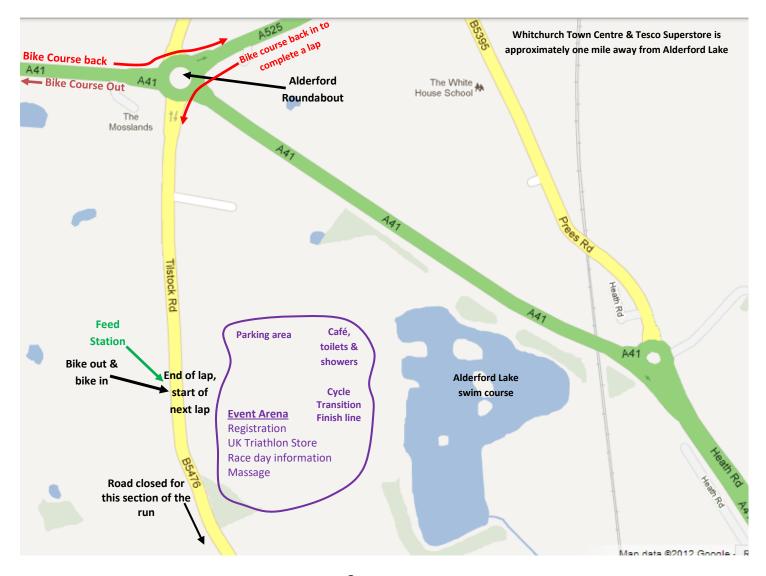


## **Main Arena**





## **Main Arena**

Ultimate swim	Ultimate ½ swim	Ultimate ¼ swim	<b>Ultimate Sprint swim</b>
4 laps = 2.4 miles	2 laps = 1.2 miles	1 lap = 0.6 miles	1 lap (short course) = 500m
Ultimate bike	Ultimate ½ bike	Ultimate ¼ bike	Ultimate Sprint bike
4 laps = 112 miles	2 laps = 56 miles	1 lap = 28 miles	1 lap (short course) = 20km
Ultimate run	Ultimate ½ run	Ultimate ¼ run	Ultimate Sprint run
6 laps = 26.2 miles	3 laps = 13.1 miles	4 laps = 6.2 miles	2 laps = 5km
		(short course)	(short course)

- Onsite parking, camping, showers, toilets, café, registration & mail arena
- ❖ Fresh Water Lake swim clear water no weed excellent multi lapped bike course flat multi lapped run course
- Multiple feed stations on the bike & run course
- Spectator friendly viewing points on the swim, bike & run courses creating a fantastic atmosphere for all the competitors