00:25:41 200 08:54:15 278 David Lee Male 24 C Faruborough Sprint - Male 00:10:1	191	09:00:00	301	kurt	winship	Male	38	G		Sprint - Male	00:08:15	00:01:46	00:48:30	00:01:00	00:30:06	01:29:37
194 08:37:45 213 Matt Taylor Male 43 H Warwick Sprint - Male 00:07:24 00:02:00 00:51:39 00:01:30 00:27:24 195 09:30:15 422 Andy Smith Male 38 G Bidford-on-Avon Sprint - Male 00:09:01 00:03:38 00:49:37 00:02:40 00:27:24 196 01:54:30 39 Russ Tatton Male 38 H #TEAMHELEN Sprint - Male 00:01:23 00:00:20 00:01:63 197 08:38:45 217 Shane Meaker Male 33 F #TEAMHELEN Sprint - Male 00:01:23 00:00:00 00:51:04 00:01:63 00:01:05 00:21:10 00:00:38 00:22:32 200 08:54:15 278 David Lee Male 61 L Banbury Sprint - Male 00:10:13 00:02:10 00:22:38 201 09:40:30 483 Clive Clinton Male	192	09:52:00	509	CONOR	MCGOLDRICK	Male	17	В	KES Straford	Sprint - Male	00:07:17	00:02:08	00:52:07	00:00:55	00:27:21	01:29:48
195 09:30:15 422 Andy Smith Male 38 G Bidford-on-Avon Sprint - Male 00:09:01 00:03:38 00:49:37 00:02:40 00:25:10 196 10:54:30 39 Russ Tatton Male 43 H #TEAMHELEN Sprint - Male 00:01:22 00:03:11 01:00:12 00:00:00 00:16:34 197 08:38:45 217 Shane Meaker Male 58 K Alcester Sprint - Male 00:01:22 00:01:40 00:02:10 00:01:06 00:02:13 198 10:46:15 6 Richard Shirley Male 31 F Manchester Sprint - Male 00:00:13 00:00:13 00:00:214 00:216 00:21:32 200 08:54:15 278 David Lee Male 61 L Banbury Sprint - Male 00:01:31 00:00:00 00:43:3 00:02:10 00:21:3 00:01:10 00:01:43 00:01:24 00:01:24 00:01:17 0	193	09:22:45	392	Saleem	Clegg	Male	44	Н	Nuneaton	Sprint - Male	00:10:12	00:02:33	00:50:34	00:01:02	00:25:30	01:29:51
196 10:54:30 39 Russ Tatton Male 43 H #TEAMHELEN Sprint - Male 00:10:22 00:03:11 01:00:12 00:00:00 00:16:34 197 08:38:45 217 Shane Meaker Male 58 K Alcester Sprint - Male 00:01:22 00:03:00 00:00:57 00:25:38 199 09:18:45 376 Richard Shirley Male 31 F Manchester Sprint - Male 00:08:41 00:01:33 00:00:36 00:22:38 200 08:54:15 278 David Lee Male 41 C Farnborough Sprint - Male 00:01:31 00:00:30 00:22:38 201 09:46:00 485 Graham Shirley Male 58 K Coventry Sprint - Male 00:10:31 00:00:00 00:49:43 00:21:2 00:28:57 203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint	194	08:37:45	213	Matt	Taylor	Male	43	Н	Warwick	Sprint - Male	00:07:24	00:02:00	00:51:39	00:01:30	00:27:24	01:29:57
197 08:38:45 217 Shane Meaker Male 58 K Alcester Sprint - Male 00:01:23 00:02:50 00:49:08 00:01:06 00:30:02 198 10:46:15 6 Richard Broomhall Male 33 F #TEAMHELEN Sprint - Male 00:09:43 00:00:00 00:51:40 00:00:27:32 200 08:54:15 278 David Lee Male 24 C Farnborough Sprint - Male 00:09:43 00:00:00 00:51:40 00:00:21:0 00:22:41 201 09:40:30 463 kevin zwoinski Male 58 K Coventry Sprint - Male 00:10:31 00:00:00 00:48:30 00:01:28 00:28:57 203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint - Male 00:00:21 00:48:30 00:01:28 00:21:0 00:48:44 00:01:28 00:20:77 204 10:45:15 2 Tim <td>195</td> <td>09:30:15</td> <td>422</td> <td>Andy</td> <td>Smith</td> <td>Male</td> <td>38</td> <td>G</td> <td>Bidford-on-Avon</td> <td>Sprint - Male</td> <td>00:09:01</td> <td>00:03:38</td> <td>00:49:37</td> <td>00:02:40</td> <td>00:25:10</td> <td>01:30:06</td>	195	09:30:15	422	Andy	Smith	Male	38	G	Bidford-on-Avon	Sprint - Male	00:09:01	00:03:38	00:49:37	00:02:40	00:25:10	01:30:06
198 10:46:15 6 Richard Broomhall Male 33 F #TEAMHELEN Sprint - Male 00:08:41 00:04:38 00:50:39 00:00:57 00:25:38 199 09:18:45 376 Richard Shirley Male 31 F Manchester Sprint - Male 00:00:43 00:00:00 00:51:04 00:02:16 00:27:32 200 08:54:15 278 David Lee Male 24 C Farnborough Sprint - Male 00:01:01 00:04:37 00:48:03 00:02:10 00:21:18 00:21:10 00:21:18 00:21:10 00:04:803 00:01:23 00:21:10 00:21:18 00:21:18 00:01:23 00:21:10 00:21:18 00:01:28 00:21:18 00:21:18 00:01:28 00:01:28 00:21:12 00:21:23 00:01:24 00:31:30 00:01:24 00:32:07 00:22:42 00:48:44 00:01:24 00:32:07 00:21:24 00:31:24 00:32:07 00:21:24 00:31:24 00:32:07 00:21:24 00:31:24 0	196	10:54:30	39	Russ	Tatton	Male	43	Н	#TEAMHELEN	Sprint - Male	00:10:22	00:03:11	01:00:12	00:00:00	00:16:34	01:30:19
199 09:18:45 376 Richard Shirley Male 31 F Manchester Sprint - Male 00:09:43 00:00:00 00:51:04 00:02:16 00:21:10 00:48:03 00:02:16 00:21:18 00:01:28 00:02:16 00:21:10 00:48:32 00:01:17 00:28:36 204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:01:13 00:01:12 00:01:28 00:02:55 206	197	08:38:45	217	Shane	Meaker	Male	58	K	Alcester	Sprint - Male	00:07:23	00:02:50	00:49:08	00:01:06	00:30:02	01:30:29
200 08:54:15 278 David Lee Male 24 C Farnborough Sprint - Male 00:08:22 00:01:53 00:54:04 00:00:38 00:22:10 201 09:40:30 463 kevin zwolinski Male 61 L Banbury Sprint - Male 00:01:53 00:24:30 00:02:10 00:25:38 202 09:46:00 485 Graham Shirley Male 58 K Coventry Sprint - Male 00:10:31 00:00:00 00:49:43 00:01:28 00:28:57 203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint - Male 00:06:25 00:02:42 00:48:42 00:01:28 00:28:66 204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:00:21 00:48:44 00:01:28 00:30:256 206 10:50:15 22 Rob Evanson Male 37 G <td>198</td> <td>10:46:15</td> <td>6</td> <td>Richard</td> <td>Broomhall</td> <td>Male</td> <td>33</td> <td>F</td> <td>#TEAMHELEN</td> <td>Sprint - Male</td> <td>00:08:41</td> <td>00:04:38</td> <td>00:50:39</td> <td>00:00:57</td> <td>00:25:38</td> <td>01:30:33</td>	198	10:46:15	6	Richard	Broomhall	Male	33	F	#TEAMHELEN	Sprint - Male	00:08:41	00:04:38	00:50:39	00:00:57	00:25:38	01:30:33
201 09:40:30 463 kevin zwolinski Male 61 L Banbury Sprint - Male 00:10:10 00:04:37 00:48:03 00:02:10 00:25:38 202 09:46:00 485 Graham Shirley Male 58 K Coventry Sprint - Male 00:10:31 00:00:00 00:49:43 00:01:28 00:28:57 203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint - Male 00:00:25 00:02:10 00:48:52 00:01:17 00:28:06 204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:06:25 00:02:10 00:48:44 00:01:24 00:32:07 205 09:29:45 420 kieran conaty Male 46 I Marlbrook Bromsgr Sprint - Male 00:02:10 00:48:44 00:01:24 00:21:28 00:30:56 206 10:50:15 22 Rob Evanson <td>199</td> <td>09:18:45</td> <td>376</td> <td>Richard</td> <td>Shirley</td> <td>Male</td> <td>31</td> <td>F</td> <td>Manchester</td> <td>Sprint - Male</td> <td>00:09:43</td> <td>00:00:00</td> <td>00:51:04</td> <td>00:02:16</td> <td>00:27:32</td> <td>01:30:35</td>	199	09:18:45	376	Richard	Shirley	Male	31	F	Manchester	Sprint - Male	00:09:43	00:00:00	00:51:04	00:02:16	00:27:32	01:30:35
202 09:46:00 485 Graham Shirley Male 58 K Coventry Sprint - Male 00:10:31 00:00:00 00:49:43 00:01:28 00:28:57 203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint - Male 00:09:52 00:02:42 00:48:52 00:01:17 00:28:66 204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:06:25 00:02:10 00:48:44 00:01:24 00:32:07 205 09:29:45 420 kieran conaty Male 46 I Marlbrook Bromsgr Sprint - Male 00:02:13 00:47:42 00:01:28 00:25:97 206 10:50:15 22 Rob Evanson Male 47 I kidderminster Sprint - Male 00:01:10 00:02:30 00:01:29 00:25:97 208 09:48:15 494 Mark Williams Male 53	200	08:54:15	278	David	Lee	Male	24	С	Farnborough	Sprint - Male	00:08:22	00:01:53	00:54:04	00:00:38	00:25:41	01:30:38
203 09:20:30 383 Clive Clinton Male 53 J birmingham Sprint - Male 00:09:52 00:02:42 00:48:52 00:01:17 00:28:06 204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:06:25 00:02:10 00:48:44 00:01:24 00:32:07 205 09:29:45 420 kieran conaty Male 46 I Marlbrook Bromsgr Sprint - Male 00:02:13 00:47:42 00:01:28 00:30:56 206 10:50:15 22 Rob Evanson Male 37 G #TEAMHELEN Sprint - Male 00:02:15 00:52:17 207 09:42:30 471 mike parker Male 47 I kidderminster Sprint - Male 00:11:03 00:04:05 00:48:36 00:01:29 00:26:24 209 08:54:00 277 Rich Alden Male 41 H Chippy Spri	201	09:40:30	463	kevin	zwolinski	Male	61	L	Banbury	Sprint - Male	00:10:10	00:04:37	00:48:03	00:02:10	00:25:38	01:30:38
204 10:45:15 2 Tim Farmer Male 44 H #TEAMHELEN Sprint - Male 00:06:25 00:02:10 00:48:44 00:01:24 00:32:07 205 09:29:45 420 kieran conaty Male 46 I Marlbrook Bromsgr Sprint - Male 00:06:25 00:02:10 00:47:42 00:01:28 00:30:56 206 10:50:15 22 Rob Evanson Male 37 G #TEAMHELEN Sprint - Male 00:09:34 00:02:15 00:52:17 207 09:42:30 471 mike parker Male 47 I kidderminster Sprint - Male 00:11:03 00:04:05 00:48:36 00:01:29 00:26:24 208 09:48:15 494 Mark Williams Male 53 J Launton Sprint - Male 00:01:23 00:02:30 00:50:11 00:01:00 00:26:24 209 08:54:00 277 Rich Alden Male 42 <t< td=""><td>202</td><td>09:46:00</td><td>485</td><td>Graham</td><td>Shirley</td><td>Male</td><td>58</td><td>K</td><td>Coventry</td><td>Sprint - Male</td><td>00:10:31</td><td>00:00:00</td><td>00:49:43</td><td>00:01:28</td><td>00:28:57</td><td>01:30:39</td></t<>	202	09:46:00	485	Graham	Shirley	Male	58	K	Coventry	Sprint - Male	00:10:31	00:00:00	00:49:43	00:01:28	00:28:57	01:30:39
205 09:29:45 420 kieran conaty Male 46 I Marlbrook Bromsgr Sprint - Male 00:08:34 00:02:13 00:47:42 00:01:28 00:30:56 206 10:50:15 22 Rob Evanson Male 37 G #TEAMHELEN Sprint - Male 00:02:13 00:47:42 00:01:28 00:30:56 206 10:50:15 22 Rob Evanson Male 37 G #TEAMHELEN Sprint - Male 00:02:15 00:52:17 207 09:42:30 471 mike parker Male 47 I kidderminster Sprint - Male 00:11:09 00:02:30 00:50:11 00:01:29 00:26:24 208 09:48:15 494 Mark Williams Male 53 J Launton Sprint - Male 00:01:00 00:237 00:52:05 00:00:53 00:27:35 210 09:11:15 346 Michael Styler Male 42 H Redditch S	203	09:20:30	383	Clive	Clinton	Male	53	J	birmingham	Sprint - Male	00:09:52	00:02:42	00:48:52	00:01:17	00:28:06	01:30:49
206 10:50:15 22 Rob Evanson Male 37 G #TEAMHELEN Sprint - Male 00:02:15 00:52:17 207 09:42:30 471 mike parker Male 47 I kidderminster Sprint - Male 00:11:03 00:04:05 00:48:36 00:01:29 00:25:59 208 09:48:15 494 Mark Williams Male 53 J Launton Sprint - Male 00:11:09 00:02:30 00:50:11 00:01:00 00:26:24 209 08:54:00 277 Rich Alden Male 41 H Chippy Sprint - Male 00:08:10 00:02:37 00:52:05 00:00:53 00:27:35 210 09:11:15 346 Michael Styler Male 42 H Redditch Sprint - Male 00:08:05 00:03:25 00:52:40 00:25:40 211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male<	204	10:45:15	2	Tim	Farmer	Male	44	Н	#TEAMHELEN	Sprint - Male	00:06:25	00:02:10	00:48:44	00:01:24	00:32:07	01:30:50
207 09:42:30 471 mike parker Male 47 I kidderminster Sprint - Male 00:11:03 00:04:05 00:48:36 00:01:29 00:25:59 208 09:48:15 494 Mark Williams Male 53 J Launton Sprint - Male 00:11:09 00:02:30 00:50:11 00:01:00 00:26:24 209 08:54:00 277 Rich Alden Male 41 H Chippy Sprint - Male 00:08:10 00:02:37 00:52:05 00:00:25:40 210 09:11:15 346 Michael Styler Male 42 H Redditch Sprint - Male 00:08:05 00:02:24 00:25:40 00:25:40 211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male 00:01:15 00:02:44 00:01:00 00:26:31 212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN </td <td>205</td> <td>09:29:45</td> <td>420</td> <td>kieran</td> <td>conaty</td> <td>Male</td> <td>46</td> <td>Ι</td> <td>Marlbrook Bromsgr</td> <td>Sprint - Male</td> <td>00:08:34</td> <td>00:02:13</td> <td>00:47:42</td> <td>00:01:28</td> <td>00:30:56</td> <td>01:30:53</td>	205	09:29:45	420	kieran	conaty	Male	46	Ι	Marlbrook Bromsgr	Sprint - Male	00:08:34	00:02:13	00:47:42	00:01:28	00:30:56	01:30:53
208 09:48:15 494 Mark Williams Male 53 J Launton Sprint - Male 00:11:09 00:02:30 00:50:11 00:01:00 00:26:24 209 08:54:00 277 Rich Alden Male 41 H Chippy Sprint - Male 00:02:37 00:52:05 00:00:53 00:27:35 210 09:11:15 346 Michael Styler Male 42 H Redditch Sprint - Male 00:08:05 00:00:325 00:52:26 00:01:50 00:25:40 211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male 00:01:15 00:02:44 00:01:00 00:26:31 212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN Sprint - Male 00:01:34 00:01:32 00:28:01 213 09:38:15 454 Vladimir Morozov Male 52 J #TEAMHELEN Sprint - M	206	10:50:15	22	Rob	Evanson	Male	37	G	#TEAMHELEN	Sprint - Male	00:09:34	00:02:15	00:52:17			01:30:58
209 08:54:00 277 Rich Alden Male 41 H Chippy Sprint - Male 00:08:10 00:02:37 00:52:05 00:00:53 00:27:35 210 09:11:15 346 Michael Styler Male 42 H Redditch Sprint - Male 00:08:05 00:03:25 00:52:26 00:01:50 00:25:40 211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male 00:01:15 00:02:44 00:01:00 00:26:31 212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN Sprint - Male 00:01:33 00:48:28 00:01:45 00:29:58 213 09:38:15 454 Vladimir Morozov Male 52 J #TEAMHELEN Sprint - Male 00:01:34 00:04:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J <td>207</td> <td>09:42:30</td> <td>471</td> <td>mike</td> <td>parker</td> <td>Male</td> <td>47</td> <td>Ι</td> <td>kidderminster</td> <td>Sprint - Male</td> <td>00:11:03</td> <td>00:04:05</td> <td>00:48:36</td> <td>00:01:29</td> <td>00:25:59</td> <td>01:31:12</td>	207	09:42:30	471	mike	parker	Male	47	Ι	kidderminster	Sprint - Male	00:11:03	00:04:05	00:48:36	00:01:29	00:25:59	01:31:12
210 09:11:15 346 Michael Styler Male 42 H Redditch Sprint - Male 00:08:05 00:03:25 00:52:26 00:01:50 00:25:40 211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male 00:01:15 00:02:44 00:50:04 00:01:00 00:26:31 212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN Sprint - Male 00:01:33 00:48:28 00:01:45 00:29:58 213 09:38:15 454 Vladimir Morozov Male 32 F Birmingham Sprint - Male 00:01:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:01:34 00:04:35 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprin	208	09:48:15	494	Mark	Williams	Male	53	J	Launton	Sprint - Male	00:11:09	00:02:30	00:50:11	00:01:00	00:26:24	01:31:14
211 09:29:00 417 David Leeson Male 51 J Bidford Sprint - Male 00:11:15 00:02:44 00:50:04 00:01:00 00:26:31 212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN Sprint - Male 00:01:01 00:01:45 00:29:58 213 09:38:15 454 Vladimir Morozov Male 32 F Birmingham Sprint - Male 00:01:34 00:04:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:01:34 00:04:35 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:01:04 00:04:7:08 00:02:45 00:31:34	209	08:54:00	277	Rich	Alden	Male	41	Н	Chippy	Sprint - Male	00:08:10	00:02:37	00:52:05	00:00:53	00:27:35	01:31:20
212 10:47:15 10 Kevin Hudson Male 51 J #TEAMHELEN Sprint - Male 00:03:38 00:48:28 00:01:45 00:29:58 213 09:38:15 454 Vladimir Morozov Male 32 F Birmingham Sprint - Male 00:10:34 00:04:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:13:44 00:04:35 00:59:14 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:01:04 00:47:08 00:02:45 00:31:34	210	09:11:15	346	Michael	Styler	Male	42	Н	Redditch	Sprint - Male	00:08:05	00:03:25	00:52:26	00:01:50	00:25:40	01:31:26
213 09:38:15 454 Vladimir Morozov Male 32 F Birmingham Sprint - Male 00:10:34 00:04:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:04:25 00:04:35 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:01:04 00:04:7:08 00:02:45 00:31:34	211	09:29:00	417	David	Leeson	Male	51	J	Bidford	Sprint - Male	00:11:15			00:01:00	00:26:31	01:31:34
213 09:38:15 454 Vladimir Morozov Male 32 F Birmingham Sprint - Male 00:10:34 00:04:25 00:47:18 00:01:32 00:28:01 214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:04:25 00:04:35 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:01:04 00:04:7:08 00:02:45 00:31:34				Kevin	Hudson			J	#TEAMHELEN	Sprint - Male	00:08:01					01:31:50
214 11:01:45 68 Colin Hallum Male 52 J #TEAMHELEN Sprint - Male 00:13:44 00:04:35 00:59:14 00:01:12 00:13:11 215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:09:28 00:01:04 00:02:45 00:31:34	213	09:38:15	454	Vladimir	Morozov	Male	32	F	Birmingham		00:10:34	00:04:25	00:47:18	00:01:32	00:28:01	01:31:50
215 09:24:30 356 patrick twist male 63 L Sprint - Male 00:09:28 00:01:04 00:47:08 00:02:45 00:31:34				Colin	Hallum	Male		J	#TEAMHELEN		00:13:44					01:31:56
	215			patrick	twist	male	63	L			00:09:28					01:31:59
216 10:49:00 17 nigel brennan Male 49 I #TEAMHELEN Sprint - Male 00:09:04 00:02:23 00:56:26 00:01:39 00:22:34	216	10:49:00		nigel	brennan	Male	49	Ι	#TEAMHELEN	Sprint - Male	00:09:04					01:32:06
217 09:48:30 495 Philip Kidd Male 63 L Kettering Sprint - Male 00:11:47 00:02:49 00:48:50 00:01:32 00:27:13		09:48:30	495					_								01:32:11
218 10:59:30 59 Mark Brindley Male 116 #TEAMHELEN Sprint - Male 00:10:01 00:03:15 00:51:36 00:00:00 00:27:23	218				Brindley	Male	116		#TEAMHELEN							01:32:15

Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
219	10:50:45	24	Mick	Gardner	Male	41	Н	#TEAMHELEN	Sprint - Male	00:10:22	00:03:24	00:48:40	00:02:06	00:27:51	01:32:23
220	10:55:45	44	Paul	Edwards	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:10:11	00:02:29	00:53:03	00:00:00	00:26:45	01:32:28
221	08:44:15	329	Brian	Weetman	Male	52	J	Stratfrod Triathlon	Sprint - Male	00:15:21	00:01:22	00:46:08	00:00:51	00:28:47	01:32:29
222	08:35:45	205	Paul	Crowe	Male	41	Н	Kenilworth	Sprint - Male	00:07:13	00:03:49	00:50:22	00:01:30	00:29:35	01:32:29
223	08:59:30	299	Robert	Scotland	Male	43	Н	Leamington Spa	Sprint - Male	00:08:14	00:02:16	00:51:02	00:01:46	00:29:13	01:32:31
224	09:23:00	393	Stuart	Whittaker	Male	45	Ι	Oxhill	Sprint - Male	00:09:49	00:03:31	00:45:50	00:02:46	00:30:52	01:32:48
225	09:18:00	373	Robert	Boland	Male	30	F	Nuneaton	Sprint - Male	00:10:36	00:03:50	00:52:20	00:01:15	00:24:50	01:32:51
226	09:21:30	387	Rod	Jones	Male	56	K	Kenilworth	Sprint - Male	00:08:12	00:03:55	00:49:03	00:02:35	00:29:30	01:33:15
227	09:16:15	366	Simon	Rolls	Male	49	Ι	Farnborough	Sprint - Male	00:08:47	00:02:36	00:49:26	00:01:55	00:30:39	01:33:23
228	11:23:00	153	Chris	Miller	Male	116		#TEAMHELEN	Sprint - Male	00:08:57	00:03:29	00:49:55	00:00:55	00:30:08	01:33:24
229	09:12:00	349	Steven	Wadley	Male	36	G	Stratford-upon-Avon	Sprint - Male	00:09:33	00:02:16	00:49:34	00:01:14	00:30:50	01:33:27
230	09:16:00	365	Oliver	Rolls	Male	21	С	Farnborough	Sprint - Male	00:08:05	00:03:35	00:49:21	00:01:58	00:30:38	01:33:37
231	09:18:15	374	Michael	Sofroniou	Male	58	K	Stratford on Avon	Sprint - Male	00:09:27	00:03:22	00:50:43	00:01:21	00:28:45	01:33:38
232	09:34:15	438	Paul	Allsop	Male	41	Н	Blidworth	Sprint - Male	00:09:34	00:02:58	00:54:20	00:01:01	00:26:14	01:34:07
233	09:21:00	385	Marc	Hardiman	Male	33	F	Bristol	Sprint - Male	00:10:31	00:02:54	00:51:27	00:02:07	00:27:10	01:34:09
234	09:00:30	303	John	Clayton-wright	Male	53	J	Tanworth in Arden	Sprint - Male	00:09:29	00:05:07	00:47:24	00:01:42	00:30:42	01:34:24
235	09:33:30	435	Lee	Fairhurst	Male	34	F	Redditch	Sprint - Male	00:09:42	00:02:41	00:51:01	00:01:20	00:29:58	01:34:42
236	10:46:45	8	Jack	Sharp	Male	24	С	#TEAMHELEN	Sprint - Male	00:07:40	00:03:12	00:53:56	00:01:22	00:28:36	01:34:46
237	10:57:15	50	Thomas	Watson	Male	24	С	#TEAMHELEN	Sprint - Male	00:10:35	00:03:11	00:55:14	00:00:00	00:25:53	01:34:53
238	09:28:00	413	Alan	Smith	Male	44	Н	Henley	Sprint - Male	00:09:55	00:03:46	00:53:05	00:01:08	00:27:05	01:34:59
239	10:47:00	9	Eban	Watton	Male	35	G	#TEAMHELEN	Sprint - Male	00:09:53	00:01:20	00:50:27	00:01:40	00:31:42	01:35:02
240	09:25:00	401	Simon	Bradwell	Male	48	Ι	Stratford Upon Avon	Sprint - Male	00:10:23	00:02:27	00:52:50	00:01:32	00:27:51	01:35:03
241	10:53:45	36	David	Worrall	Male	48	Ι	#TEAMHELEN	Sprint - Male	00:11:40	00:03:42	00:51:12	00:00:00	00:28:31	01:35:05
242	11:00:00	61	Nathan	Marusamy	Male	43	Н	#TEAMHELEN	Sprint - Male	00:07:57	00:04:20	00:57:20	00:00:00	00:25:44	01:35:21
243	09:15:45	364	Chris	Rodger	Male	41	Н	Birmingham	Sprint - Male	00:09:11	00:02:32	00:48:49	00:02:27	00:32:26	01:35:25
244	09:31:15	426	Gary	Beddard	Male	43	Н	Knutsfield Nutters	Sprint - Male	00:10:26	00:04:22	00:49:37	00:03:04	00:27:58	01:35:27
245	08:42:30	232	Lloyd	Talbot	Male	53	J	Wenesbury	Sprint - Male	00:08:37	00:02:43	00:51:56	00:00:49	00:31:39	01:35:44
246	10:59:15	58	BEN	KAYE	Male	39	G	#TEAMHELEN	Sprint - Male	00:10:34	00:06:35	00:46:43	00:00:00	00:32:00	01:35:52
247	08:25:20	182	David	Falkingham	Male	45	Ι		Sprint - Male	00:11:47	00:01:29	00:52:20	00:01:05	00:29:12	01:35:53
248	08:53:15	274	Stuart	Gallyot	Male	44	Н	Aynho	Sprint - Male	00:09:39	00:02:57	00:50:42	00:01:07	00:31:39	01:36:04
249	09:15:15	362	Nick	Dargan	Male	54	J	Claverdon	Sprint - Male	00:09:22	00:02:40	00:52:41	00:01:29	00:30:01	01:36:13
250	09:36:00	445	John	Kelly	Male	46	Ι	Birmingham	Sprint - Male	00:18:20	00:03:23	00:49:13	00:02:00	00:23:38	01:36:34
251	10:54:15	38	Andrew	Ford	Male	41	Н	#TEAMHELEN	Sprint - Male	00:10:25	00:03:00	01:00:33	00:00:00	02:23:44	01:36:36
252	09:41:00	465	james	GRIFFITHS	Male	50	J	EVESHAM	Sprint - Male	00:10:30	00:04:15	00:50:30	00:01:55	00:29:29	01:36:39
253	10:54:00	37	David	bowler	Male	28	Е	#TEAMHELEN	Sprint - Male	00:09:39	00:05:08	00:51:38	00:01:22	00:31:42	01:36:45
254	10:55:00	41	David	Guy	Male	40	Н	#TEAMHELEN	Sprint - Male	00:10:14	00:03:34	00:53:50	00:00:00	00:29:10	01:36:48
255	09:35:30	443	Darren	Tosh	Male	33	F	Warwick	Sprint - Male	00:11:22	00:03:09	00:58:51	00:01:04	00:22:29	01:36:55
256	09:22:00	389	Tom	Willett	Male	29	Е	Leamington Spa	Sprint - Male	00:10:40		00:54:05		00:28:29	01:37:09
257	09:17:00	369	David	Watson	Male	46	Ι	Malvern	Sprint - Male	00:13:07	00:03:07	00:50:36	00:00:00	00:30:24	01:37:14
258	10:45:00	1	Andrew	Pote	Male	50	J	#TEAMHELEN	Sprint - Male	00:10:04	00:02:18	00:49:33	00:02:10	00:33:14	01:37:19
259	10:45:30	3	Spencer	Price	Male	39	G	#TEAMHELEN	Sprint - Male	00:09:23		00:50:55	00:01:45	00:31:40	01:37:21
260	09:27:15		shahin	bozdoganli	Male	42	Н	bromsgrove	Sprint - Male	00:09:21		00:50:47	00:00:58	00:32:47	01:37:22
261	09:19:15	378	Joseph	Taylor	Male	31	F	Manchester	Sprint - Male	00:10:55		00:57:01	00:01:01	00:28:26	01:37:23
262	10:53:15	34	David	Brown	Male	64	L	#TEAMHELEN	Sprint - Male	00:09:14		00:55:53	00:00:00	00:29:17	01:37:30
			01 - 10 10 -					Conint Moles						T	

Sprint - Male: Male

Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
263	11:27:45	172	Daniel	Bates	Male	40	Н	#TEAMHELEN	Sprint - Male	00:10:28	00:03:32	00:54:27	00:00:48	00:28:17	01:37:32
264	09:26:00	405	Mike	Willers	Male	43	Н	Warwick	Sprint - Male	00:10:00	00:03:31	00:49:56	00:03:04	00:31:16	01:37:47
265	11:04:00	77	Chris	Gilliver	Male	42	Н	#TEAMHELEN	Sprint - Male	00:10:57	00:03:13	00:56:38	00:00:00	00:27:07	01:37:55
266	09:23:15	394	Paul	Atkinson	Male	53	J	Penrith	Sprint - Male	00:10:08	00:03:51	00:50:24	00:02:26	00:31:10	01:37:59
267	10:55:15	42	Stuart	Watkins	Male	43	Н	#TEAMHELEN	Sprint - Male	00:11:46	00:03:08	00:58:39	00:00:00	00:24:29	01:38:02
268	09:37:45	452	Marcus	King	Male	28	Е	Worcester	Sprint - Male	00:08:30	00:05:24	00:58:09	00:01:53	00:24:06	01:38:02
269	09:10:15	334	Will	Organ	Male	58	K	Banbury	Sprint - Male	00:10:26	00:03:42	00:50:17	00:02:04	00:31:33	01:38:02
270	10:52:30	31	Andy	Seward	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:21	00:00:00	00:59:13	00:00:00	00:28:36	01:38:10
271	10:54:45	40	Mark	Whiston	Male	44	Н	#TEAMHELEN	Sprint - Male	00:10:00	00:02:21	00:54:24	00:00:00	00:31:33	01:38:18
272	09:41:30	467	David	Baylis	Male	55	K	Royal Mail stourport	Sprint - Male	00:13:24	00:03:20	00:49:55	00:01:33	00:30:19	01:38:31
273	09:39:30	459	Gareth	Hulin	Male	36	G	Eastbourne	Sprint - Male	00:09:21	00:03:11	00:52:43	00:01:16	00:32:09	01:38:40
274	09:07:30	331	Andrew	Cooper	Male	39	G	Old Farts	Sprint - Male	00:09:04	00:02:24	00:53:11	00:01:14	00:32:51	01:38:44
275	09:42:45	472	Garry	Kingsnorth	Male	29	Е	Banbury	Sprint - Male	00:07:50	00:04:30	00:52:51	00:03:44	00:29:58	01:38:53
276	08:54:30	279	Calum	Finlay	Male	25	Е	Kenilworth	Sprint - Male	00:08:03	00:04:29	00:59:51	00:01:04	00:25:42	01:39:09
277	11:01:30	67	Chris	Blakemore	Male	44	Н	#TEAMHELEN	Sprint - Male	00:13:24	00:01:53	00:57:25	00:01:24	00:25:15	01:39:21
278	09:24:15	398	James	Hutton	Male	34	F	Solihull	Sprint - Male	00:09:18	00:04:13	00:57:14	00:01:27	00:27:29	01:39:41
279	09:12:15	350	Stephen	Amsden	Male	44	Н	Sutton Coldfield	Sprint - Male	00:08:39	00:03:13	01:03:32	00:01:06	00:23:12	01:39:42
280	09:43:00	473	Colin	Stanford	Male	55	K	Worcester	Sprint - Male	00:13:07	00:03:26	00:50:25	00:02:23	00:30:41	01:40:02
281	09:14:15	358	Nick	Ford	Male	44	Н	Sutton Coldfield	Sprint - Male	00:09:06	00:03:25	00:57:45	00:00:00	00:29:56	01:40:12
282	10:52:00	29	David	Wild	Male	49	Ι	#TEAMHELEN	Sprint - Male	00:11:11	00:02:33	00:50:28	00:01:25	00:34:42	01:40:19
283	08:59:15	298	Ray	howes	Male	53	J	welwyn garden city	Sprint - Male	00:08:45	00:03:00	00:52:03	00:01:07	00:35:27	01:40:22
284	10:51:15	26	Phil	Grafton	Male	116		#TEAMHELEN	Sprint - Male	00:10:52	00:02:41	01:00:23	00:00:00	00:26:28	01:40:24
285	11:04:00	76	Lloyd	Mardenborough	Male	52	J	#TEAMHELEN	Sprint - Male	00:18:59	00:04:19	00:51:35	00:01:35	00:24:03	01:40:31
286	09:33:15	434	John	Evans	Male	35	G	Redditch	Sprint - Male	00:14:12	00:03:19	00:54:03	00:01:38	00:27:23	01:40:35
287	10:56:45	48	richard	westwood	Male	28	Е	#TEAMHELEN	Sprint - Male	00:11:53	00:04:29	00:56:30	00:00:00	00:27:53	01:40:45
288	10:56:15	46	JOHN	CHRISTOFFER	Male	53	J	#TEAMHELEN	Sprint - Male	00:10:41	00:03:02	00:52:28	00:00:00	00:34:36	01:40:47
289	08:53:30	275	Dave	Roddy	Male	47	Ι	Birmingham	Sprint - Male	00:08:30	00:02:45	00:52:03	00:02:05	00:35:26	01:40:49
290	11:00:30	63	Mike	Lax	Male	41	Н	#TEAMHELEN	Sprint - Male	00:10:56	00:04:11	00:55:19	00:01:38	00:29:00	01:41:04
291	09:49:00	497	Shyam	Mavani	Male	30	F	Cambridgeshire	Sprint - Male	00:09:17	00:03:49	00:57:03	00:01:35	00:29:22	01:41:06
292	10:55:30	43	Robert	Gorick	Male	42	Н	#TEAMHELEN	Sprint - Male	00:11:16	00:04:41	00:54:02	00:00:00	00:31:51	01:41:50
293	09:21:15	386	Mark	Willers	Male	36	G	Grantham	Sprint - Male	00:08:41	00:09:33	00:50:02	00:03:00	00:31:13	01:42:29
294	10:58:45	56	Sam	Hilton	Male	37	G	#TEAMHELEN	Sprint - Male	00:12:05	00:03:50	00:59:47	00:00:00	00:26:54	01:42:36
295	09:17:45	372	Kevin	Gibson	Male	51	J		Sprint - Male	00:10:39	00:03:16	00:54:50	00:02:04	00:31:50	01:42:39
296	09:30:30	423	Stuart	Sutherland	Male	50	J	Birmingham	Sprint - Male	00:09:55	00:03:13	01:03:12	00:01:50	00:25:41	01:43:51
297	10:48:15	14	Pete	Smith	Male	38	G	#TEAMHELEN	Sprint - Male	00:09:12	00:03:30	01:04:10	00:00:00	00:27:05	01:43:57
298	09:48:45	496	Ian	Sturdgess	Male	54	J	Wellingborough	Sprint - Male	00:11:09	00:03:13	00:57:07	00:01:05	00:31:40	01:44:14
299	09:34:00	437	Jasper	Brown	Male	63	L	Nuffield Nutters	Sprint - Male	00:10:54	00:03:44	00:54:04	00:02:12	00:33:22	01:44:16
300	10:51:00	25	Denis	Lenihan	Male	116		#TEAMHELEN	Sprint - Male	00:10:26	00:03:21	00:54:12	00:00:00	00:36:45	01:44:44
301	09:46:45	488	PAUL	EVANS	Male	57	K	ST.NEOTS CAMBR		00:12:07		00:54:37	00:01:11		01:45:11
302	11:25:30	163	Simon	Kennedy	Male	44	Н	#TEAMHELEN	Sprint - Male	00:11:40		00:55:46	00:02:37	00:31:06	01:45:11
303	11:04:45	80	Scott	Smith	Male	44	Н	#TEAMHELEN	Sprint - Male	00:16:06		00:57:25	00:00:41	00:28:01	01:45:44
304	09:36:15	446	Simon	Warman	Male	45	Ι	Bromsgrove	Sprint - Male	00:12:26	00:04:27	00:55:00	00:01:18		01:45:53
305	10:58:00		barry	mccullagh	Male	49	Ι	#TEAMHELEN	Sprint - Male	00:12:31		01:00:28	00:01:50		01:46:11
306	11:03:45		Neil	Marsh	Male	44	Н	#TEAMHELEN	Sprint - Male	00:10:28		00:57:13	00:00:00		01:46:18
			0151010		-			Seriet Mole							

307 11:05:15 82 Jamie Harris Vale 35 6 47E AMHFLEN Sprint - Male 00:10:18 00:35:35 00:01:19 00:35:35 00:01:19 00:35:35 00:01:19 00:35:35 00:01:30 00:13:33 00:35:36 00:01:30 00:13:33 00:03:37 01:14:35:36 310 11:04:50 65 Pere Richmond Male 27 6 (FTAMHFLEN Sprint - Male 00:12:30 00:03:37 01:43:30 311 10:45:15 18 Marti Male 25 6 Firmingham Sprint - Male 00:12:30 00:03:47 01:43:30 313 09:32:16 429 Jamie Cappen Relham Male 27 C Kramidel Nuters Sprint - Male 00:11:10 00:03:22 00:32:40 01:43:30 313 09:32:16 70 Stramingham Sprint - Male 01:11:10 00:05:21 00:03:20 01:43:30 01:43:33 314 09:32:04 11 Kartingham	Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	ıt	TeamName	Race	Swim	T1	Bike	T2	Run	Total
340 11:05:00 8.1 Barry Fellows Male 37 G #TEAMILLEN Sprint Male 00:6:38 00:06:38 00:06:39 00:06:39 00:30:07 01:34 00:32:07 311 06:45:00 242 Daniel Phillips-fern Male 25 E Birninghum Sprint Male 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 01:03:0 00:03:07 00:03:07 01:03:0 00:01:07 00:05:20 00:02:34 00:24:0 00:24:0 00:24:0 00:24:0 01:04:02 01:03:0 00:01:01:0 00:01:01:0 00:05:07 00:02:30 01:03:20 00:02:20 01:03:20 01:03:20 00:02:20 01:03:20 01:03:20 00:02:20 01:03:20 00:05:00 00:02:00 01:03:00 01:03:00 00:0	307	11:05:15	82	Jamie	Harris	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:18	00:04:03	00:58:35	00:01:19	00:32:05	01:46:20
310 11:04:30 65 Peter Richmond Male 46 1 #TEAMHELEN Sprint<-Male 00:02:24 00:04:35 00:04:35 00:04:35 00:04:35 00:04:35 00:04:35 00:04:35 00:04:35 00:04:36 00:32:24 01:37:35 312 10:09:15 18 Matt McChmey Male 47 7 Male 00:12:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 00:02:37 01:02:30 01:02:37 01:02:30 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 01:02:37 00:02:37 01:02:37 <td>308</td> <td>10:50:30</td> <td>23</td> <td>Colin</td> <td>Williams</td> <td>Male</td> <td>40</td> <td>Н</td> <td>#TEAMHELEN</td> <td>Sprint - Male</td> <td>00:09:25</td> <td>00:03:13</td> <td>00:56:51</td> <td>00:00:00</td> <td>00:37:07</td> <td>01:46:36</td>	308	10:50:30	23	Colin	Williams	Male	40	Н	#TEAMHELEN	Sprint - Male	00:09:25	00:03:13	00:56:51	00:00:00	00:37:07	01:46:36
$ \begin{array}{ c c c c c c c c c c c c c c c c c c c$	309	11:05:00	81	Barry	Fellows	Male	37	G	#TEAMHELEN	Sprint - Male	00:12:33	00:06:48	00:55:08	00:01:33	00:30:57	01:46:59
$ \begin{array}{c c c c c c c c c c c c c c c c c c c $	310	11:04:30	65	Peter	Richmond	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:12:04	00:04:55	01:01:30	00:01:34	00:27:46	01:47:49
313 09:32:00 429 Jamie Gapsta Kelham Male 62 Kaustfield Nutters Sprint Male 00:11:14 00:05:10 06:34:25 00:03:408 01:48:55 314 09:32:16 428 Ahn Blount Male 54 J Birmingham Sprint Male 00:11:30 00:05:10 06:32:0 00:03:42 00:23:0 00:33:40 01:49:03 316 09:40:00 461 Jeremy Male 53 Kuustfield Nutters Sprint Male 00:11:36 00:05:31 00:02:30 00:33:40 01:49:17 317 09:38:00 43 Lewis Newton Male 7 F Worcsetter Sprint Male 00:15:35 00:23:0 00:33:40 01:49:33 318 09:38:00 43 Lewis Newton Male 47 T F Worcsetter Sprint Male 00:12:27 00:00:00 00:31:27 01:33:40 01:33:40 01:33:40 01:33:40 00:31:27 01:33:40 00:31:27 00	311	08:45:00	242	Daniel	Phillips-fern	Male	25	Е	Birmingham	Sprint - Male	00:09:58	00:04:52	01:03:45	00:02:14	00:27:04	01:47:53
314 09:31:45 428 Alan Biomit Male 62 L Kuntsfield Nutters Sprint - Male 00:41:35 00:45:20 00:02:49 00:34:08 01:49:03 316 09:40:00 461 Jercany Burgun Male 53 J Kunsfield Nutters Sprint - Male 00:10:30 00:00:37 00:32:40 01:49:17 317 09:31:20 427 Michael Hanlon Male 53 J Kunsfield Nutters Sprint - Male 00:10:30 00:00:30 00:36:00 00:33:51 01:49:32 318 09:36:03 453 Levis Newton Male 47 I #TEAMHELEN Sprint - Male 00:126 00:33:51 01:49:33 320 10:56:30 47 ANDEW HANT Male 45 I Kuntsverth Sprint - Male 00:127 00:31:41 01:32:46 00:00:00 00:32:46 01:49:30 00:31:41 00:32:40 01:33:33 324 09:32:45 00:03:52 00:03	312	10:49:15	18	Matt	McCluney	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:10:30	00:03:07	01:02:09	00:00:00	00:32:24	01:48:10
315 09:42:15 470 Stephen Deavall Male 54 J Birningham Sprint - Male 00:13:00 00:06:07 00:53:00 00:03:23 00:03:13 00:03:13 00:03:13 00:03:13 00:03:13 00:03:13 00:03:14 00:15:13 00:03:00 00:15:14 00:03:14 00:15:23 00:03:10 01:03:14 01:15:13 00:03:10 01:03:14 01:15:13 00:03:10 01:03:14 01:15:23 00:03:10 01:03:14 01:15:23 00:03:10 01:03:14 01:15:23 00:03:16	313	09:32:00	429	Jamie	Gapsta Kelham	Male	37	G	Knutsfield Nutters	Sprint - Male	00:11:14	00:05:27	00:55:13	00:02:46	00:34:02	01:48:42
316 99:40:00 461 Jercary Burgum Male 59 K Warvick Sprint - Male 00:10:30 00:00:70 00:25:00 00:00:32 00:32:01 01:49:29 317 09:38:00 433 Lewis Newton Male 27 Kinatfield Nutters Sprint - Male 00:00:33 00:00:33 00:00:33 00:00:33 00:32:31 01:49:20 318 09:38:00 433 Lewis Newton Male 47 1 #TEAMHELEN Sprint - Male 00:00:32 00:00:00 00:32:46 01:49:32 320 10:56:30 47 ANDRKW HLANT Male 47 1 #TEAMHELEN Sprint - Male 00:00:42 00:00:00 00:32:17 01:49:33 320 10:56:30 47 ANDRW Male 45 I KenitYon Sprint - Male 00:11:16 00:40:60 01:32:7 00:33:17 01:12:30 00:30:17 01:32:33 322 09:13:00 33 Stephen	314	09:31:45	428	Alan	Blount	Male	62	L	Knutsfield Nutters	Sprint - Male	00:11:15	00:05:51	00:54:52	00:02:49	00:34:08	01:48:55
31709:31:30427MichaelHaulonMale53JKnutsfield NuttersSprint - Male00:11:3600:06:3300:53.0000:33.0000:34:3301:49:2931809:38:00453LewisNewtonMale7EWorcesterSprint - Male00:08:3400:08:3000:58:1000:00:0000:32:4601:49:3231910:56:3047ANDRWPLANTMale4814TEAMIRELENSprint - Male00:15:2700:00:0001:06:4400:00:0000:32:4601:50:3832109:30:45416TimWhiteMale4814TEAMIRELENSprint - Male00:15:2700:01:5700:01:2600:52:4600:12:2000:01:2600:32:4601:52:3301:52:3332209:19:00320NicholasRidlerMale451KenlworthSprint - Male00:15:1200:40:0000:52:4700:29:5001:52:3432409:19:00320StephenOnkilMale43HWrexstershireSprint - Male00:15:1200:40:3000:55:2800:38:0201:52:4732610:53:0033RichardHammerskyMale47I#TEAMIRELENSprint - Male00:15:1200:65:2800:00:0000:37:5201:53:1332711:02:1570AnthonyEvansMale47I#TEAMIRELENSprint - Male00:16:1000:05:2800:00:0000:37:5201:53:1	315	09:42:15	470	Stephen	Deavall	Male	54	J	Birmingham	Sprint - Male	00:13:00	00:10:19	00:52:20	00:03:42	00:29:42	01:49:03
1318 09:38:00 453 Lewis Newton Male 27 E Worcster Sprint - Male 00:08:30 00:08:30 00:08:30 00:08:30 00:08:30 00:00:00 00:00:00 00:00:00 00:00:00 00:00:00 00:00:00 00:00:00 00:00:127 01:00:33 320 10:56:30 47 ANDREW Male 48 1 #TEAMHELEN Sprint - Male 00:00:27 00:00:17 01:01:28 00:00:00 00:01:47 01:50:38 322 09:10:00 320 Nicholas Ridler Male 42 E Little Milton Sprint - Male 00:10:50 00:00:10 00:30:17 01:51:24 323 10:49:45 20 Paul Parsons Male 43 H Wrecham Sprint - Male 00:10:12 00:05:12 00:05:12 00:05:12 00:05:00 00:05:12 00:05:00 00:05:12 00:05:00 00:05:12 00:05:00 00:05:12 00:05:10 00:05:12 00:05:10 00:05:10 00:05:10	316	09:40:00	461	Jeremy	Burgum	Male	59	К	Warwick	Sprint - Male	00:10:30	00:06:07	00:58:00	00:02:39	00:32:01	01:49:17
31910:58:3055IanTaylorMale47I#TEAMHELENSprint - Male00:15:3500:02:5700:58:1500:00:0000:32:4632109:30:4516TimMuhe48I#TEAMHELENSprint - Male00:12:2700:00:0000:06:4400:00:0000:52:2801:51:3432209:19:00320NicholasRidlerMale45IKenlworthSprint - Male00:01:2600:01:7700:15:1000:01:7700:52:3800:01:7700:52:3800:01:7101:52:3332309:19:00320NicholasRidlerMale48E#TEAMHELENSprint - Male00:10:1000:04:0600:75:0000:02:1701:52:3332409:13:00353StephenO'keillMale43IWreshamSprint - Male00:15:1200:05:0000:51:2800:02:0000:75:3001:53:0132610:53:0033RichardHammersleyMale47I#TEAMHELENSprint - Male00:16:1600:05:12800:02:1000:37:5301:53:0132711:02:1570AnthonyEvansMale47I#TEAMHELENSprint - Male00:16:12800:02:1200:02:1500:02:1600:05:12800:37:5001:53:1632811:02:1570AnthonyEvansMale47I#TEAMHELENSprint - Male00:14:1600:06:2200:02:1600:37:5001:55:16	317	09:31:30	427	Michael	Hanlon	Male	53	J	Knutsfield Nutters	Sprint - Male	00:11:36	00:05:31	00:50:18	00:07:31	00:34:33	01:49:29
320 10:56:30 47 ANDREW PLANT Male 48 I #TEAMHELEN Sprint - Male 00:02:27 00:00:00 01:06:44 00:00:00 00:00:17 01:50:38 321 09:30:45 416 Tim White Male 29 E Little Millon Sprint - Male 00:00:10 01:00:10 00:00:10 01:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:10 00:00:00 00:51:23 00:00:00 00:31:24 01:52:34 323 10:49:45 46 Andry Hewrard Male 30 F #TEAMHELEN Sprint - Male 00:15:12 00:00:00 00:51:28 00:00:00 00:51:28 00:00:00 00:51:28 00:00:00 00:51:24 00:00:00 00:51:24 00:00:00 00:15:24 00:00:00 00:15:24 00:00:00 00:15:2	318	09:38:00	453	Lewis	Newton	Male	27	Е	Worcester	Sprint - Male	00:08:34	00:05:03	00:58:06	00:01:58	00:35:51	01:49:32
321 09:30:45 416 Tim White Male 29 E Little Millton Sprint - Male 00:09:25 00:03:17 01:01:28 00:01:26 00:35:28 01:51:10 323 10:49:45 20 Paulo Paursons Male 43 H Kenilworth Sprint - Male 00:01:16 00:04:05 00:05:28 00:00:00 00:03:17 01:52:30 324 09:13:00 353 Stephen O'Neill Male 43 H Wcrestershire Sprint - Male 00:15:12 00:04:05 00:05:28 00:00:00 00:35:01 33 Stehard Hammersly Male 47 I #TEAMHELEN Sprint - Male 00:13:10 00:05:28 00:00:00 00:35:30 01:51:28 00:03:30 00:05:48 00:00:00 00:35:30 01:02:20 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32 00:32:0 00:01:32	319	10:58:30	55	Ian	Taylor	Male	47	Ι	#TEAMHELEN	Sprint - Male	00:15:35	00:02:57	00:58:15	00:00:00	00:32:46	01:49:33
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323 10:49:45 20 Paul Parsons Male 28 E #TEAMHELEN Sprint - Male 00:11:05 00:00:40:05 01:07:06 00:00:00 00:00:17 01:52:33 324 09:10:40 353 Stophen O'Neill Male 43 H Wrexham Sprint - Male 00:11:10 00:00:400 00:51:28 00:00:300 00:53:28 00:00:300 00:53:00 00:33:00 00:51:28 00:00:300 00:53:00 00:33:00 00:51:28 00:00:400 00:33:00 00:51:28 00:00:40 00:33:00 00:51:28 00:00:40 00:33:00 01:53:10 327 11:02:15 70 Anthony Evans Male 47 1 #TEAMHELEN Sprint - Male 00:14:00 00:13:20 00:13:20 01:53:13 328 10:44:15 478 Andrew Freke Male 54 J The Frekes Sprint - Male 00:13:40 00:05:14 00:05:128 01:53:13 331 10:330 09:41:15	321	09:30:45	416	Tim	White	Male	29	Е	Little Milton	Sprint - Male	00:09:25	00:03:17	01:01:28	00:01:26	00:35:28	01:51:04
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325 09:40:45 464 Andy Howard Male 39 G Worcestershire Sprint - Male 00:15:12 00:03:00 00:31:28 00:03:00 00:33:00 00:33:00 00:33:00 00:33:00 00:33:00 00:33:00 00:33:00 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:00 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:10 00:03:12 00:03:12 00:03:12 00:03:12 00:03:12 00:03:12 00:03:12 00:03:12 00:01:13 00:03:12 00:01:13 00:03:12 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13 00:01:13	323	10:49:45	20	Paul	Parsons	Male	28	Е	#TEAMHELEN	Sprint - Male	00:11:05	00:04:05	01:07:06	00:00:00	00:30:17	01:52:33
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332 09:41:15 466 Jonathan Kelleher Male 33 F MS-UK Sprint - Male 00:01:23 01:06:16 00:01:07 00:31:31 01:55:03 333 09:41:45 468 Neil Yates Male 53 J Birmingham Sprint - Male 00:01:43 00:58:08 00:01:00 00:37:47 01:55:33 334 10:57:00 49 ALAN WOODALL Male 69 M #TEAMHELEN Sprint - Male 00:16:54 00:04:14 01:11:33 00:01:20 00:21:27 01:55:37 335 11:00:15 62 matthew parsons Male 28 E #TEAMHELEN Sprint - Male 00:01:01 01:03:04 00:01:10 00:31:21 01:55:03 336 10:52:15 30 Phil Midwinter Male 35 G #TEAMHELEN Sprint - Male 00:01:00 01:57:28 01:58:02 337 10:56:00 45 Sam Cooper Male	330	09:44:15	478	Andrew	Freke	Male	54	J	The Frekes	Sprint - Male	00:13:04	00:04:45	01:02:22	00:01:28	00:32:38	01:54:17
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334 10:57:00 49 ALAN WOODALL Male 69 M #TEAMHELEN Sprint - Male 00:16:54 00:04:14 01:11:33 00:01:29 00:21:27 01:55:37 335 11:00:15 62 matthew parsons Male 28 E #TEAMHELEN Sprint - Male 00:14:33 00:03:52 01:03:04 00:01:21 00:33:34 01:56:24 336 10:52:15 30 Phil Midwinter Male 46 I #TEAMHELEN Sprint - Male 00:04:01 01:08:40 00:00:23:8 00:32:21 01:57:28 337 10:56:00 45 Sam Cooper Male 35 G #TEAMHELEN Sprint - Male 00:01:03 00:05:54 01:04:15 00:00:00 00:37:50 01:58:02 338 08:52:45 272 Colin Tan Male 29 E #TEAMHELEN Sprint - Male 00:05:07 00:59:15 00:02:04 00:39:59 02:02:24 340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN	332	09:41:15	466	Jonathan	Kelleher	Male	33	F	MS-UK	Sprint - Male	00:12:46	00:03:23	01:06:16	00:01:07	00:31:31	01:55:03
335 11:00:15 62 matthew parsons Male 28 E #TEAMHELEN Sprint - Male 00:14:33 00:03:52 01:03:04 00:01:21 00:33:34 01:56:24 336 10:52:15 30 Phil Midwinter Male 46 I #TEAMHELEN Sprint - Male 00:09:48 00:04:01 01:08:40 00:02:38 00:32:21 01:57:28 337 10:56:00 45 Sam Cooper Male 35 G #TEAMHELEN Sprint - Male 00:01:03 00:05:54 01:04:15 00:00:00 00:37:50 01:58:02 338 08:52:45 272 Colin Tan Male 38 G Warwick University Sprint - Male 00:05:07 00:51:16 00:20:4 00:31:24 01:58:18 339 11:02:30 71 Rich Appleby Male 29 E #TEAMHELEN Sprint - Male 00:08:37 00:03:04 01:01:52 00:20:4 00:32:47 02:08:25 341 09:49:30 449 Rease Wheatley Male 25 E<	333	09:41:45	468	Neil	Yates	Male	53	J	Birmingham	Sprint - Male	00:13:47	00:04:43	00:58:08	00:01:06	00:37:47	01:55:31
336 10:52:15 30 Phil Midwinter Male 46 I #TEAMHELEN Sprint - Male 00:09:48 00:04:01 01:08:40 00:02:38 00:32:21 01:57:28 337 10:56:00 45 Sam Cooper Male 35 G #TEAMHELEN Sprint - Male 00:01:03 00:05:54 01:04:15 00:00:00 00:37:50 01:58:02 338 08:52:45 272 Colin Tan Male 38 G Warwick University Sprint - Male 00:07:32 00:03:00 01:15:06 00:01:16 00:31:24 01:58:18 339 11:02:30 71 Rich Appleby Male 29 E #TEAMHELEN Sprint - Male 00:01:03 00:04:01 01:01:52 00:02:04 00:39:59 02:02:24 340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN Sprint - Male 00:01:13 00:01:15 00:02:04 00:2:24 02:08:25 341 09:49:30 449 Rease Wheatley Male 25 E </td <td>334</td> <td>10:57:00</td> <td>49</td> <td>ALAN</td> <td>WOODALL</td> <td>Male</td> <td>69</td> <td>Μ</td> <td>#TEAMHELEN</td> <td>Sprint - Male</td> <td>00:16:54</td> <td>00:04:14</td> <td>01:11:33</td> <td>00:01:29</td> <td>00:21:27</td> <td>01:55:37</td>	334	10:57:00	49	ALAN	WOODALL	Male	69	Μ	#TEAMHELEN	Sprint - Male	00:16:54	00:04:14	01:11:33	00:01:29	00:21:27	01:55:37
337 10:56:00 45 Sam Cooper Male 35 G #TEAMHELEN Sprint - Male 00:10:03 00:05:54 01:04:15 00:00:00 00:37:50 01:58:02 338 08:52:45 272 Colin Tan Male 38 G Warwick University Sprint - Male 00:07:32 00:03:00 01:15:06 00:01:16 00:31:24 01:58:18 339 11:02:30 71 Rich Appleby Male 29 E #TEAMHELEN Sprint - Male 00:01:559 00:02:04 00:39:59 02:02:24 340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN Sprint - Male 00:01:11 00:02:04 00:39:59 02:02:24 341 09:49:30 449 Rease Wheatley Male 25 E Nottingham Sprint - Male 00:11:11 00:04:17 01:08:13 00:01:28 00:44:37 02:08:24 342 11:01:15 66 Marc Knowlton Male 42 H #TEAMHELEN Sprint - Male 00	335	11:00:15	62	matthew	parsons	Male	28	Е	#TEAMHELEN	Sprint - Male	00:14:33	00:03:52	01:03:04	00:01:21	00:33:34	01:56:24
338 08:52:45 272 Colin Tan Male 38 G Warwick University Sprint - Male 00:07:32 00:03:00 01:15:06 00:01:16 00:31:24 01:58:18 339 11:02:30 71 Rich Appleby Male 29 E #TEAMHELEN Sprint - Male 00:15:59 00:05:07 00:59:15 00:02:04 00:39:59 02:02:24 340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN Sprint - Male 00:03:04 01:01:52 00:02:05 00:52:47 02:02:24 341 09:49:30 449 Rease Wheatley Male 25 E Nottingham Sprint - Male 00:11:11 00:03:44 01:22:44 00:01:19 00:29:46 02:08:44 342 11:01:15 66 Marc Knowlton Male 42 H #TEAMHELEN Sprint - Male 00:11:10 00:01:28 00:44:37 02:10:06 343 09:43:30 475 Kevin Argent Male 33 F Solihull Sprint	336	10:52:15	30	Phil	Midwinter	Male	46	Ι	#TEAMHELEN	Sprint - Male	00:09:48	00:04:01	01:08:40	00:02:38	00:32:21	01:57:28
339 11:02:30 71 Rich Appleby Male 29 E #TEAMHELEN Sprint - Male 00:15:59 00:05:07 00:59:15 00:02:04 00:39:59 02:02:24 340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN Sprint - Male 00:08:37 00:03:04 01:01:52 00:02:05 00:52:47 02:08:25 341 09:49:30 449 Rease Wheatley Male 25 E Nottingham Sprint - Male 00:11:11 00:03:04 01:01:52 00:02:04 00:29:46 02:08:44 342 11:01:15 66 Marc Knowlton Male 42 H #TEAMHELEN Sprint - Male 00:11:31 00:04:17 01:08:13 00:01:28 00:44:37 02:08:24 343 09:43:30 475 Kevin Argent Male 33 F Solihull Sprint - Male 00:11:07 00:02:54 00:33:34 02:11:03 344 10:59:00 57 Jason Ree Male 39 G VS -The Austin Fou	337	10:56:00	45	Sam	Cooper	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:03	00:05:54	01:04:15	00:00:00	00:37:50	01:58:02
340 08:28:00 181 Barry Craven Male 48 I #TEAMHELEN Sprint - Male 00:08:37 00:03:04 01:01:52 00:02:05 00:52:47 02:08:25 341 09:49:30 449 Rease Wheatley Male 25 E Nottingham Sprint - Male 00:11:11 00:03:44 01:22:44 00:01:19 00:29:46 02:08:44 342 11:01:15 66 Marc Knowlton Male 42 H #TEAMHELEN Sprint - Male 00:11:31 00:04:17 01:08:13 00:01:28 00:44:37 02:08:44 343 09:43:30 475 Kevin Argent Male 33 F Solihull Sprint - Male 00:11:07 00:15:20 01:08:08 00:02:54 00:33:34 02:11:03 344 10:59:00 57 Jason Ree Male 39 G VS - The Austin Foun Sprint - Male 00:05:45 01:09:41 00:01:41 02:01:46 02:13:11 345 09:42:00 469 Austin Prakesh Male 39 <t< td=""><td>338</td><td>08:52:45</td><td>272</td><td>Colin</td><td>Tan</td><td>Male</td><td>38</td><td>G</td><td>Warwick University</td><td>Sprint - Male</td><td>00:07:32</td><td>00:03:00</td><td>01:15:06</td><td>00:01:16</td><td>00:31:24</td><td>01:58:18</td></t<>	338	08:52:45	272	Colin	Tan	Male	38	G	Warwick University	Sprint - Male	00:07:32	00:03:00	01:15:06	00:01:16	00:31:24	01:58:18
341 09:49:30 449 Rease Wheatley Male 25 E Nottingham Sprint - Male 00:11:11 00:03:44 01:22:44 00:01:19 00:29:46 02:08:44 342 11:01:15 66 Marc Knowlton Male 42 H #TEAMHELEN Sprint - Male 00:11:31 00:04:17 01:08:13 00:01:28 00:44:37 02:10:06 343 09:43:30 475 Kevin Argent Male 33 F Solihull Sprint - Male 00:11:07 00:15:20 01:08:08 00:02:54 00:33:34 02:11:03 344 10:59:00 57 Jason Ree Male 43 H #TEAMHELEN Sprint - Male 00:15:00 00:05:34 01:09:00 00:01:46 00:40:05 02:11:25 345 09:42:00 469 Austin Prakesh Male 39 G VS - The Austin Foun Sprint - Male 00:05:45 01:09:41 00:01:41 00:40:48 02:13:11 346 11:04:30 79 Mike Hulme Male 29 E	339	11:02:30	71	Rich	Appleby	Male	29	Е	#TEAMHELEN	Sprint - Male	00:15:59	00:05:07	00:59:15	00:02:04	00:39:59	02:02:24
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