

# Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	11:45:00	271	Sally	Turner	Female	37	G	Brighton Multi Sport	Sprint - Female	00:15:26	00:00:00	00:37:07	00:00:00	00:21:26	01:13:59
2	11:45:00	262	Emily	Chambers	Female	15	A	Hythe	Sprint - Female	00:15:02	00:00:00	00:43:02	00:00:57	00:22:49	01:21:50
3	11:45:00	228	Maria	Halley	Female	30	F	London	Sprint - Female	00:17:14	00:02:10	00:43:52	00:00:40	00:20:20	01:24:16
4	11:45:00	267	Stephanie	Muth	Female	28	E	London City Hash	Sprint - Female	00:21:31	00:00:00	00:41:05	00:01:06	00:23:50	01:27:32
5	11:45:00	263	Zoe	Douglass	Female	41	H	Lewes	Sprint - Female	00:18:04	00:01:19	00:42:33	00:00:49	00:25:55	01:28:40
6	11:45:00	220	Emma	Dean	Female	29	E	newhaven	Sprint - Female	00:11:49	00:00:00	00:51:48	00:00:32	00:26:13	01:30:22
7	11:45:00	253	Emily	Savage	Female	30	F	Jamily Croilly	Sprint - Female	00:18:05	00:02:12	00:46:04	00:00:45	00:26:24	01:33:30
8	11:45:00	219	Sarah	D'Arcy	Female	33	F	London	Sprint - Female	00:16:03	00:00:00	00:46:51	00:01:35	00:29:31	01:34:00
9	11:45:00	244	Ruth	Loughrey	Female	30	F	Marie Curie	Sprint - Female	00:19:22	00:02:11	00:46:43	00:00:37	00:25:46	01:34:39
10	11:45:00	235	Kerry	Jackson	Female	41	H	Seaford	Sprint - Female	00:19:06	00:02:44	00:49:07	00:00:47	00:24:36	01:36:20
11	11:45:00	227	Lucy	Grey	Female	38	G	London	Sprint - Female	00:17:27	00:02:58	00:47:01	00:00:00	00:28:57	01:36:23
12	11:45:00	256	Abigail	Stribbling	Female	23	C	Burgess Hill	Sprint - Female	00:17:04	00:02:22	00:47:51	00:00:00	00:30:25	01:37:42
13	11:45:00	225	Sophie	Farrow	Female	29	E	Jamily Croilly'	Sprint - Female	00:20:01	00:02:02	00:47:14	00:00:45	00:29:05	01:39:07
14	11:45:00	208	Isabel	Anderson	Female	33	F	Brighton	Sprint - Female	00:25:11	00:02:45	00:46:42	00:00:33	00:25:32	01:40:43
15	11:45:00	236	Sasha	Jespersion	Female	36	G	London	Sprint - Female	00:17:12	00:04:07	00:50:18	00:00:46	00:30:17	01:42:40
16	11:45:00	243	Varda	Lassman	Female	41	H	London	Sprint - Female	00:20:53	00:00:00	00:50:46	00:01:09	00:29:55	01:42:43
17	11:45:00	269	Mary	Reeves	Female	54	J	Inkberrow	Sprint - Female	00:19:28	00:05:43	00:49:44	00:02:10	00:25:52	01:42:57
18	11:45:00	207	Daria	Smith	Female	33	F	Red Star Express	Sprint - Female	00:20:39	00:06:09	00:43:37	00:02:29	00:30:05	01:42:59
19	11:45:00	259	Stephanie	White	Female	53	J	Holsham Tri Club	Sprint - Female	00:20:38	00:00:00	00:52:54	00:01:17	00:28:46	01:43:35
20	11:45:00	214	Marketa	Burrows	Female	36	G	London	Sprint - Female	00:25:50	00:00:00	00:48:23	00:00:33	00:29:44	01:44:30
21	11:45:00	270	Karen	SALTWELL	Female	58	K	JBR run and tri club	Sprint - Female	00:15:05	00:02:34	00:49:45	00:01:03	00:36:22	01:44:49
22	11:45:00	252	Diane	Robertson	Female	52	J	Horsham	Sprint - Female				00:00:49	00:29:02	01:45:05
23	11:45:00	258	Rachael	Ward	Female	47	I	Kingstone	Sprint - Female	00:15:09	00:09:23	00:49:32	00:01:27	00:29:46	01:45:17
24	11:45:00	240	Mariana	Lambert	Female	35	G	Arthritis Research U	Sprint - Female	00:24:56	00:00:00	00:46:32	00:01:04	00:34:22	01:46:54
25	11:45:00	221	DEBORAH	DELANEY	Female	48	I	ROCHESTER	Sprint - Female	00:18:04	00:04:33	00:47:44	00:01:06	00:35:59	01:47:26
26	11:45:00	255	Deborah	Spanton	Female	28	E	Cancer Research UK	Sprint - Female	00:19:41	00:03:42	00:51:47	00:00:56	00:31:27	01:47:33
27	11:45:00	257	selina	vernal	Female	36	G	London	Sprint - Female	00:32:06	00:01:55	00:46:55	00:00:52	00:26:41	01:48:29
28	11:45:00	394	Laura	Durn	Female	40	H	Brentwood	Sprint - Female	00:30:14	00:03:20	00:47:16	00:01:12	00:26:38	01:48:40
29	11:45:00	272	Eliza Ellie	Ratusniak	Female	36	G	seaford	Sprint - Female	00:32:44	00:01:29	00:45:25	00:00:55	00:28:15	01:48:48
30	11:45:00	268	Sarah	Porcelli	Female	34	F	Horsham	Sprint - Female	00:19:55	00:01:45	00:52:28	00:00:00	00:37:05	01:51:13
31	11:45:00	212	Helen	Blaber	Female	43	H	Cancer Research UK	Sprint - Female	00:32:46	00:02:46	00:46:23	00:01:05	00:28:18	01:51:18
32	11:45:00	246	Sarah	Makinson	Female	53	J	Essex	Sprint - Female	00:24:41	00:03:31	00:51:07	00:01:37	00:32:51	01:53:47
33	11:45:00	232	alexa	hollis	Female	34	F	Seaford	Sprint - Female	00:32:46	00:00:00	00:47:32	00:01:03	00:34:33	01:55:54
34	11:45:00	229	Kate	Harrison	Female	26	E	Leatherhead	Sprint - Female	00:19:15	00:00:00	01:01:26	00:00:00	00:35:58	01:56:39
35	11:45:00	254	Bethan	Shaw	Female	27	E	Cancer Research UK	Sprint - Female	00:28:54	00:03:27	00:53:22	00:01:05	00:30:16	01:57:04
36	11:45:00	247	Debbie	McDermott	Female	50	J	Seaford	Sprint - Female	00:29:45	00:02:16	00:51:59	00:00:34	00:33:25	01:57:59
37	11:45:00	234	Rosamund	Honey	Female	34	F	London	Sprint - Female				00:00:00	00:34:24	01:58:42
38	11:45:00	215	Alice	Cochrane	Female	34	F	Westside Harriers	Sprint - Female	00:26:51	00:00:00	00:54:50	00:02:40	00:34:24	01:58:45
39	11:45:00	217	Lisa	Crumpler	Female	34	F	St. Albans	Sprint - Female	00:26:59	00:00:00	00:59:44	00:00:42	00:31:28	01:58:53
40	11:45:00	218	Kelly	Daly	Female	27	E	Cancer Research UK	Sprint - Female	00:30:27	00:00:00	00:59:08	00:00:00	00:29:36	01:59:11
41	11:45:00	226	michelle	fountain	Female	44	H	Marie Curie Cancer	Sprint - Female	00:33:50	00:01:49	00:52:18	00:00:37	00:31:11	01:59:45
42	11:45:00	224	Sarah	Durand	Female	33	F	Bristol	Sprint - Female	00:28:44	00:03:50	00:57:00	00:01:26	00:29:20	02:00:20

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	11:45:00	238	Anastasiya	Khomutova	Female	31	F	Eastbourne	Sprint - Female	00:33:27	00:00:00	00:55:47	00:00:44	00:31:42	02:01:40
44	11:45:00	265	Deborah	Harris	Female	50	J	St Albans	Sprint - Female	00:34:07	00:03:56	00:52:04	00:00:55	00:30:47	02:01:49
45	11:45:00	211	Claire	Bancroft	Female	33	F	Loughton	Sprint - Female	00:31:13	00:04:28	00:55:07	00:01:42	00:29:27	02:01:57
46	11:45:00	264	Niki	Freedman	Female	49	I	St Albans	Sprint - Female	00:17:07	00:05:14	01:08:08	00:01:11	00:32:34	02:04:14
47	11:45:00	223	alexandra	dunmore	Female	41	H	HEMEL HEMPSTE	Sprint - Female	00:36:31	00:02:59	00:48:58	00:01:23	00:34:47	02:04:38
48	11:45:00	245	Sandy	Lovell	Female	56	K	Cancer Research UK	Sprint - Female				00:00:00	00:37:45	02:10:52
49	11:45:00	233	Lara	Hone	Female	25	E	Canterbury	Sprint - Female				00:00:54	00:34:39	02:12:14
50	11:45:00	231	Lindsey	Henderson	Female	26	E	Seaford	Sprint - Female	00:30:43	00:00:00	01:06:39	00:01:04	00:36:51	02:15:17
51	11:45:00	266	Debi	Knight	Female	50	J	Westcliff on sea	Sprint - Female	00:34:28	00:02:42	00:51:49	00:01:25	00:45:04	02:15:28
52	11:45:00	210	Kerine	Bambridge	Female	29	E	Southampton	Sprint - Female	00:34:29	00:05:53	01:03:39	00:01:31	00:36:31	02:22:03