

The Henley on Thames 2014 Triathlon

Start of lap 2 (sprint & relay only), Mount Line, & Bike Transition 1



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- ❖ **WARNING!** There are 2 right turns on this bike course, the first is the mount line, **PLEASE LOOK BOTH WAYS WHEN MOUNTING YOUR BIKE** and starting your bike course, the second is when you have completed your lap/s, you have to turn right to go back into the school and towards the dismount line, once again **PLEASE BE CAREFUL TURNING RIGHT, MAKE SURE YOU LOOK BOTH WAYS**
- ❖ The yellow arrows indicate the start of your second lap (Sprint & Relay only), **KEEP TO THE LEFT AT ALL TIMES AND PLEASE WATCH OUT FOR OTHER COMPETITORS STARTING ON THEIR BIKE COURSE**
- ❖ The white arrows indicate coming out of bike transition one towards the mount line
- ❖ Sprint & Relay x 2 laps = 25k
- ❖ Super Sprint & Fun x 1 lap = 12.5k