

Sprint - Male

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:30:30	184	Ian	Dempsey	Male	34	F	Aston Knowles / Kin	Sprint - Male	00:05:36	00:00:58	00:35:26	00:00:48	00:18:09	01:00:57
2	09:49:45	500	Iain	McLaughlin	Male	33	F	RLSCC	Sprint - Male	00:08:28	00:01:21	00:37:37	00:00:46	00:20:04	01:08:16
3	08:31:45	189	Stephen	Child	Male	46	I	Coventry	Sprint - Male	00:06:41	00:01:21	00:38:51	00:00:50	00:21:00	01:08:43
4	08:35:15	203	Will	Haines	Male	32	F	stratford upon avon	Sprint - Male	00:06:56	00:01:44	00:39:39	00:00:59	00:20:01	01:09:19
5	08:37:30	212	Russell	Kelf	Male	43	H	Ntri/peakcoaching	Sprint - Male	00:05:15	00:01:08	00:40:38	00:00:48	00:21:39	01:09:28
6	08:40:45	225	Stehen	Lowe	Male	29	E	Polesworth	Sprint - Male	00:07:08	00:01:22	00:39:26	00:00:49	00:20:53	01:09:38
7	08:39:00	218	Marc	Steenkamp	Male	35	G	Banbury	Sprint - Male	00:07:01	00:01:29	00:39:43	00:00:53	00:20:38	01:09:44
8	08:38:00	214	Andy	Shenton	Male	41	H	Swinnerton Cycles	Sprint - Male	00:06:42	00:01:38	00:40:03	00:01:04	00:20:42	01:10:09
9	08:39:45	221	Gary	Waite	Male	50	J	Farnborough	Sprint - Male	00:06:27	00:01:21	00:40:10	00:00:58	00:21:19	01:10:15
10	08:33:30	196	James	purdy	Male	33	F	JP massage therapy	Sprint - Male	00:06:38	00:00:00				01:10:27
11	08:34:00	198	Matthew	Senior	Male	31	F	Notts	Sprint - Male	00:06:18	00:01:33	00:40:33	00:00:43	00:21:22	01:10:29
12	08:51:00	265	David	Taylor	Male	42	H	Evesham	Sprint - Male	00:08:00	00:01:33	00:40:06	00:01:13	00:19:37	01:10:29
13	08:35:30	204	Andrew	Bonjour	Male	28	E	Warwick	Sprint - Male	00:06:49	00:01:09	00:41:51	00:00:44	00:20:52	01:11:25
14	08:32:30	192	Andrew	Speechly	Male	49	I	Wellesbourne	Sprint - Male	00:06:39	00:01:41	00:40:20	00:00:55	00:22:00	01:11:35
15	08:51:30	267	Paul	Hunt	Male	47	I	Balshall Common	Sprint - Male	00:07:04	00:01:30	00:40:39	00:00:52	00:22:05	01:12:10
16	09:53:00	513	ADAM	WEST	Male	18	B	KES Stratford	Sprint - Male	00:06:27	00:01:40	00:43:25	00:00:33	00:20:41	01:12:46
17	08:36:15	207	Alister	Barnett	Male	24	C	Sheffield	Sprint - Male	00:06:13	00:01:59	00:39:54	00:00:48	00:23:59	01:12:53
18	09:51:15	506	Dean	Hands	Male	47	I	Alcester	Sprint - Male	00:08:00	00:01:27	00:41:00	00:00:57	00:21:38	01:13:02
19	08:52:30	271	James	Cant-Parton	Male	27	E	Inkberrow	Sprint - Male	00:07:30	00:01:41	00:43:02	00:00:42	00:20:08	01:13:03
20	09:47:45	492	Nick	de Pennington	Male	38	G	Banbury	Sprint - Male	00:07:17	00:01:16	00:42:10	00:01:12	00:21:15	01:13:10
21	08:41:30	228	Andrew	Green	Male	31	F	Hitchin	Sprint - Male	00:07:57	00:01:38	00:42:32	00:01:05	00:20:01	01:13:13
22	09:28:30	415	ADRIAN	STRANGE	Male	45	I	#committotgetfit	Sprint - male	00:06:12	00:01:47	00:42:16	00:01:03	00:22:25	01:13:43
23	09:49:15	498	Jonathan	Ward	Male	44	H	Kineton	Sprint - Male	00:08:09	00:02:35	00:38:32	00:01:32	00:22:56	01:13:44
24	09:51:00	505	JAKE	KEAST	Male	17	B	KES Stratford	Sprint - Male	00:06:41	00:01:55	00:44:13	00:01:09	00:19:47	01:13:45
25	08:32:00	190	Vassilis	Andreoulakis	Male	42	H	Kenilworth	Sprint - Male	00:06:10	00:02:29	00:43:12	00:01:13	00:20:55	01:13:59
26	08:58:00	293	Matthew	Hartley	Male	34	F	Warwick	Sprint - Male	00:08:12	00:01:41	00:42:13	00:00:50	00:21:10	01:14:06
27	08:45:30	244	Mike	Mannion	Male	49	I	Leamington Spa	Sprint - Male	00:08:01	00:01:49	00:41:44	00:01:05	00:21:28	01:14:07
28	08:47:30	252	Adam	Jones	Male	26	E	West Midlands	Sprint - Male	00:08:01	00:02:06	00:42:09	00:01:09	00:20:57	01:14:22
29	08:52:15	270	Simon	Baker	Male	29	E	Inkberrow	Sprint - Male	00:08:18	00:01:39	00:42:35	00:00:52	00:21:02	01:14:26
30	08:40:15	223	alexander	ibbs	Male	16	A	Leamington C&A	Sprint - Male	00:06:43	00:01:27	00:44:42	00:01:01	00:20:34	01:14:27
31	08:31:30	188	Michael	Wilson	Male	31	F	Leamington Spa	Sprint - Male	00:05:46	00:01:45	00:42:59	00:00:48	00:23:19	01:14:37
32	09:47:15	490	mark	garlick	Male	49	I	Stratford-upon-Avon	Sprint - Male	00:07:42	00:01:31	00:42:57	00:00:56	00:21:45	01:14:51
33	08:34:30	200	David	Bessant	Male	48	I	Evesham Vale Triathl	Sprint - Male	00:06:36	00:01:36	00:41:52	00:01:18	00:23:41	01:15:03
34	08:32:15	191	Greg	Divall	Male	26	E	Sutton Coldfield	Sprint - Male	00:06:05	00:02:29	00:46:59	00:00:55	00:18:49	01:15:17
35	09:09:45	340	Peter	Marczewski	Male	38	G	Ilmington	Sprint - Male	00:07:17	00:01:54	00:41:24	00:01:00	00:23:54	01:15:29
36	09:15:30	363	Benjamin	Littlejohn	Male	27	E	Aylesbury	Sprint - Male	00:08:32	00:01:58	00:42:21	00:01:15	00:21:27	01:15:33
37	09:23:45	396	SIMON	SMITH	Male	35	G	Smudge and Beale	Sprint - Male	00:07:53	00:01:55	00:43:25	00:01:05	00:21:28	01:15:46
38	08:42:00	230	ALAN	FARMER	Male	48	I	WARWICKSHIRE	Sprint - Male	00:07:03	00:01:21	00:43:40	00:00:50	00:22:53	01:15:47
39	09:27:45	412	Mark	Richards	Male	44	H	Henley	Sprint - Male	00:09:57	00:02:11	00:43:17	00:01:05	00:19:20	01:15:50
40	09:01:00	305	Chris	Haywood	Male	29	E	Leamington Spa	Sprint - Male	00:08:08	00:01:50	00:44:08	00:00:47	00:20:57	01:15:50
41	08:31:00	186	Steven	Hale	Male	36	G	Titan Triathlon Club	Sprint - Male	00:05:47	00:01:33	00:41:43	00:00:52	00:25:56	01:15:51
42	09:05:15	322	David	Pook	Male	40	H	Southam	Sprint - Male	00:08:38	00:01:51	00:41:03	00:00:58	00:23:23	01:15:53

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	08:57:00	289	Neil	Blackman	Male	52	J	Stratford On Avon	Sprint - Male	00:07:03	00:02:13	00:44:13	00:01:23	00:21:06	01:15:58
44	08:46:00	246	Martin	Bedwin	Male	48	I	Stratford Upon Avon	Sprint - Male	00:07:34	00:01:56	00:41:59	00:00:47	00:24:15	01:16:31
45	09:12:45	352	KIRK	FINLINSON	Male	37	G	TRIATHLON REDD	Sprint - Male	00:09:03	00:01:45	00:40:35	00:00:58	00:24:16	01:16:37
46	08:46:45	249	Sam	Nicholson	Male	48	I	Stratford Upon Avon	Sprint - Male	00:07:17	00:02:25	00:43:14	00:01:19	00:22:32	01:16:47
47	09:08:00	333	Simon	Mumford	Male	48	I	Evesham Vale Tri Cl	Sprint - Male	00:08:18	00:01:55	00:40:46	00:01:00	00:24:49	01:16:48
48	08:28:15	830	Mike	Chanides	Male	46	I	Team Cherwell	Sprint - Male	00:07:58	00:01:21	00:41:13	00:00:57	00:25:19	01:16:48
49	09:06:00	325	Martin	Carter	Male	45	I	Evesham	Sprint - Male	00:08:48	00:02:05	00:42:17	00:01:32	00:22:12	01:16:54
50	08:35:00	202	Dean	Lewis	Male	42	H	Oxon	Sprint - Male	00:07:14	00:02:38	00:42:25	00:01:01	00:23:47	01:17:05
51	09:53:30	515	James	Syrotiuk	Male	30	F	Solihull	Sprint - Male	00:05:51	00:01:55	00:43:27	00:00:51	00:25:01	01:17:05
52	08:30:45	185	Adam	Phillips	Male	36	G	Titan Triathlon	Sprint - Male	00:06:17	00:01:21	00:45:13	00:00:56	00:23:28	01:17:15
53	09:52:15	510	roger	sext	male	54	J	penkridge	Sprint - Male	00:08:46	00:01:50	00:42:16	00:01:19	00:23:04	01:17:15
54	08:43:15	235	Ray	O'Grady	Male	66	M	Chester	Sprint - Male	00:07:45	00:00:00	00:44:18	00:00:49	00:25:03	01:17:55
55	09:09:30	339	Andrew	James	Male	38	G	Hampton in Arden	Sprint - Male	00:08:21	00:01:58	00:43:02	00:01:11	00:23:26	01:17:58
56	08:51:15	251	Chris	Holliday	Male	33	F	West Midlands	Sprint - Male	00:08:00	00:01:34	00:42:13	00:01:02	00:25:22	01:18:11
57	08:58:15	294	Anthony	Lees	Male	50	J	Cockermouth	Sprint - Male	00:07:50	00:01:25	00:45:48	00:00:58	00:22:20	01:18:21
58	09:48:00	493	Tom	Evans	Male	28	E	Malvern	Sprint - Male	00:07:43	00:02:08	00:43:13	00:01:23	00:24:07	01:18:34
59	09:20:00	381	Stephen	Robins	Male	53	J	Shipston on Stour	Sprint - Male	00:08:39	00:02:00	00:43:07	00:01:22	00:23:32	01:18:40
60	09:14:30	359	Alan	Mcsharry	Male	45	I	Leamington spa	Sprint - Male	00:08:26	00:01:47	00:44:18	00:01:13	00:23:13	01:18:57
61	08:32:45	193	Frederick	Twistt	Male	27	E	evesham	Sprint - Male	00:06:39	00:02:52	00:44:41	00:01:03	00:24:03	01:19:18
62	09:53:15	514	Johnathan	Furey	Male	16	A	KES	Sprint - Male	00:05:58	00:01:21	00:47:02	00:00:48	00:24:31	01:19:40
63	09:13:15	354	David	Turnbull	Male	32	F	Birmingham	Sprint - Male	00:09:30	00:02:02	00:44:46	00:01:14	00:22:10	01:19:42
64	09:04:00	317	Chris	Byrd	Male	51	J	Evesham	Sprint - Male	00:08:44	00:02:19	00:42:19	00:01:06	00:25:17	01:19:45
65	09:10:45	344	Dan	Ford	Male	37	G	Liverpool	Sprint - Male	00:09:41	00:02:00	00:44:17	00:01:04	00:22:53	01:19:55
66	08:49:45	260	Ricky	Davies	Male	43	H	Breathing Matters	Sprint - Male	00:07:54	00:02:10	00:43:14	00:01:17	00:25:23	01:19:58
67	09:20:15	382	Graham	Cookman	Male	50	J	Addlestone	Sprint - Male	00:10:10	00:02:02	00:43:21	00:01:05	00:23:21	01:19:59
68	08:56:45	288	Dylan	Morrey	Male	35	G	stoke on Trent	Sprint - Male	00:09:07	00:01:53	00:45:16	00:01:07	00:22:40	01:20:03
69	08:33:45	197	Simon	Finch	Male	54	J	TFN Nottingham	Sprint - Male	00:06:20	00:01:32	00:43:57	00:01:26	00:26:49	01:20:04
70	08:46:30	248	David	Swales	Male	47	I	Sutton-in-Ashfield	Sprint - Male	00:08:35	00:01:44	00:42:24	00:01:14	00:26:16	01:20:13
71	08:36:45	209	Graeme	Findlay	Male	44	H	Hockley Heath Tri	Sprint - Male	00:06:45	00:01:32	00:44:00	00:00:57	00:27:02	01:20:16
72	08:49:15	258	mark	Loosmore	Male	46	I	Kenilworth Runners	Sprint - Male	00:07:37	00:02:10	00:44:16	00:00:47	00:25:27	01:20:17
73	09:50:00	501	Graham	Lane	Male	61	L	Cheltenham	Sprint - Male	00:07:45	00:02:09	00:42:33	00:01:25	00:26:27	01:20:19
74	09:02:45	312	Marc	riley	Male	38	G	Accrington	Sprint - Male	00:08:21	00:02:22	00:43:32	00:01:08	00:24:59	01:20:22
75	09:01:15	306	William	Dolding	Male	17	B	Newport	Sprint - Male	00:08:01	00:02:08	00:46:21	00:01:01	00:22:53	01:20:24
76	08:57:45	292	Steve	Brown	Male	41	H	Walsall	Sprint - Male	00:09:34	00:04:00	00:53:25	00:01:10	00:12:16	01:20:25
77	09:11:30	347	Oliver	Wilkins	Male	34	F	Stratford Upon Avon	Sprint - Male	00:07:15	00:01:45	00:45:58	00:01:16	00:24:23	01:20:37
78	11:03:15	74	James	Cresswell	Male	40	H	#TEAMHELEN	Sprint - Male	00:10:12	00:02:13	00:41:08	00:01:31	00:25:39	01:20:43
79	09:06:15	326	Mark	Crossley	Male	47	I	Dr Mark Crossley	Sprint - Male	00:09:25	00:01:59	00:42:15	00:01:17	00:25:52	01:20:48
80	09:50:15	502	Paul	Corrie	Male	53	J	Oxford	Sprint - Male	00:07:25	00:02:00	00:47:21	00:00:46	00:23:16	01:20:48
81	09:11:45	348	Richard	Pepperell	Male	35	G	Stratford upon Avon	Sprint - Male	00:08:37	00:02:06	00:45:43	00:01:12	00:23:18	01:20:56
82	08:58:45	296	Adrian	Callender	Male	31	F	Coventry	Sprint - Male	00:08:41	00:02:11	00:45:18	00:01:24	00:23:25	01:20:59
83	09:22:30	391	Richard	Beale	Male	36	G	Marie Curie Cancer	Sprint - Male	00:08:04	00:03:06	00:47:38	00:01:29	00:20:45	01:21:02
84	09:47:00	489	Clive	Williams	Male	62	L	Stratford upon acon	Sprint - Male	00:06:37	00:01:49	00:45:54	00:00:54	00:26:01	01:21:15
85	09:47:30	491	Clive	Bullock	Male	60	L	northampton	Sprint - Male	00:08:31	00:01:47	00:43:58	00:00:49	00:26:11	01:21:16
86	08:55:45	284	Will	Cooke	Male	31	F	London	Sprint - Male	00:07:29	00:01:59	00:45:55	00:01:20	00:24:38	01:21:21

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	09:17:30	371	Stephen	wheeler	Male	50	J	swindon	Sprint - Male	00:08:18	00:02:18	00:44:36	00:01:26	00:24:44	01:21:22
88	09:07:45	332	Jez	Harben	Male	40	H	Old Farts	Sprint - Male	00:08:47	00:02:38	00:44:46	00:01:04	00:24:11	01:21:26
89	08:58:30	295	Phil	Catton	Male	60	L	Llangollen	Sprint - Male	00:08:41	00:01:37	00:43:48	00:01:07	00:26:18	01:21:31
90	08:43:30	236	David	Noyes	Male	42	H	Stratford upon Avon	Sprint - Male	00:06:47	00:01:48	00:47:03	00:01:47	00:24:07	01:21:32
91	08:34:45	201	John	Mitchell	Male	47	I	Cancer Research UK	Sprint - Male	00:07:16	00:02:35	00:42:46	00:01:42	00:27:15	01:21:34
92	09:46:15	486	Simon	Knight	Male	41	H	Banbury	Sprint - Male	00:07:51	00:01:30	00:46:16	00:00:55	00:25:03	01:21:35
93	08:33:15	195	Rob	Finch	Male			Team Finch	Sprint - Male	00:06:34	00:01:38	00:46:22	00:01:01	00:26:05	01:21:40
94	09:19:30	379	Robert	Leech	Male	25	E	Childer Thornton	Sprint - Male	00:07:59	00:03:33	00:42:54	00:01:08	00:26:15	01:21:49
95	08:47:00	250	Mark	Churton	Male	47	I	UPPER TEAN	Sprint - Male	00:07:33	00:01:47	00:46:04	00:01:09	00:25:20	01:21:53
96	09:25:15	402	Brian	Cavanagh	Male	39	G	Stratford upon avon	Sprint - Male	00:09:01	00:02:41	00:44:06	00:02:24	00:23:42	01:21:54
97	08:48:45	256	Warren	Higgins	Male	33	F	Birmingham	Sprint - Male	00:07:47	00:01:28	00:48:14	00:00:38	00:23:50	01:21:57
98	08:44:00	238	Daryl	Morgan	Male	46	I	Kenilworth	Sprint - Male	00:07:39	00:01:56	00:44:14	00:01:40	00:26:33	01:22:02
99	08:37:15	211	John	O'Callaghan	Male	38	G	Kenilworth	Sprint - Male	00:07:10	00:02:30	00:44:00	00:01:05	00:27:22	01:22:07
100	09:31:00	425	Julian	Melia	Male	38	G	Stratford-Upon-Avon	Sprint - Male	00:09:00	00:02:10	00:46:37	00:00:43	00:23:39	01:22:09
101	08:51:45	268	Darren	hadley	Male	37	G	Stratford Tri Club	Sprint - Male	00:08:01	00:03:12	00:45:54	00:01:18	00:23:59	01:22:24
102	09:52:45	512	PAUL	AHEARNE	Male	16	A	KES Stratford	Sprint - Male	00:07:42	00:02:33	00:49:18	00:00:59	00:21:58	01:22:30
103	08:43:00	234	Gareth	Sweeney	Male	44	H	BRAT	Sprint - Male	00:07:50	00:02:03	00:45:54	00:00:58	00:25:46	01:22:31
104	08:50:00	261	Keith	Griffiths	Male	49	I	Evesham	Sprint - Male	00:07:57	00:01:56	00:47:18	00:00:58	00:24:23	01:22:32
105	08:31:15	187	Stephen	Fryett	Male	46	I	Warwick	Sprint - Male	00:06:06	00:02:25	00:45:31	00:01:05	00:27:31	01:22:38
106	09:04:30	319	mark	endersby	Male	44	H	Kenilworth	Sprint - Male	00:08:37	00:02:04	00:46:05	00:01:19	00:24:34	01:22:39
107	09:46:30	487	Rab	Saunders	Male	46	I	Team Cherwell	Sprint - Male	00:09:07	00:01:20	00:47:49	00:00:57	00:23:35	01:22:48
108	09:03:00	313	neil	muller	Male	44	H	Claverdon	Sprint - Male	00:08:28	00:01:50	00:46:08	00:00:51	00:25:34	01:22:51
109	09:51:30	507	Richard	Kendrick	Male	40	H	Walsall	Sprint - Male	00:06:37	00:03:06	00:49:29	00:01:02	00:22:50	01:23:04
110	08:30:15	183	paul	whitehead	Male	50	J	Accrington	Sprint - Male	00:05:53	00:03:09	00:46:21	00:01:37	00:26:08	01:23:08
111	09:37:15	450	Steve	Meeson	Male	50	J	Sutton Coldfield	Sprint - Male	00:09:09	00:02:32	00:43:09	00:01:22	00:27:03	01:23:15
112	09:43:15	460	Rafal	Wierzchowski	Male	31	F	Cancer Research UK	Sprint - Male	00:14:23	00:03:05	00:40:27	00:01:19	00:24:04	01:23:18
113	09:05:00	321	David	Dunn	Male	53	J	Shrewley	Sprint - Male	00:08:36	00:01:51	00:48:11	00:01:01	00:23:41	01:23:20
114	10:47:45	12	Paul	Mackenzie	Male	36	G	#TEAMHELEN	Sprint - Male	00:08:36	00:01:28	00:47:49	00:00:52	00:24:44	01:23:29
115	10:57:45	52	Mark	Smith	Male	42	H	#TEAMHELEN	Sprint - Male	00:11:05	00:00:00				01:23:35
116	08:56:30	287	Patrick	Power	Male	44	H	Oldbury	Sprint - Male	00:09:13	00:02:53	00:46:25	00:01:45	00:23:24	01:23:40
117	09:33:45	436	Ross	Veale	Male	36	G	Redditch	Sprint - Male	00:09:42	00:02:40	00:45:28	00:01:28	00:24:29	01:23:47
118	08:47:45	253	Gwill	Crockford	Male	50	J	Worcestershire	Sprint - Male	00:08:03	00:02:27	00:44:44	00:01:24	00:27:12	01:23:50
119	10:49:30	19	Anthony	York	Male	39	G	#TEAMHELEN	Sprint - Male	00:08:37	00:01:55	00:46:16	00:01:18	00:25:46	01:23:52
120	10:46:00	5	Peter	English	Male	46	I	#TEAMHELEN	Sprint - Male	00:07:06	00:02:43	00:48:31	00:00:00	00:25:47	01:24:07
121	10:50:00	21	Paul	Griffiths	Male	45	I	#TEAMHELEN	Sprint - Male	00:08:49	00:02:10	00:45:57	00:01:19	00:25:58	01:24:13
122	09:04:15	318	Geoffrey	Heron	Male	53	J	Geoffrey Heron	Sprint - Male	00:08:43	00:03:04	00:48:19	00:01:13	00:22:54	01:24:13
123	09:02:30	311	Anthony	Jones	Male	43	H	Worcester	Sprint - Male	00:08:47	00:02:50	00:48:15	00:01:29	00:23:02	01:24:23
124	10:59:15	314	luke	fletcher	Male	38	G	Marie Curie Cancer	Sprint - Male	00:10:13	00:02:47	00:48:22	00:00:00	00:23:08	01:24:30
125	08:38:30	216	Tim	Worthington	male	37	G	Oakham	Sprint - Male	00:09:01	00:02:36	00:46:42	00:01:12	00:25:05	01:24:36
126	09:01:30	307	Jonathan	Menon	Male	30	F	Kenilworth	Sprint - Male	00:08:17	00:02:01	00:48:08	00:01:01	00:25:10	01:24:37
127	09:19:45	380	Arthur	Daintree	Male	24	C	Leamington Spa	Sprint - Male	00:09:03	00:02:18	00:44:44	00:01:28	00:27:04	01:24:37
128	09:39:15	458	Sean	Noone	Male	37	G	Coventry	Sprint - Male	00:09:41	00:02:15	00:47:53	00:01:06	00:23:49	01:24:44
129	09:05:45	324	Peter	Nicholl	Male	39	G	Function Therapy	Sprint - Male	00:06:41	00:18:32	00:37:44	00:01:11	00:20:40	01:24:48
130	09:22:15	377	Todd	Carpenter	Male	48	I	bristol	Sprint - Male	00:08:20	00:02:23	00:46:34	00:01:24	00:26:09	01:24:50

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	09:24:00	397	Rob	Houlston	Male	36	G	Solihull	Sprint - Male	00:08:11	00:03:31	00:49:30	00:00:44	00:22:58	01:24:54
132	08:57:15	290	NEIL	STANNARD	Male	39	G	STRATFORD UPON	Sprint - Male	00:10:39	00:03:10	00:45:58	00:01:12	00:23:56	01:24:55
133	09:16:45	368	Daniel	Whittington	Male	41	H	Leamington C &	Sprint - Male	00:10:00	00:01:47	00:45:20	00:01:10	00:26:40	01:24:57
134	08:59:00	297	Jeremy	Ladbury	Male	52	J	Newton Aycliffe	Sprint - Male	00:07:51	00:03:31	00:46:56	00:01:28	00:25:14	01:25:00
135	09:51:45	508	Richard	Price	Male	41	H	Oxon	Sprint - Male	00:07:54	00:02:55	00:47:25	00:01:34	00:25:12	01:25:00
136	09:02:00	309	Ian	Glass	Male	53	J	Bromsgrove	Sprint - Male	00:09:31	00:01:59	00:45:15	00:01:02	00:27:16	01:25:03
137	08:54:45	280	Paul	Roberts	Male	37	G	Kenilworth	Sprint - Male	00:07:59	00:03:29	00:46:51	00:01:49	00:24:57	01:25:05
138	10:46:30	7	Kevin	Lawrence	Male	47	I	#TEAMHELEN	Sprint - Male	00:08:01	00:02:01	00:48:44	00:00:47	00:25:39	01:25:12
139	08:53:00	273	Nicholas	Sherwood	Male	51	J	5 Finger Racing	Sprint - Male	00:09:47	00:02:38	00:46:33	00:01:00	00:25:20	01:25:18
140	09:08:30	335	michael	timmington	Male	42	H	BRIDGNORTH	Sprint - Male	00:08:23	00:03:09	00:48:15	00:01:01	00:24:33	01:25:21
141	10:47:30	11	Mark	Hull	Male	42	H	#TEAMHELEN	Sprint - Male	00:07:51	00:01:53	00:47:32	00:00:50	00:27:25	01:25:31
142	09:21:45	388	Marcus	White	Male	39	G	Kettering	Sprint - Male	00:08:31	00:02:33	00:46:58	00:01:34	00:26:07	01:25:43
143	09:17:15	370	Clive	Parpworth	Male	26	E	Spa Striders	Sprint - Male	00:08:25	00:01:58	00:51:37	00:00:56	00:22:48	01:25:44
144	09:16:30	367	Martin	Price	Male	35	G	Kenilworth	Sprint - Male	00:10:02	00:04:13	00:48:29	00:01:23	00:21:38	01:25:45
145	10:52:45	32	WAYNE	SMITH	Male	44	H	#TEAMHELEN	Sprint - Male	00:10:10	00:01:37	00:47:24	00:01:12	00:25:25	01:25:48
146	09:30:00	421	arnie	spilman	Male	65	M	daventry	Sprint - Male	00:09:41	00:02:26	00:46:06	00:01:40	00:26:00	01:25:53
147	08:49:30	259	Nigel	Cresswell	Male	38	G	Warwickshire	Sprint - Male	00:07:00	00:02:46	00:47:01	00:01:28	00:27:47	01:26:02
148	09:36:45	448	William	Noble	Male	24	C	Lindfield	Sprint - Male	00:08:01	00:03:09	00:46:58	00:00:52	00:27:07	01:26:07
149	09:18:30	375	Clarke	Antony	Male	48	I	Pershore	Sprint - Male	00:10:24	00:02:55	00:46:01	00:01:30	00:25:20	01:26:10
150	09:10:00	341	William	Butcher	Male	41	H	Kenilworth	Sprint - Male	00:09:08	00:02:43	00:47:13	00:02:25	00:24:41	01:26:10
151	09:45:45	484	Robert	McNeil	Male	24	C	Buxton	Sprint - Male	00:10:59	00:02:23	00:47:05	00:01:06	00:24:38	01:26:11
152	09:26:30	407	David	Shepherd	Male	44	H	Bidford on Avon	Sprint - Male	00:09:56	00:02:13	00:43:03	00:01:50	00:29:10	01:26:12
153	08:45:45	245	Rob	Ratray	Male	39	G	Nuneaton	Sprint - Male	00:07:12	00:04:02	00:47:45	00:01:15	00:26:00	01:26:14
154	09:01:45	308	Francisco	Gomes	Male	51	J	Leamington Spa	Sprint - Male	00:09:55	00:04:06	00:47:08	00:01:04	00:24:04	01:26:17
155	09:02:15	310	Tim	Andrews	Male	54	J	Charwelton	Sprint - Male	00:08:24	00:02:22	00:46:32	00:01:08	00:27:53	01:26:19
156	10:57:30	51	Jonathan	Davies	Male	46	I	#TEAMHELEN	Sprint - Male	00:09:37	00:03:06	00:48:48	00:00:00	00:24:53	01:26:24
157	08:43:45	237	KEVIN	MCFALL	Male	51	J	wellesbourne	Sprint - Male	00:07:29	00:02:23	00:49:56	00:01:26	00:25:22	01:26:36
158	09:20:45	384	Stewart	Hingeley	Male	38	G	Birmingham	Sprint - Male	00:09:55	00:02:04	00:42:32	00:01:16	00:31:08	01:26:55
159	09:28:15	414	Jeremy	Grimshaw	Male	52	J	Banbury	Sprint - Male	00:09:30	00:01:56	00:45:16	00:01:37	00:28:48	01:27:07
160	09:32:45	432	Daniel	Allen	Male	42	H	Solihull	Sprint - Male	00:10:35	00:04:32	00:46:15	00:01:15	00:24:33	01:27:10
161	08:59:45	300	Jon	Senior	Male	50	J		Sprint - Male	00:09:53	00:04:27	00:44:33	00:02:09	00:26:09	01:27:11
162	08:41:15	227	Nick	Green	Male	40	H	Evesham	Sprint - Male	00:09:13	00:04:19	00:45:21	00:01:25	00:26:54	01:27:12
163	08:36:00	206	Martin	Walters	Male	36	G		Sprint - Male	00:06:21	00:02:44	00:48:53	00:01:28	00:27:51	01:27:17
164	08:50:30	263	Craig	Brown	Male	31	F	Rugby	Sprint - Male	00:08:58	00:03:16	00:46:07	00:01:33	00:27:24	01:27:18
165	09:09:15	338	Neil	Eardley	male	51	J	Gillow Heath	Sprint - Male	00:09:34	00:02:09	00:47:00	00:01:06	00:27:37	01:27:26
166	09:27:30	411	Terry	Bridgwater	Male	53	J	Tanworth in Arden	Sprint - Male	00:11:05	00:03:04	00:47:12	00:01:32	00:24:36	01:27:29
167	10:51:30	27	John	Webster	Male	31	F	#TEAMHELEN	Sprint - Male	00:09:01	00:02:48	00:49:10	00:00:59	00:25:34	01:27:32
168	11:02:00	69	Dave	Downing	Male	44	H	#TEAMHELEN	Sprint - Male	00:07:56	00:02:33	00:51:43	00:00:00	00:25:24	01:27:36
169	09:38:45	456	Geoff	Armstrong	Male	67	M	Llandudno	Sprint - Male	00:10:40	00:03:09	00:44:39	00:01:39	00:27:30	01:27:37
170	09:03:45	316	Michael	Corlett	Male	57	K	Droitwich	Sprint - Male	00:08:36	00:02:53	00:44:15	00:04:36	00:27:18	01:27:38
171	09:24:45	400	christian	ibbs	Male	46	I	southam	Sprint - Male	00:09:27	00:02:31	00:45:47	00:01:35	00:28:25	01:27:45
172	08:50:15	262	James	Hodges	Male	39	G	Leamington SPa	Sprint - Male	00:07:28	00:02:17	00:50:31	00:01:07	00:26:24	01:27:47
173	08:48:30	255	Richard	Brindley	Male	38	G	stoke on trent	Sprint - Male	00:07:41	00:02:58	00:50:46	00:01:07	00:25:18	01:27:50
174	09:09:00	337	Stu	Richards	Male	37	G	Cannock	Sprint - Male	00:09:04	00:02:50	00:50:09	00:01:41	00:24:08	01:27:52

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
175	09:26:15	406	Mark	Rolph	Male	45	I	Worcestershire	Sprint - Male	00:08:48	00:02:28	00:46:26	00:01:45	00:28:36	01:28:03
176	09:35:00	441	Mark	Stansfield	Male	33	F	NUNEATON	Sprint - Male	00:10:05	00:02:28	00:51:30	00:01:19	00:22:49	01:28:11
177	08:34:15	199	Stuart	Reid	Male	27	E	gettin my Trifle on!	Sprint - Male	00:06:12	00:01:57	00:50:21	00:00:57	00:28:55	01:28:22
178	09:32:30	431	david	finlay	Male	54	J	Kenilworth	Sprint - Male	00:08:13	00:02:54	00:49:09	00:01:31	00:26:51	01:28:38
179	08:56:00	285	Steve	Currid	Male	50	J	Mirfield	Sprint - Male	00:07:20	00:01:37	00:48:42	00:01:08	00:29:52	01:28:39
180	09:27:00	813	Nigel	Girling	Male	56	K	ProServ Endurance	Sprint - Male	00:11:14	00:03:20	00:46:24	00:02:11	00:25:32	01:28:41
181	09:29:30	419	James	Pearson	Male	37	G	Cycling For Harry	Sprint - Male	00:10:50	00:02:36	00:41:59	00:01:13	00:32:10	01:28:48
182	08:49:00	257	Martyn	Whitlock	Male	30	F	Birmingham	Sprint - Male	00:08:30	00:02:01	00:50:26	00:01:14	00:26:43	01:28:54
183	10:48:30	15	Dave	Murray	Male	50	J	#TEAMHELEN	Sprint - Male	00:08:34	00:02:29	00:47:44	00:01:45	00:28:23	01:28:55
184	09:07:15	330	Rob	Moor	Male	52	J	NSPCC	Sprint - Male	00:09:11	00:02:07	00:47:08	00:01:18	00:29:13	01:28:57
185	09:14:00	357	Charlie	Fish	Male	18	B	London	Sprint - Male	00:08:51	00:04:56	00:50:13	00:01:14	00:23:50	01:29:04
186	09:36:30	447	Alex	Sapple	Male	27	E	Chester	Sprint - Male	00:12:31	00:03:34	00:46:49	00:01:19	00:24:59	01:29:12
187	09:29:15	418	Mark	Sainsbury	Male	50	J	Wilmcote Stratford-	Sprint - Male	00:09:25	00:01:54	00:48:45	00:01:21	00:27:50	01:29:15
188	10:49:15	16	ALEX	CROOK	Male	46	I	#TEAMHELEN	Sprint - Male	00:08:33	00:03:29	00:48:51	00:02:21	00:26:09	01:29:23
189	08:42:45	233	Mark	Green	Male	49	I	Lichfield	Sprint - Male	00:07:25	00:01:53	00:46:31	00:01:31	00:32:04	01:29:24
190	08:57:30	291	Mark	Turner	Male	26	E	Stratford-upon-Avon	Sprint - Male	00:08:39	00:02:38	00:51:16	00:01:21	00:25:43	01:29:37
191	09:00:00	301	kurt	winship	Male	38	G		Sprint - Male	00:08:15	00:01:46	00:48:30	00:01:00	00:30:06	01:29:37
192	09:52:00	509	CONOR	MCGOLDRICK	Male	17	B	KES Strafod	Sprint - Male	00:07:17	00:02:08	00:52:07	00:00:55	00:27:21	01:29:48
193	09:22:45	392	Saleem	Clegg	Male	44	H	Nuneaton	Sprint - Male	00:10:12	00:02:33	00:50:34	00:01:02	00:25:30	01:29:51
194	08:37:45	213	Matt	Taylor	Male	43	H	Warwick	Sprint - Male	00:07:24	00:02:00	00:51:39	00:01:30	00:27:24	01:29:57
195	09:30:15	422	Andy	Smith	Male	38	G	Bidford-on-Avon	Sprint - Male	00:09:01	00:03:38	00:49:37	00:02:40	00:25:10	01:30:06
196	10:54:30	39	Russ	Tatton	Male	43	H	#TEAMHELEN	Sprint - Male	00:10:22	00:03:11	01:00:12	00:00:00	00:16:34	01:30:19
197	08:38:45	217	Shane	Meaker	Male	58	K	Alcester	Sprint - Male	00:07:23	00:02:50	00:49:08	00:01:06	00:30:02	01:30:29
198	10:46:15	6	Richard	Broomhall	Male	33	F	#TEAMHELEN	Sprint - Male	00:08:41	00:04:38	00:50:39	00:00:57	00:25:38	01:30:33
199	09:18:45	376	Richard	Shirley	Male	31	F	Manchester	Sprint - Male	00:09:43	00:00:00	00:51:04	00:02:16	00:27:32	01:30:35
200	08:54:15	278	David	Lee	Male	24	C	Farnborough	Sprint - Male	00:08:22	00:01:53	00:54:04	00:00:38	00:25:41	01:30:38
201	09:40:30	463	kevin	zwolinski	Male	61	L	Banbury	Sprint - Male	00:10:10	00:04:37	00:48:03	00:02:10	00:25:38	01:30:38
202	09:46:00	485	Graham	Shirley	Male	58	K	Coventry	Sprint - Male	00:10:31	00:00:00	00:49:43	00:01:28	00:28:57	01:30:39
203	09:20:30	383	Clive	Clinton	Male	53	J	birmingham	Sprint - Male	00:09:52	00:02:42	00:48:52	00:01:17	00:28:06	01:30:49
204	10:45:15	2	Tim	Farmer	Male	44	H	#TEAMHELEN	Sprint - Male	00:06:25	00:02:10	00:48:44	00:01:24	00:32:07	01:30:50
205	09:29:45	420	kieran	conaty	Male	46	I	Marlbrook Bromsgr	Sprint - Male	00:08:34	00:02:13	00:47:42	00:01:28	00:30:56	01:30:53
206	10:50:15	22	Rob	Evanson	Male	37	G	#TEAMHELEN	Sprint - Male	00:09:34	00:02:15	00:52:17			01:30:58
207	09:42:30	471	mike	parker	Male	47	I	kidderminster	Sprint - Male	00:11:03	00:04:05	00:48:36	00:01:29	00:25:59	01:31:12
208	09:48:15	494	Mark	Williams	Male	53	J	Launton	Sprint - Male	00:11:09	00:02:30	00:50:11	00:01:00	00:26:24	01:31:14
209	08:54:00	277	Rich	Alden	Male	41	H	Chippy	Sprint - Male	00:08:10	00:02:37	00:52:05	00:00:53	00:27:35	01:31:20
210	09:11:15	346	Michael	Styler	Male	42	H	Redditch	Sprint - Male	00:08:05	00:03:25	00:52:26	00:01:50	00:25:40	01:31:26
211	09:29:00	417	David	Leeson	Male	51	J	Bidford	Sprint - Male	00:11:15	00:02:44	00:50:04	00:01:00	00:26:31	01:31:34
212	10:47:15	10	Kevin	Hudson	Male	51	J	#TEAMHELEN	Sprint - Male	00:08:01	00:03:38	00:48:28	00:01:45	00:29:58	01:31:50
213	09:38:15	454	Vladimir	Morozov	Male	32	F	Birmingham	Sprint - Male	00:10:34	00:04:25	00:47:18	00:01:32	00:28:01	01:31:50
214	11:01:45	68	Colin	Hallum	Male	52	J	#TEAMHELEN	Sprint - Male	00:13:44	00:04:35	00:59:14	00:01:12	00:13:11	01:31:56
215	09:24:30	356	patrick	twist	male	63	L		Sprint - Male	00:09:28	00:01:04	00:47:08	00:02:45	00:31:34	01:31:59
216	10:49:00	17	nigel	brennan	Male	49	I	#TEAMHELEN	Sprint - Male	00:09:04	00:02:23	00:56:26	00:01:39	00:22:34	01:32:06
217	09:48:30	495	Philip	Kidd	Male	63	L	Kettering	Sprint - Male	00:11:47	00:02:49	00:48:50	00:01:32	00:27:13	01:32:11
218	10:59:30	59	Mark	Brindley	Male	116		#TEAMHELEN	Sprint - Male	00:10:01	00:03:15	00:51:36	00:00:00	00:27:23	01:32:15

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
219	10:50:45	24	Mick	Gardner	Male	41	H	#TEAMHELEN	Sprint - Male	00:10:22	00:03:24	00:48:40	00:02:06	00:27:51	01:32:23
220	10:55:45	44	Paul	Edwards	Male	46	I	#TEAMHELEN	Sprint - Male	00:10:11	00:02:29	00:53:03	00:00:00	00:26:45	01:32:28
221	08:44:15	329	Brian	Weetman	Male	52	J	Stratfrod Triathlon	Sprint - Male	00:15:21	00:01:22	00:46:08	00:00:51	00:28:47	01:32:29
222	08:35:45	205	Paul	Crowe	Male	41	H	Kenilworth	Sprint - Male	00:07:13	00:03:49	00:50:22	00:01:30	00:29:35	01:32:29
223	08:59:30	299	Robert	Scotland	Male	43	H	Leamington Spa	Sprint - Male	00:08:14	00:02:16	00:51:02	00:01:46	00:29:13	01:32:31
224	09:23:00	393	Stuart	Whittaker	Male	45	I	Oxhill	Sprint - Male	00:09:49	00:03:31	00:45:50	00:02:46	00:30:52	01:32:48
225	09:18:00	373	Robert	Boland	Male	30	F	Nuneaton	Sprint - Male	00:10:36	00:03:50	00:52:20	00:01:15	00:24:50	01:32:51
226	09:21:30	387	Rod	Jones	Male	56	K	Kenilworth	Sprint - Male	00:08:12	00:03:55	00:49:03	00:02:35	00:29:30	01:33:15
227	09:16:15	366	Simon	Rolls	Male	49	I	Farnborough	Sprint - Male	00:08:47	00:02:36	00:49:26	00:01:55	00:30:39	01:33:23
228	11:23:00	153	Chris	Miller	Male	116		#TEAMHELEN	Sprint - Male	00:08:57	00:03:29	00:49:55	00:00:55	00:30:08	01:33:24
229	09:12:00	349	Steven	Wadley	Male	36	G	Stratford-upon-Avon	Sprint - Male	00:09:33	00:02:16	00:49:34	00:01:14	00:30:50	01:33:27
230	09:16:00	365	Oliver	Rolls	Male	21	C	Farnborough	Sprint - Male	00:08:05	00:03:35	00:49:21	00:01:58	00:30:38	01:33:37
231	09:18:15	374	Michael	Sofroniou	Male	58	K	Stratford on Avon	Sprint - Male	00:09:27	00:03:22	00:50:43	00:01:21	00:28:45	01:33:38
232	09:34:15	438	Paul	Allsop	Male	41	H	Blidworth	Sprint - Male	00:09:34	00:02:58	00:54:20	00:01:01	00:26:14	01:34:07
233	09:21:00	385	Marc	Hardiman	Male	33	F	Bristol	Sprint - Male	00:10:31	00:02:54	00:51:27	00:02:07	00:27:10	01:34:09
234	09:00:30	303	John	Clayton-wright	Male	53	J	Tanworth in Arden	Sprint - Male	00:09:29	00:05:07	00:47:24	00:01:42	00:30:42	01:34:24
235	09:33:30	435	Lee	Fairhurst	Male	34	F	Redditch	Sprint - Male	00:09:42	00:02:41	00:51:01	00:01:20	00:29:58	01:34:42
236	10:46:45	8	Jack	Sharp	Male	24	C	#TEAMHELEN	Sprint - Male	00:07:40	00:03:12	00:53:56	00:01:22	00:28:36	01:34:46
237	10:57:15	50	Thomas	Watson	Male	24	C	#TEAMHELEN	Sprint - Male	00:10:35	00:03:11	00:55:14	00:00:00	00:25:53	01:34:53
238	09:28:00	413	Alan	Smith	Male	44	H	Henley	Sprint - Male	00:09:55	00:03:46	00:53:05	00:01:08	00:27:05	01:34:59
239	10:47:00	9	Eban	Watton	Male	35	G	#TEAMHELEN	Sprint - Male	00:09:53	00:01:20	00:50:27	00:01:40	00:31:42	01:35:02
240	09:25:00	401	Simon	Bradwell	Male	48	I	Stratford Upon Avon	Sprint - Male	00:10:23	00:02:27	00:52:50	00:01:32	00:27:51	01:35:03
241	10:53:45	36	David	Worrall	Male	48	I	#TEAMHELEN	Sprint - Male	00:11:40	00:03:42	00:51:12	00:00:00	00:28:31	01:35:05
242	11:00:00	61	Nathan	Marusamy	Male	43	H	#TEAMHELEN	Sprint - Male	00:07:57	00:04:20	00:57:20	00:00:00	00:25:44	01:35:21
243	09:15:45	364	Chris	Rodger	Male	41	H	Birmingham	Sprint - Male	00:09:11	00:02:32	00:48:49	00:02:27	00:32:26	01:35:25
244	09:31:15	426	Gary	Beddard	Male	43	H	Knutsfield Nutters	Sprint - Male	00:10:26	00:04:22	00:49:37	00:03:04	00:27:58	01:35:27
245	08:42:30	232	Lloyd	Talbot	Male	53	J	Wenesbury	Sprint - Male	00:08:37	00:02:43	00:51:56	00:00:49	00:31:39	01:35:44
246	10:59:15	58	BEN	KAYE	Male	39	G	#TEAMHELEN	Sprint - Male	00:10:34	00:06:35	00:46:43	00:00:00	00:32:00	01:35:52
247	08:25:20	182	David	Falkingham	Male	45	I		Sprint - Male	00:11:47	00:01:29	00:52:20	00:01:05	00:29:12	01:35:53
248	08:53:15	274	Stuart	Gallyot	Male	44	H	Aynho	Sprint - Male	00:09:39	00:02:57	00:50:42	00:01:07	00:31:39	01:36:04
249	09:15:15	362	Nick	Dargan	Male	54	J	Claverdon	Sprint - Male	00:09:22	00:02:40	00:52:41	00:01:29	00:30:01	01:36:13
250	09:36:00	445	John	Kelly	Male	46	I	Birmingham	Sprint - Male	00:18:20	00:03:23	00:49:13	00:02:00	00:23:38	01:36:34
251	10:54:15	38	Andrew	Ford	Male	41	H	#TEAMHELEN	Sprint - Male	00:10:25	00:03:00	01:00:33	00:00:00	02:23:44	01:36:36
252	09:41:00	465	james	GRIFFITHS	Male	50	J	EVESHAM	Sprint - Male	00:10:30	00:04:15	00:50:30	00:01:55	00:29:29	01:36:39
253	10:54:00	37	David	bowler	Male	28	E	#TEAMHELEN	Sprint - Male	00:09:39	00:05:08	00:51:38	00:01:22	00:31:42	01:36:45
254	10:55:00	41	David	Guy	Male	40	H	#TEAMHELEN	Sprint - Male	00:10:14	00:03:34	00:53:50	00:00:00	00:29:10	01:36:48
255	09:35:30	443	Darren	Tosh	Male	33	F	Warwick	Sprint - Male	00:11:22	00:03:09	00:58:51	00:01:04	00:22:29	01:36:55
256	09:22:00	389	Tom	Willett	Male	29	E	Leamington Spa	Sprint - Male	00:10:40	00:02:26	00:54:05	00:01:29	00:28:29	01:37:09
257	09:17:00	369	David	Watson	Male	46	I	Malvern	Sprint - Male	00:13:07	00:03:07	00:50:36	00:00:00	00:30:24	01:37:14
258	10:45:00	1	Andrew	Pote	Male	50	J	#TEAMHELEN	Sprint - Male	00:10:04	00:02:18	00:49:33	00:02:10	00:33:14	01:37:19
259	10:45:30	3	Spencer	Price	Male	39	G	#TEAMHELEN	Sprint - Male	00:09:23	00:03:38	00:50:55	00:01:45	00:31:40	01:37:21
260	09:27:15	410	shahin	bozdoganli	Male	42	H	bromsgrove	Sprint - Male	00:09:21	00:03:29	00:50:47	00:00:58	00:32:47	01:37:22
261	09:19:15	378	Joseph	Taylor	Male	31	F	Manchester	Sprint - Male	00:10:55	00:00:00	00:57:01	00:01:01	00:28:26	01:37:23
262	10:53:15	34	David	Brown	Male	64	L	#TEAMHELEN	Sprint - Male	00:09:14	00:03:06	00:55:53	00:00:00	00:29:17	01:37:30

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
263	11:27:45	172	Daniel	Bates	Male	40	H	#TEAMHELEN	Sprint - Male	00:10:28	00:03:32	00:54:27	00:00:48	00:28:17	01:37:32
264	09:26:00	405	Mike	Willers	Male	43	H	Warwick	Sprint - Male	00:10:00	00:03:31	00:49:56	00:03:04	00:31:16	01:37:47
265	11:04:00	77	Chris	Gilliver	Male	42	H	#TEAMHELEN	Sprint - Male	00:10:57	00:03:13	00:56:38	00:00:00	00:27:07	01:37:55
266	09:23:15	394	Paul	Atkinson	Male	53	J	Penrith	Sprint - Male	00:10:08	00:03:51	00:50:24	00:02:26	00:31:10	01:37:59
267	10:55:15	42	Stuart	Watkins	Male	43	H	#TEAMHELEN	Sprint - Male	00:11:46	00:03:08	00:58:39	00:00:00	00:24:29	01:38:02
268	09:37:45	452	Marcus	King	Male	28	E	Worcester	Sprint - Male	00:08:30	00:05:24	00:58:09	00:01:53	00:24:06	01:38:02
269	09:10:15	334	Will	Organ	Male	58	K	Banbury	Sprint - Male	00:10:26	00:03:42	00:50:17	00:02:04	00:31:33	01:38:02
270	10:52:30	31	Andy	Seward	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:21	00:00:00	00:59:13	00:00:00	00:28:36	01:38:10
271	10:54:45	40	Mark	Whiston	Male	44	H	#TEAMHELEN	Sprint - Male	00:10:00	00:02:21	00:54:24	00:00:00	00:31:33	01:38:18
272	09:41:30	467	David	Baylis	Male	55	K	Royal Mail stourport	Sprint - Male	00:13:24	00:03:20	00:49:55	00:01:33	00:30:19	01:38:31
273	09:39:30	459	Gareth	Hulin	Male	36	G	Eastbourne	Sprint - Male	00:09:21	00:03:11	00:52:43	00:01:16	00:32:09	01:38:40
274	09:07:30	331	Andrew	Cooper	Male	39	G	Old Farts	Sprint - Male	00:09:04	00:02:24	00:53:11	00:01:14	00:32:51	01:38:44
275	09:42:45	472	Garry	Kingsnorth	Male	29	E	Banbury	Sprint - Male	00:07:50	00:04:30	00:52:51	00:03:44	00:29:58	01:38:53
276	08:54:30	279	Calum	Finlay	Male	25	E	Kenilworth	Sprint - Male	00:08:03	00:04:29	00:59:51	00:01:04	00:25:42	01:39:09
277	11:01:30	67	Chris	Blakemore	Male	44	H	#TEAMHELEN	Sprint - Male	00:13:24	00:01:53	00:57:25	00:01:24	00:25:15	01:39:21
278	09:24:15	398	James	Hutton	Male	34	F	Solihull	Sprint - Male	00:09:18	00:04:13	00:57:14	00:01:27	00:27:29	01:39:41
279	09:12:15	350	Stephen	Amsden	Male	44	H	Sutton Coldfield	Sprint - Male	00:08:39	00:03:13	01:03:32	00:01:06	00:23:12	01:39:42
280	09:43:00	473	Colin	Stanford	Male	55	K	Worcester	Sprint - Male	00:13:07	00:03:26	00:50:25	00:02:23	00:30:41	01:40:02
281	09:14:15	358	Nick	Ford	Male	44	H	Sutton Coldfield	Sprint - Male	00:09:06	00:03:25	00:57:45	00:00:00	00:29:56	01:40:12
282	10:52:00	29	David	Wild	Male	49	I	#TEAMHELEN	Sprint - Male	00:11:11	00:02:33	00:50:28	00:01:25	00:34:42	01:40:19
283	08:59:15	298	Ray	howes	Male	53	J	welwyn garden city	Sprint - Male	00:08:45	00:03:00	00:52:03	00:01:07	00:35:27	01:40:22
284	10:51:15	26	Phil	Grafton	Male	116		#TEAMHELEN	Sprint - Male	00:10:52	00:02:41	01:00:23	00:00:00	00:26:28	01:40:24
285	11:04:00	76	Lloyd	Mardenborough	Male	52	J	#TEAMHELEN	Sprint - Male	00:18:59	00:04:19	00:51:35	00:01:35	00:24:03	01:40:31
286	09:33:15	434	John	Evans	Male	35	G	Redditch	Sprint - Male	00:14:12	00:03:19	00:54:03	00:01:38	00:27:23	01:40:35
287	10:56:45	48	richard	westwood	Male	28	E	#TEAMHELEN	Sprint - Male	00:11:53	00:04:29	00:56:30	00:00:00	00:27:53	01:40:45
288	10:56:15	46	JOHN	CHRISTOFFER	Male	53	J	#TEAMHELEN	Sprint - Male	00:10:41	00:03:02	00:52:28	00:00:00	00:34:36	01:40:47
289	08:53:30	275	Dave	Roddy	Male	47	I	Birmingham	Sprint - Male	00:08:30	00:02:45	00:52:03	00:02:05	00:35:26	01:40:49
290	11:00:30	63	Mike	Lax	Male	41	H	#TEAMHELEN	Sprint - Male	00:10:56	00:04:11	00:55:19	00:01:38	00:29:00	01:41:04
291	09:49:00	497	Shyam	Mavani	Male	30	F	Cambridgeshire	Sprint - Male	00:09:17	00:03:49	00:57:03	00:01:35	00:29:22	01:41:06
292	10:55:30	43	Robert	Gorick	Male	42	H	#TEAMHELEN	Sprint - Male	00:11:16	00:04:41	00:54:02	00:00:00	00:31:51	01:41:50
293	09:21:15	386	Mark	Willers	Male	36	G	Grantham	Sprint - Male	00:08:41	00:09:33	00:50:02	00:03:00	00:31:13	01:42:29
294	10:58:45	56	Sam	Hilton	Male	37	G	#TEAMHELEN	Sprint - Male	00:12:05	00:03:50	00:59:47	00:00:00	00:26:54	01:42:36
295	09:17:45	372	Kevin	Gibson	Male	51	J		Sprint - Male	00:10:39	00:03:16	00:54:50	00:02:04	00:31:50	01:42:39
296	09:30:30	423	Stuart	Sutherland	Male	50	J	Birmingham	Sprint - Male	00:09:55	00:03:13	01:03:12	00:01:50	00:25:41	01:43:51
297	10:48:15	14	Pete	Smith	Male	38	G	#TEAMHELEN	Sprint - Male	00:09:12	00:03:30	01:04:10	00:00:00	00:27:05	01:43:57
298	09:48:45	496	Ian	Sturdgess	Male	54	J	Wellingborough	Sprint - Male	00:11:09	00:03:13	00:57:07	00:01:05	00:31:40	01:44:14
299	09:34:00	437	Jasper	Brown	Male	63	L	Nuffield Nutters	Sprint - Male	00:10:54	00:03:44	00:54:04	00:02:12	00:33:22	01:44:16
300	10:51:00	25	Denis	Lenihan	Male	116		#TEAMHELEN	Sprint - Male	00:10:26	00:03:21	00:54:12	00:00:00	00:36:45	01:44:44
301	09:46:45	488	PAUL	EVANS	Male	57	K	ST.NEOTS CAMBR	Sprint - Male	00:12:07	00:03:48	00:54:37	00:01:11	00:33:28	01:45:11
302	11:25:30	163	Simon	Kennedy	Male	44	H	#TEAMHELEN	Sprint - Male	00:11:40	00:04:02	00:55:46	00:02:37	00:31:06	01:45:11
303	11:04:45	80	Scott	Smith	Male	44	H	#TEAMHELEN	Sprint - Male	00:16:06	00:03:31	00:57:25	00:00:41	00:28:01	01:45:44
304	09:36:15	446	Simon	Warman	Male	45	I	Bromsgrove	Sprint - Male	00:12:26	00:04:27	00:55:00	00:01:18	00:32:42	01:45:53
305	10:58:00	53	barry	mccullagh	Male	49	I	#TEAMHELEN	Sprint - Male	00:12:31	00:03:41	01:00:28	00:01:50	00:27:41	01:46:11
306	11:03:45	72	Neil	Marsh	Male	44	H	#TEAMHELEN	Sprint - Male	00:10:28	00:04:08	00:57:13	00:00:00	00:34:29	01:46:18

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
307	11:05:15	82	Jamie	Harris	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:18	00:04:03	00:58:35	00:01:19	00:32:05	01:46:20
308	10:50:30	23	Colin	Williams	Male	40	H	#TEAMHELEN	Sprint - Male	00:09:25	00:03:13	00:56:51	00:00:00	00:37:07	01:46:36
309	11:05:00	81	Barry	Fellows	Male	37	G	#TEAMHELEN	Sprint - Male	00:12:33	00:06:48	00:55:08	00:01:33	00:30:57	01:46:59
310	11:04:30	65	Peter	Richmond	Male	46	I	#TEAMHELEN	Sprint - Male	00:12:04	00:04:55	01:01:30	00:01:34	00:27:46	01:47:49
311	08:45:00	242	Daniel	Phillips-fern	Male	25	E	Birmingham	Sprint - Male	00:09:58	00:04:52	01:03:45	00:02:14	00:27:04	01:47:53
312	10:49:15	18	Matt	McCluney	Male	46	I	#TEAMHELEN	Sprint - Male	00:10:30	00:03:07	01:02:09	00:00:00	00:32:24	01:48:10
313	09:32:00	429	Jamie	Gapsta Kelham	Male	37	G	Knutsfield Nutters	Sprint - Male	00:11:14	00:05:27	00:55:13	00:02:46	00:34:02	01:48:42
314	09:31:45	428	Alan	Blount	Male	62	L	Knutsfield Nutters	Sprint - Male	00:11:15	00:05:51	00:54:52	00:02:49	00:34:08	01:48:55
315	09:42:15	470	Stephen	Deavall	Male	54	J	Birmingham	Sprint - Male	00:13:00	00:10:19	00:52:20	00:03:42	00:29:42	01:49:03
316	09:40:00	461	Jeremy	Burgum	Male	59	K	Warwick	Sprint - Male	00:10:30	00:06:07	00:58:00	00:02:39	00:32:01	01:49:17
317	09:31:30	427	Michael	Hanlon	Male	53	J	Knutsfield Nutters	Sprint - Male	00:11:36	00:05:31	00:50:18	00:07:31	00:34:33	01:49:29
318	09:38:00	453	Lewis	Newton	Male	27	E	Worcester	Sprint - Male	00:08:34	00:05:03	00:58:06	00:01:58	00:35:51	01:49:32
319	10:58:30	55	Ian	Taylor	Male	47	I	#TEAMHELEN	Sprint - Male	00:15:35	00:02:57	00:58:15	00:00:00	00:32:46	01:49:33
320	10:56:30	47	ANDREW	PLANT	Male	48	I	#TEAMHELEN	Sprint - Male	00:12:27	00:00:00	01:06:44	00:00:00	00:31:27	01:50:38
321	09:30:45	416	Tim	White	Male	29	E	Little Milton	Sprint - Male	00:09:25	00:03:17	01:01:28	00:01:26	00:35:28	01:51:04
322	09:19:00	320	Nicholas	Ridler	Male	45	I	Kenilworth	Sprint - Male	00:08:37	00:05:10	01:04:50	00:01:57	00:31:41	01:52:15
323	10:49:45	20	Paul	Parsons	Male	28	E	#TEAMHELEN	Sprint - Male	00:11:05	00:04:05	01:07:06	00:00:00	00:30:17	01:52:33
324	09:13:00	353	Stephen	O'Neill	Male	43	H	Wrexham	Sprint - Male	00:10:16	00:04:06	00:55:28	00:02:54	00:39:50	01:52:34
325	09:40:45	464	Andy	Howard	Male	39	G	Worcestershire	Sprint - Male	00:15:12	00:05:00	00:51:28	00:03:05	00:38:02	01:52:47
326	10:53:00	33	Richard	Hammersley	Male	30	F	#TEAMHELEN	Sprint - Male	00:12:30	00:03:30	00:59:08	00:00:00	00:37:53	01:53:01
327	11:02:15	70	Anthony	Evans	Male	47	I	#TEAMHELEN	Sprint - Male	00:14:10	00:06:22	01:02:15	00:02:09	00:28:20	01:53:16
328	11:04:15	78	Mark	Taylor	Male	43	H	#TEAMHELEN	Sprint - Male	00:16:28	00:04:45	00:54:27	00:01:43	00:36:00	01:53:23
329	09:44:30	479	Joshua	Freke	Male	19	B	The Frekes	Sprint - Male	00:09:39	00:07:52	01:02:20	00:01:32	00:32:26	01:53:49
330	09:44:15	478	Andrew	Freke	Male	54	J	The Frekes	Sprint - Male	00:13:04	00:04:45	01:02:22	00:01:28	00:32:38	01:54:17
331	11:03:30	75	Lee	Smirthwaite	Male	42	H	#TEAMHELEN	Sprint - Male	00:10:39	00:05:48	00:57:06	00:01:57	00:39:25	01:54:55
332	09:41:15	466	Jonathan	Kelleher	Male	33	F	MS-UK	Sprint - Male	00:12:46	00:03:23	01:06:16	00:01:07	00:31:31	01:55:03
333	09:41:45	468	Neil	Yates	Male	53	J	Birmingham	Sprint - Male	00:13:47	00:04:43	00:58:08	00:01:06	00:37:47	01:55:31
334	10:57:00	49	ALAN	WOODALL	Male	69	M	#TEAMHELEN	Sprint - Male	00:16:54	00:04:14	01:11:33	00:01:29	00:21:27	01:55:37
335	11:00:15	62	matthew	parsons	Male	28	E	#TEAMHELEN	Sprint - Male	00:14:33	00:03:52	01:03:04	00:01:21	00:33:34	01:56:24
336	10:52:15	30	Phil	Midwinter	Male	46	I	#TEAMHELEN	Sprint - Male	00:09:48	00:04:01	01:08:40	00:02:38	00:32:21	01:57:28
337	10:56:00	45	Sam	Cooper	Male	35	G	#TEAMHELEN	Sprint - Male	00:10:03	00:05:54	01:04:15	00:00:00	00:37:50	01:58:02
338	08:52:45	272	Colin	Tan	Male	38	G	Warwick University	Sprint - Male	00:07:32	00:03:00	01:15:06	00:01:16	00:31:24	01:58:18
339	11:02:30	71	Rich	Appleby	Male	29	E	#TEAMHELEN	Sprint - Male	00:15:59	00:05:07	00:59:15	00:02:04	00:39:59	02:02:24
340	08:28:00	181	Barry	Craven	Male	48	I	#TEAMHELEN	Sprint - Male	00:08:37	00:03:04	01:01:52	00:02:05	00:52:47	02:08:25
341	09:49:30	449	Rease	Wheatley	Male	25	E	Nottingham	Sprint - Male	00:11:11	00:03:44	01:22:44	00:01:19	00:29:46	02:08:44
342	11:01:15	66	Marc	Knowlton	Male	42	H	#TEAMHELEN	Sprint - Male	00:11:31	00:04:17	01:08:13	00:01:28	00:44:37	02:10:06
343	09:43:30	475	Kevin	Argent	Male	33	F	Solihull	Sprint - Male	00:11:07	00:15:20	01:08:08	00:02:54	00:33:34	02:11:03
344	10:59:00	57	Jason	Ree	Male	43	H	#TEAMHELEN	Sprint - Male	00:15:00	00:05:34	01:09:00	00:01:46	00:40:05	02:11:25
345	09:42:00	469	Austin	Prakesh	Male	39	G	VS -The Austin Foun	Sprint - Male	00:15:16	00:05:45	01:09:41	00:01:41	00:40:48	02:13:11
346	11:04:30	79	Mike	Hulme	Male	29	E	#TEAMHELEN	Sprint - Male	00:19:04	00:08:06	01:18:01	00:02:04	00:38:39	02:25:54
347	09:33:00	433	Neil	Newman	Male	46	I	Cannock	Sprint - Male	00:08:46	00:40:11	00:57:11	00:04:59	00:39:50	02:30:57
348	11:04:15	73	Nigel	Stanton	Male	52	J	#TEAMHELEN	Sprint - Male	00:14:59	00:16:04	01:26:26	00:00:00	00:51:18	02:48:47