



UK Ultimate Triathlon Bike Course details

- ❖ Dearnford Lake, Tilstock Road, Whitchurch, Shropshire SY13 3JQ
- ❖ One lap of the UK Ultimate Triathlon Bike Course = 28 miles
- ❖ UK Ultimate bike course x 4 laps = 112 miles
- ❖ UK Ultimate HALF bike course x 2 laps = 56 mile
- ❖ One complete lap of the bike course starts and finishes at the turn point outside Dearnford Lake
- ❖ UK Ultimate bike course is very flat
- ❖ UK Ultimate bike course is spectator friendly