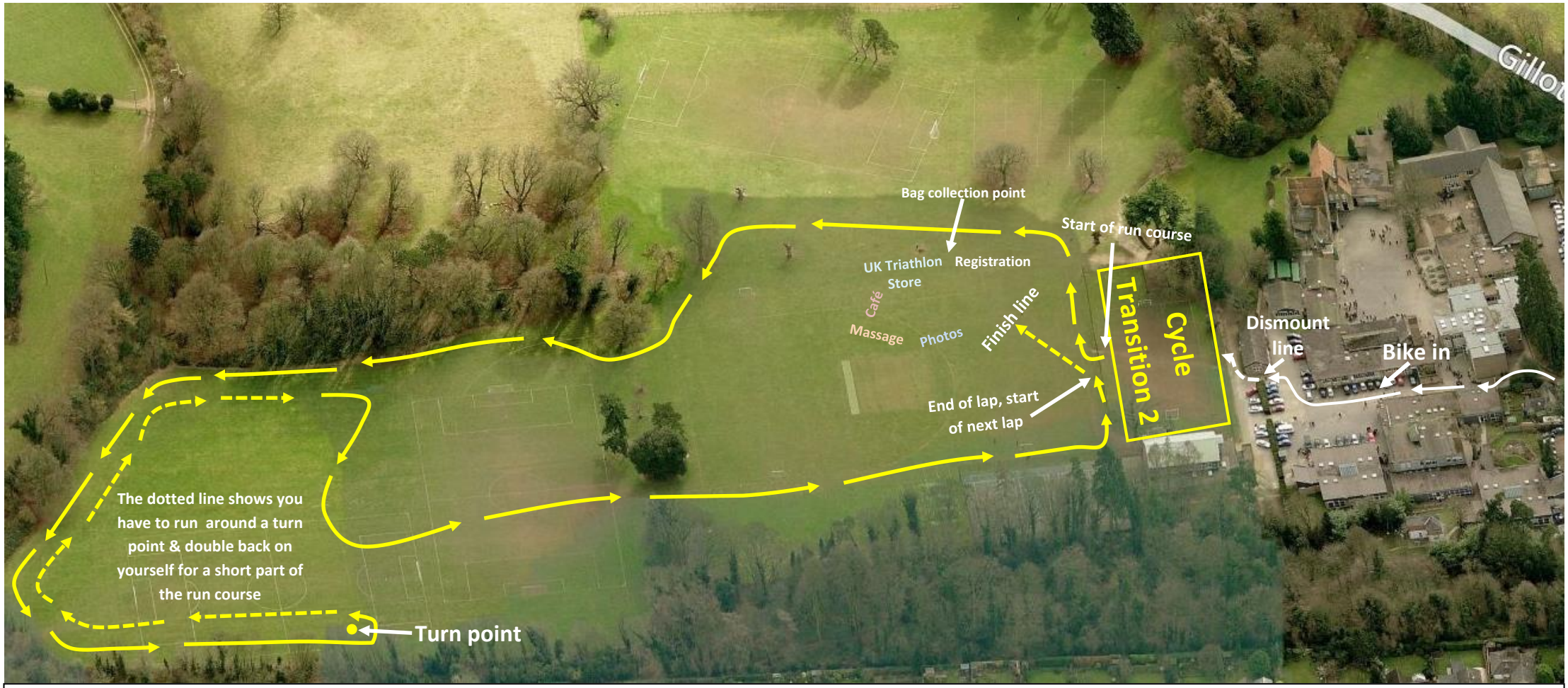
Henley on Thames 2014 Triathlon – Run Course



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- One lap of the run course = 1.25k
- Sprint and Relay x 4 laps = 5k
- Super Sprint & Fun x 2 laps = 2.5k
- The whole of the run course will be post and taped.
- The whole of the run course is on hard compact grass and is flat.

All maps and text were correct at going to print. UK Triathlon Events have the right to change the course at any time, Henley on Thames Triathlon 2014