

# Sprint - Male

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	08:32:00	7	Grant	Ormerod	Male	34	F	Grant Ormerod	Sprint - Male	00:07:08	00:00:57	00:31:47	00:00:48	00:20:07	01:00:47
2	08:30:00	1	Chris	Green	Male	38	G	St Helens TRI	Sprint - Male	00:07:40	00:01:12	00:33:16	00:00:49	00:19:05	01:02:02
3	08:35:40	18	Paul	hewitt	Male	24	C		Sprint - Male	00:07:24	00:01:17	00:33:24	00:00:42	00:19:33	01:02:20
4	08:35:20	17	Matthew	Dyke	Male	26	E	Niteriders	Sprint - Male	00:08:17	00:01:21	00:33:56	00:00:52	00:18:53	01:03:19
5	12:09:30	688	Carl	Hermans	Male	47	I	Badger Cycles	Sprint - Male	00:07:46	00:01:43	00:33:33	00:00:59	00:19:21	01:03:22
6	08:43:40	42	Peter	Kirby	Male	39	G	Holmes Chapel	Sprint - Male	00:09:12	00:01:07	00:33:40	00:00:47	00:20:17	01:05:03
7	08:36:00	19	Andy	Shenton	Male	42	H	Swinerton Cycles	Sprint - Male	00:08:19	00:01:32	00:35:27	00:00:50	00:19:02	01:05:10
8	09:10:00	121	Mark	Curley	Male	39	G	Nantwich	Sprint - Male	00:09:24	00:01:26	00:34:23	00:00:58	00:19:14	01:05:25
9	10:18:40	327	Andy	Jones	Male	32	F	Vision Racing	Sprint - Male	00:08:58	00:01:21	00:32:31	00:00:47	00:21:49	01:05:26
10	08:29:40	689	Russ	Gibbons	Male	23	C		Sprint - Male	00:07:05	00:00:59	00:38:34	00:00:39	00:19:14	01:06:31
11	08:42:20	38	Johnny	Conway	Male	46	I	Altrincham	Sprint - Male	00:09:20	00:01:44	00:35:08	00:00:53	00:20:33	01:07:38
12	08:34:20	14	Matt	Grice	Male	40	H	Bury	Sprint - Male	00:09:40	00:01:34	00:35:58	00:01:00	00:19:57	01:08:09
13	08:39:20	29	Matthew	Gibbs	Male	37	G	Cancer Research UK	Sprint - Male	00:07:34	00:01:52	00:36:45	00:00:59	00:21:05	01:08:15
14	08:40:20	32	Richard	Barratt	Male	39	G	Cheshire	Sprint - Male	00:09:07	00:01:20	00:36:20	00:00:58	00:20:37	01:08:22
15	08:41:40	36	AGRIS	BRIVMANIS	Male	28	E	Leicester	Sprint - Male	00:09:31	00:01:59	00:36:50	00:00:46	00:19:32	01:08:38
16	08:40:00	31	Ashley	Walton	Male	26	E	Middlewich	Sprint - Male	00:06:58	00:01:44	00:35:38	00:00:52	00:23:55	01:09:07
17	08:37:40	11	Graham	Fletcher	Male	36	G	Southport UWH	Sprint - Male	00:07:41	00:02:13	00:37:03	00:00:57	00:21:14	01:09:08
18	09:07:00	112	Ivan	Hancock	Male	40	H	Chester	Sprint - Male	00:08:35	00:01:34	00:38:07	00:01:03	00:20:16	01:09:35
19	08:33:40	12	Rob	Hulse	Male	42	H	Stone	Sprint - Male	00:08:11	00:01:54	00:38:08	00:00:38	00:21:12	01:10:03
20	08:37:20	23	CRAIG	ELLIOTT	Male	34	F	Niterider's	Sprint - Male	00:08:28	00:01:41	00:36:49	00:00:58	00:22:24	01:10:20
21	09:08:00	115	James	Lynch	Male	25	E	The Neston Eagles	Sprint - Male	00:09:12	00:01:29	00:37:04	00:01:06	00:21:30	01:10:21
22	09:09:20	119	Adrian	Strange	Male	46	I	ALDRIDGE FIT CL	Sprint - Male	00:08:25	00:01:40	00:39:06	00:01:00	00:21:17	01:11:28
23	09:21:00	154	Andrew	Roberts	Male	48	I	Cheshire	Sprint - Male	00:09:49	00:01:35	00:39:12	00:01:06	00:19:49	01:11:31
24	09:53:00	250	Jason	Jones	Male	35	G	Team Mill Hill	Sprint - Male	00:10:50	00:02:17	00:37:32	00:01:24	00:19:38	01:11:41
25	10:19:40	330	Chris	Spooner	Male	33	F	Stoke-on-Trent	Sprint - Male	00:10:14	00:01:54	00:36:41	00:00:55	00:21:58	01:11:42
26	11:19:20	509	Tim	Whitefoot	Male	39	G	Health Shield	Sprint - Male	00:11:04	00:01:48	00:35:09	00:01:05	00:22:49	01:11:55
27	11:17:40	504	Courtney	Marsh	Male	42	H	Health Shield	Sprint - Male	00:10:20	00:01:22	00:36:07	00:00:48	00:23:27	01:12:04
28	09:11:20	125	Matt	Hole	Male	17	B	Crewe	Sprint - Male	00:09:29	00:01:40	00:37:52	00:01:06	00:22:03	01:12:10
29	09:11:40	126	Iain	Wood	Male	58	K	Chester	Sprint - Male	00:10:14	00:01:30	00:36:48	00:00:45	00:23:00	01:12:17
30	08:46:20	50	Mike	Barley	Male	50	J	Mold	Sprint - Male	00:09:52	00:01:31	00:35:57	00:00:55	00:24:09	01:12:24
31	08:45:20	47	Matt	Parsons	Male	42	H	Chester Tri	Sprint - Male	00:09:13	00:02:21	00:38:46	00:01:08	00:21:08	01:12:36
32	09:25:00	166	Ryan	Brand	Male	30	F	Wrexham	Sprint - Male	00:09:46	00:01:17	00:37:25	00:00:48	00:23:25	01:12:41
33	09:34:20	194	Callan	Rowland	Male	18	B	TEAM PIE	Sprint - Male	00:11:19	00:01:47	00:40:06	00:00:48	00:19:04	01:13:04
34	09:05:40	108	andrew	miln	Male	45	I	manley	Sprint - Male	00:10:06	00:01:46	00:38:18	00:01:05	00:22:05	01:13:20
35	10:20:00	331	Nicholas	Beare	Male	47	I	Liverpool	Sprint - Male	00:09:24	00:02:21	00:40:00	00:01:13	00:21:08	01:14:06
36	08:32:20	8	Karl	Stanier	Male	45	I	Holmes Chapel	Sprint - Male	00:07:19	00:02:51	00:40:41	00:01:20	00:21:56	01:14:07
37	08:42:40	39	Simon	Lever	Male	32	F	Sandbach	Sprint - Male	00:09:06	00:02:33	00:38:15	00:01:37	00:22:37	01:14:08
38	08:36:20	20	Richard	Waring	Male	44	H	DAD	Sprint - Male	00:08:12	00:02:42	00:40:44	00:00:40	00:22:01	01:14:19
39	09:09:00	118	Gavin	May	Male	38	G	#234	Sprint - Male	00:10:11	00:01:36	00:39:20	00:00:50	00:22:22	01:14:19
40	09:11:00	124	Christopher	Hole	Male	49	I	Crewe	Sprint - Male	00:09:47	00:01:36	00:37:55	00:00:50	00:24:13	01:14:21
41	08:41:20	35	kemmel	atkinson	Male	58	K	warrington	Sprint - Male	00:08:40	00:02:50	00:39:38	00:01:12	00:22:05	01:14:25
42	09:32:20	188	Neil	Riddle	Male	51	J	Dodleston	Sprint - Male	00:09:56	00:02:12	00:36:14	00:01:29	00:24:47	01:14:38

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	09:48:40	237	Keith	Withey	Male	51	J	Moreton	Sprint - Male	00:10:15	00:01:49	00:38:10	00:01:08	00:23:16	01:14:38
44	09:28:40	177	Mathew	Vaughan	Male	40	H	Crewe	Sprint - Male	00:10:29	00:01:44	00:38:48	00:03:45	00:19:58	01:14:44
45	08:33:00	10	Smith	David	Male	59	K	Rossendale Triathlon	Sprint - Male	00:09:50	00:02:00	00:38:47	00:01:00	00:23:14	01:14:51
46	10:07:00	292	Adrian	Morley	Male	46	I	Manchester	Sprint - Male	00:13:47	00:02:26	00:39:02	00:00:54	00:19:02	01:15:11
47	08:42:00	37	Gregg	Plimley	Male	42	H	Moreton	Sprint - Male	00:09:49	00:01:40	00:40:27	00:01:03	00:22:13	01:15:12
48	09:52:20	248	Tim	Farmer	Male	38	G	Liverpool	Sprint - Male	00:14:31	00:04:32	00:47:16	00:02:01	00:06:57	01:15:17
49	09:28:20	176	Alex	Pill	Male	42	H	Runcorn	Sprint - Male	00:09:42	00:03:31	00:38:17	00:00:57	00:22:55	01:15:22
50	09:54:40	255	Kelvin	Sole	Male	35	G	Blackburn	Sprint - Male	00:08:55	00:02:22	00:39:40	00:01:15	00:23:11	01:15:23
51	09:17:40	144	David	Palmer	Male	33	F	Sale	Sprint - Male	00:09:49	00:02:05	00:39:20	00:01:41	00:22:38	01:15:33
53	09:16:40	141	james	bentall	Male	37	G	westhoughton	Sprint - Male	00:11:17	00:02:17	00:38:36	00:01:53	00:21:45	01:15:48
52	08:34:40	15	Jonathan	Bowl	Male	41	H	Stockport	Sprint - Male	00:10:18	00:01:12	00:42:06	00:00:46	00:21:26	01:15:48
54	09:10:40	123	Martin	Bedwin	Male	49	I	Stratford upon Avon	Sprint - Male	00:09:45	00:02:19	00:38:20	00:01:25	00:24:00	01:15:49
55	09:06:20	110	Richard	Graybrook	Male	47	I	Nantwich	Sprint - Male	00:10:17	00:02:09	00:38:53	00:01:02	00:23:29	01:15:50
56	08:39:40	30	Mark	Williams	Male	40	H	Jesters	Sprint - Male	00:08:47	00:01:36	00:38:08	00:01:49	00:25:31	01:15:51
57	09:18:20	146	Jon	Shaw	Male	44	H	Church Lawton	Sprint - Male	00:09:58	00:02:08	00:37:48	00:01:29	00:24:41	01:16:04
58	09:19:00	132	Neil	Oakes	Male	36	G	Mersey Tri	Sprint - Male	00:11:10	00:01:58	00:41:04	00:00:58	00:20:55	01:16:05
59	08:47:40	54	Andrew	Fenton	Male	33	F	Stockport	Sprint - Male	00:08:55	00:01:27	00:41:49	00:00:53	00:23:10	01:16:14
60	09:14:40	135	Chris	Mackay	Male	34	F	Bury	Sprint - Male	00:11:12	00:02:24	00:40:24	00:01:15	00:21:03	01:16:18
61	09:20:20	152	Frank	Gee	Male	34	F	Marie Curie	Sprint - Male	00:09:45	00:02:11	00:39:47	00:01:08	00:23:31	01:16:22
62	10:22:00	337	Jonathan	Parr	Male	43	H	Bleasdale	Sprint - Male	00:10:18	00:02:53	00:37:57	00:01:33	00:23:50	01:16:31
63	09:20:40	153	Thomas	Holmes	Male	17	B	Tilston	Sprint - Male	00:09:43	00:01:57	00:39:49	00:01:01	00:24:17	01:16:47
64	09:09:40	120	Richard	Albel	Male	37	G	Jesters	Sprint - Male	00:09:55	00:01:58	00:40:03	00:00:52	00:24:17	01:17:05
65	09:12:00	111	Paul	Green	Male	44	H	Ewloe	Sprint - Male	00:08:45	00:03:15	00:39:40	00:01:25	00:24:02	01:17:07
66	09:16:00	139	Thomas	Walker	Male	22	C	Marie Curie	Sprint - Male	00:10:21	00:02:27	00:42:43	00:00:41	00:21:28	01:17:40
67	08:43:20	41	Greg	Houghton	Male	30	F	Market Drayton	Sprint - Male	00:08:22	00:02:06	00:41:53	00:01:20	00:24:00	01:17:41
68	09:55:00	256	Christopher	Stuttard	Male	42	H	Darwen	Sprint - Male	00:09:18	00:03:00	00:39:10	00:01:14	00:25:35	01:18:17
69	08:47:00	52	Lee	Parsons	Male	37	G	WIGAN	Sprint - Male	00:09:50	00:02:39	00:40:37	00:01:01	00:24:17	01:18:24
70	08:38:40	27	Robert	Burns	Male	30	F	Buckley	Sprint - Male	00:08:39	00:03:15	00:40:43	00:01:21	00:24:43	01:18:41
71	10:21:00	334	Neil	Dalleywater	Male	51	J	Ruthin	Sprint - Male	00:13:37	00:02:36	00:39:42	00:01:59	00:20:50	01:18:44
72	09:59:40	270	Michael	Spencer	Male	43	H	Blackburn	Sprint - Male	00:10:47	00:03:10	00:41:19	00:00:44	00:22:58	01:18:58
73	09:52:40	249	Kevin	Rhone	Male	35	G	Novus	Sprint - Male	00:11:04	00:03:26	00:40:25	00:01:23	00:22:48	01:19:06
74	09:19:20	149	Marlon	Morais	Male	34	F	Rochdale Triathlon C	Sprint - Male	00:12:15	00:02:18	00:39:51	00:01:07	00:23:39	01:19:10
75	08:31:20	5	Jack	McGarry	Male	22	C	Novus	Sprint - Male	00:06:42	00:01:12	00:46:28	00:00:46	00:24:09	01:19:17
76	10:19:20	329	Nicholas	Roberts	Male	50	J	Stockport	Sprint - Male	00:10:42	00:02:16	00:36:52	00:01:51	00:27:45	01:19:26
77	08:38:20	26	dan	rothschild	Male	40	H	Manchester	Sprint - Male	00:08:51	00:01:57	00:39:09	00:01:07	00:28:23	01:19:27
78	09:42:00	217	Ben	Parslow	Male	16	A	Cancer Research UK	Sprint - Male	00:10:57	00:01:51	00:41:20	00:00:40	00:24:41	01:19:29
79	09:27:40	174	Darren	Jackson	Male	49	I	cheshire	Sprint - Male	00:11:04	00:02:30	00:40:15	00:01:54	00:23:58	01:19:41
80	09:29:20	179	Mike	Oxton	Male	43	H	Cancer Research UK	Sprint - Male	00:12:15	00:02:24	00:40:31	00:01:25	00:23:13	01:19:48
81	09:22:00	157	Steve	Dougherty	Male	48	I	FRODSHAM	Sprint - Male	00:10:12	00:02:17	00:42:28	00:01:14	00:23:43	01:19:54
82	11:19:00	508	Colin	Doyle	Male	46	I	Health Shield	Sprint - Male	00:10:37	00:02:15	00:40:58	00:00:54	00:25:17	01:20:01
83	10:19:00	328	Chris	Lloyd	Male	44	H	Chester	Sprint - Male	00:16:01	00:02:09	00:38:03	00:01:10	00:22:51	01:20:14
84	08:36:40	21	Matt	Boot	Male	41	H	Delamere Spartans	Sprint - Male	00:12:09	00:02:22	00:42:21	00:00:43	00:22:42	01:20:17
85	09:36:20	200	Richard	Line	Male	50	J	Biddulph	Sprint - Male	00:11:28	00:02:57	00:41:08	00:01:04	00:23:40	01:20:17

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
86	09:39:20	209	Tim	Dixon	Male	35	G	Preston	Sprint - Male	00:12:23	00:02:09	00:39:04	00:01:08	00:25:33	01:20:17
87	09:26:00	169	James	Balshaw	Male	24	C	Cancer Research UK	Sprint - Male	00:11:18	00:03:07	00:42:49	00:01:21	00:21:51	01:20:26
88	09:57:00	262	John	Fifer	Male	50	J	Nantwich	Sprint - Male	00:11:03	00:03:54	00:39:46	00:01:58	00:23:49	01:20:30
89	09:25:40	168	TJ	Woods	Male	25	E	Tarporley	Sprint - Male	00:10:25	00:02:14	00:40:26	00:01:16	00:26:14	01:20:35
90	08:43:00	40	Lee	Dooling	Male	44	H	Darwen	Sprint - Male	00:08:33	00:02:11	00:41:58	00:01:28	00:26:27	01:20:37
91	09:17:20	143	Matt	Gower	Male	37	G	Nantwich	Sprint - Male	00:11:26	00:02:49	00:41:07	00:01:43	00:23:36	01:20:41
92	09:51:00	244	Russell	Reardon	Male	47	I	Staffordshire	Sprint - Male	00:12:39	00:01:16	00:40:35	00:01:03	00:25:09	01:20:42
93	09:30:20	182	Kevin	Hughes	Male	54	J	Cheadle	Sprint - Male	00:10:35	00:03:29	00:41:04	00:01:21	00:24:20	01:20:49
94	08:37:00	22	Andrew	Stockwell	Male	39	G	Nantwich	Sprint - Male	00:08:26	00:02:33	00:43:23	00:02:05	00:24:24	01:20:51
95	09:37:00	202	Ian	Verow	Male	40	H	Stoke on trent	Sprint - Male	00:09:32	00:02:35	00:43:23	00:02:39	00:22:48	01:20:57
96	09:57:40	264	John	Hughes	Male	46	I	Merseyside	Sprint - Male	00:12:35	00:03:58	00:38:47	00:01:46	00:23:54	01:21:00
97	10:05:00	286	Neil	Kavanagh	Male	47	I	Warrington	Sprint - Male	00:10:49	00:03:33	00:38:45	00:01:53	00:26:04	01:21:04
98	09:46:20	230	Steve	Farnell	Male	41	H	Sandbach Striders	Sprint - Male	00:14:17	00:02:19	00:41:11	00:01:05	00:22:16	01:21:08
99	09:44:40	225	John	Price	Male	52	J	Market Drayton	Sprint - Male	00:12:13	00:03:48	00:41:13	00:00:52	00:23:04	01:21:10
100	09:20:00	151	Mike	Foran	Male	47	I	Bury	Sprint - Male	00:10:31	00:03:07	00:40:10	00:01:25	00:25:58	01:21:11
101	09:40:40	213	Mike	Reardon	Male	26	E	Shropshire	Sprint - Male	00:09:22	00:01:31	00:40:52	00:01:16	00:28:10	01:21:11
102	09:19:40	150	Mike	Donlevy	Male	49	I	Lauder	Sprint - Male	00:10:35	00:02:47	00:41:10	00:01:36	00:25:15	01:21:23
103	09:06:00	109	Ashley	gaunt	Male	43	H	Sandbach	Sprint - Male	00:09:42	00:02:53	00:42:24	00:01:23	00:25:08	01:21:30
104	09:23:20	161	christopher	loughlin	Male	60	L	Tarporley	Sprint - Male	00:10:58	00:02:02	00:42:34	00:01:03	00:24:57	01:21:34
105	09:36:40	201	David	McCabe	Male	25	E	Macclesfield	Sprint - Male	00:11:42	00:03:53	00:41:39	00:01:17	00:23:19	01:21:50
106	09:47:00	232	Leigh	Mckendry	Male	45	I	Deeside	Sprint - Male	00:14:30	00:02:27	00:38:57	00:01:35	00:24:36	01:22:05
107	09:33:00	190	Andy	Decaso	Male	47	I	Cheadle	Sprint - Male	00:11:27	00:03:51	00:41:08	00:01:32	00:24:10	01:22:08
108	09:45:20	227	roy	tatlock	Male	60	L	BOLTON	Sprint - Male	00:11:23	00:03:09	00:42:37	00:00:47	00:24:16	01:22:12
109	10:08:40	297	Chris	Walford	Male	48	I	Novus	Sprint - Male	00:11:11	00:02:55	00:41:57	00:00:59	00:25:16	01:22:18
110	09:39:00	208	Ian	Culshaw	Male	49	I	Heswall	Sprint - Male	00:11:33	00:02:34	00:41:03	00:01:17	00:25:53	01:22:20
111	10:10:00	301	Richard	Wakefield	Male	33	F	Stoke-on-Trent	Sprint - Male	00:11:49	00:02:14	00:40:35	00:01:16	00:26:26	01:22:20
112	09:40:00	211	Michael	Power	Male	31	F	Altrincham	Sprint - Male	00:10:05	00:02:22	00:44:11	00:01:16	00:24:29	01:22:23
113	08:50:00	51	Harry	Colson	Male	46	I	Bury	Sprint - Male	00:09:01	00:02:03	00:44:10	00:01:16	00:26:14	01:22:44
114	09:07:40	114	Simon	Jackson	Male	39	G	Lilleshall Newport	Sprint - Male	00:08:37	00:02:32	00:44:07	00:01:20	00:26:14	01:22:50
115	10:18:20	224	Gareth	Owen	Male	44	H	Oldham	Sprint - Male	00:12:14	00:02:48	00:42:33	00:02:17	00:22:58	01:22:50
116	09:46:00	229	Hugh	McKenna	Male	67	M	Altrincham	Sprint - Male	00:13:09	00:02:29	00:40:43	00:01:38	00:24:52	01:22:51
117	09:10:20	122	Martin	Wood	Male	58	K	Crewe	Sprint - Male	00:10:22	00:03:02	00:41:50	00:01:33	00:26:07	01:22:54
118	09:34:00	193	Alan	Needham	Male	64	L	City of Chester Triat	Sprint - Male	00:12:44	00:03:11	00:40:18	00:01:44	00:25:00	01:22:57
119	09:22:40	159	kevin	yeates	Male	58	K	crewe	Sprint - Male	00:10:27	00:02:10	00:42:38	00:01:23	00:26:27	01:23:05
120	09:47:20	233	Chris	Short	Male	43	H	Warrington	Sprint - Male	00:11:57	00:03:05	00:43:30	00:00:48	00:23:52	01:23:12
121	09:12:20	128	Mark	Lesniak	Male	42	H	Cancer Research UK	Sprint - Male	00:08:53	00:03:21	00:44:57	00:01:16	00:24:50	01:23:17
122	11:19:40	510	Dave	Russan	Male	38	G	Health Shield	Sprint - Male	00:10:29	00:02:52	00:44:19	00:01:02	00:24:40	01:23:22
123	09:47:40	234	Nicholas	Cameron	Male	42	H	Stoke-on-Trent	Sprint - Male	00:11:17	00:02:59	00:41:46	00:01:33	00:25:54	01:23:29
124	09:14:20	134	Andrew	Horrocks	Male	41	H	Stockport	Sprint - Male	00:10:24	00:03:13	00:40:23	00:02:54	00:26:41	01:23:35
125	08:41:00	34	Bruce	Roberts	Male	51	J	Johnstown	Sprint - Male	00:08:09	00:02:39	00:44:52	00:01:32	00:26:24	01:23:36
126	09:18:00	145	David	Reid	Male	46	I	Stoke-on-Trent	Sprint - Male	00:09:51	00:02:46	00:43:04	00:01:40	00:26:18	01:23:39
127	09:39:40	210	Mark	Morris	Male	35	G	Nantwich	Sprint - Male	00:11:06	00:03:24	00:43:04	00:01:30	00:24:37	01:23:41
128	08:32:40	9	Simon	Tilsley	Male	24	C	Liverpool	Sprint - Male	00:10:13	00:03:01	00:42:19	00:01:07	00:27:16	01:23:56

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
129	09:43:00	220	Richard	Yates	Male	51	J	Nantwich	Sprint - Male	00:12:45	00:02:58	00:42:12	00:01:59	00:24:05	01:23:59
130	09:50:00	241	Darren	Ward	Male	49	I	Kingstone	Sprint - Male	00:11:49	00:03:54	00:44:23	00:01:03	00:23:01	01:24:10
131	10:12:40	309	Paul	Turp	Male	37	G	Cancer Research UK	Sprint - Male	00:13:03	00:02:15	00:46:32	00:01:03	00:21:31	01:24:24
132	09:41:00	214	Alan	Doody	Male	42	H	Mario Luigi and Bo	Sprint - Male	00:10:51	00:02:42	00:42:43	00:01:35	00:26:42	01:24:33
133	10:04:00	283	Andrew	Middleton	Male	33	F	birmingham	Sprint - Male	00:12:40	00:03:07	00:45:02	00:00:42	00:23:02	01:24:33
134	09:14:00	133	Matt	Corroboy	Male	38	G	Northwich	Sprint - Male	00:10:51	00:01:52	00:45:08	00:01:15	00:25:30	01:24:36
135	10:04:40	285	Stephen	Hindmarsh	Male	40	H	Sandbach	Sprint - Male	00:14:12	00:03:01	00:43:02	00:01:06	00:23:15	01:24:36
136	08:30:20	2	Mark	Wareham	Male	45	I	Paradise Tri	Sprint - Male	00:07:28	00:01:41	00:44:14	00:01:51	00:29:23	01:24:37
137	09:44:00	223	Paul	O'Donoghue	Male	38	G	Altrincham	Sprint - Male	00:11:22	00:03:18	00:44:38	00:01:19	00:24:05	01:24:42
138	09:52:00	247	Paul	Hardy	Male	40	H	Manchester	Sprint - Male	00:11:41	00:02:34	00:46:15	00:01:19	00:23:08	01:24:57
139	10:09:00	298	robert	bonson	Male	50	J	crewe	Sprint - Male	00:15:36	00:02:21	00:43:24	00:01:31	00:22:30	01:25:22
140	09:29:00	178	Lawrence	Kelly	Male	41	H	Cancer Research UK	Sprint - Male	00:10:01	00:03:53	00:44:07	00:01:21	00:26:07	01:25:29
141	09:31:20	185	Gary	Cashmore	Male	53	J	Cancer Research UK	Sprint - Male	00:10:00	00:03:40	00:45:56	00:01:40	00:24:14	01:25:30
142	09:50:20	242	James	Williams	Male	28	E	Giving It a Tri	Sprint - Male	00:10:59	00:03:17	00:45:25	00:00:44	00:25:14	01:25:39
143	10:08:00	295	Thomas	Crompton	Male	29	E	Novus	Sprint - Male	00:11:48	00:03:03	00:46:23	00:00:47	00:23:42	01:25:43
144	09:21:40	156	Alistdair	Smith	Male	33	F	NORTHWICH	Sprint - Male	00:10:44	00:03:15	00:46:55	00:00:44	00:24:15	01:25:53
145	09:27:20	173	Martin	Baines	Male	32	F	Nantwich	Sprint - Male	00:10:08	00:03:11	00:48:48	00:01:27	00:22:21	01:25:55
146	09:42:20	218	Bob	Dickinson	Male	60	L	Warrington	Sprint - Male	00:11:41	00:02:38	00:43:22	00:01:29	00:26:49	01:25:59
147	09:48:00	235	Chris	Parlane	Male	48	I	Northwich	Sprint - Male	00:10:40	00:03:02	00:44:38	00:01:40	00:26:02	01:26:02
148	09:35:20	197	Steve	Birch	Male	53	J	Warrington	Sprint - Male	00:11:15	00:04:33	00:43:31	00:01:02	00:25:43	01:26:04
149	10:00:00	271	John	Martin	Male	40	H	Sale	Sprint - Male	00:12:50	00:01:47	00:47:16	01:12:10	00:47:46	01:26:17
150	10:16:20	320	John	Bridgwood	Male	61	L	newcastle	Sprint - Male	00:09:13	00:03:42	00:45:16	00:01:35	00:26:38	01:26:24
151	09:30:40	183	Michael	Jones	Male	61	L	Cheshire	Sprint - Male	00:12:17	00:02:33	00:44:39	00:01:31	00:25:30	01:26:30
152	09:43:20	221	Darren	Keen	Male	28	E	Wendy day	Sprint - Male	00:10:35	00:01:47	00:44:17	00:01:13	00:28:39	01:26:31
153	09:22:20	158	RICHARD	CROPPER	Male	44	H	SANDBACH	Sprint - Male	00:11:37	00:03:40	00:41:18	00:02:24	00:27:37	01:26:36
154	09:33:40	192	karl	barlow	Male	42	H	wirral	Sprint - Male	00:11:12	00:03:32	00:42:49	00:01:40	00:27:24	01:26:37
155	09:27:00	172	Neil	Hand	Male	51	J	Novus	Sprint - Male	00:10:12	00:03:15	00:44:10	00:02:15	00:26:46	01:26:38
156	08:44:00	43	Robert	Worthington	Male	58	K	Nantwich	Sprint - Male	00:09:06	00:02:47	00:43:42	00:01:31	00:29:34	01:26:40
157	10:03:40	282	Lee	Vickers	Male	32	F	EDS Vickers	Sprint - Male	00:14:45	00:03:52	00:43:18	00:02:11	00:22:34	01:26:40
158	09:13:00	130	Andy	Brook	Male	52	J	Goostrey	Sprint - Male	00:10:17	00:02:08	00:41:30	00:01:16	00:31:39	01:26:50
159	09:49:20	239	Dave	Molyneux	Male	51	J	Nantwich	Sprint - Male	00:14:13	00:03:13	00:43:00	00:00:47	00:25:50	01:27:03
160	09:08:20	116	Matt	Taylor	Male	36	G	Matt Taylor	Sprint - Male	00:08:59	00:02:37	00:44:34	00:01:08	00:29:46	01:27:04
161	09:58:20	266	David	Marshall	Male	25	E	Chester	Sprint - Male	00:13:09	00:02:21	00:46:13	00:01:14	00:24:14	01:27:11
162	08:30:40	3	James	Tams	Male	25	E	Neston Eagles	Sprint - Male	00:10:25	00:03:09	00:47:35	00:01:03	00:25:09	01:27:21
163	09:26:20	170	Peter	Petersen	Male	48	I	Great Dane	Sprint - Male	00:10:03	00:03:05	00:42:49	00:02:36	00:28:54	01:27:27
164	09:45:00	226	Alex	Roe	Male	29	E	Whitehaven	Sprint - Male	00:13:48	00:03:56	00:43:12	00:01:10	00:25:29	01:27:35
165	09:17:00	142	Philip	Crump	Male	53	J	Northwich	Sprint - Male	00:09:40	00:02:56	00:41:58	00:01:33	00:31:35	01:27:42
166	09:59:00	268	Benjamin	Rowlands	Male	35	G	Whitworth	Sprint - Male	00:14:33	00:03:32	00:44:33	00:00:47	00:24:20	01:27:45
167	10:21:40	336	Steve	Land	Male	33	F	Ashton Under Lyne	Sprint - Male	00:17:40	00:02:33	00:42:25	00:01:03	00:24:05	01:27:46
168	09:25:20	167	Damian	Zelazowski	Male	40	H	Die Tri-ing	Sprint - Male	00:09:30	00:03:00	00:45:02	00:01:27	00:28:53	01:27:52
169	10:12:20	308	John	Lakes	Male	43	H	Crewe	Sprint - Male	00:17:56	00:01:58	00:42:52	00:01:07	00:24:01	01:27:54
170	08:34:00	13	Joe	Burgess	Male	30	F	Sandbach	Sprint - Male	00:12:22	00:04:16	00:47:59	00:00:41	00:22:46	01:28:04
171	08:31:40	6	Tim	Farmer	Male	45	I	Alridge	Sprint - Male	00:07:50	00:02:45	00:42:33	00:01:23	00:33:35	01:28:06

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
172	09:56:00	259	John	Burke	Male	50	J	Nantwich	Sprint - Male	00:12:16	00:02:45	00:44:33	00:01:28	00:27:29	01:28:31
173	08:47:20	53	Danny	Barlow	Male	35	G	Wigan	Sprint - Male	00:10:03	00:03:46	00:43:24	00:02:19	00:29:04	01:28:36
174	09:29:40	180	Matt	Newsome	Male	43	H	Ormskirk	Sprint - Male	00:12:09	00:03:23	00:47:11	00:00:41	00:25:18	01:28:42
175	09:41:40	216	Graham	Woody	Male	45	I	Mario Luigi and Bo	Sprint - Male	00:10:49	00:03:06	00:44:09	00:02:53	00:27:57	01:28:54
176	09:53:40	252	Dean	Gatley	Male	50	J	Sandbach	Sprint - Male	00:11:43	00:04:59	00:43:31	00:01:28	00:27:13	01:28:54
177	09:37:20	203	Paul	Owens	Male	45	I	Cancer Research UK	Sprint - Male	00:10:14	00:03:23	00:43:27	00:01:44	00:30:23	01:29:11
178	09:35:40	198	Andrew	Donaldson	Male	47	I	Alsager	Sprint - Male	00:11:25	00:03:36	00:43:56	00:01:29	00:28:58	01:29:24
179	10:03:00	280	Malcolm	Sowerby	Male	52	J	Liverpool	Sprint - Male	00:13:36	00:02:50	00:46:36	00:01:34	00:24:48	01:29:24
180	09:49:40	240	Jonathan	Morris	Male	48	I	Nantwich	Sprint - Male	00:12:33	00:03:57	00:43:54	00:02:12	00:26:50	01:29:26
181	10:03:20	281	Lloyd	Smith	Male	25	E	Winsford	Sprint - Male	00:15:16	00:02:34	00:42:46	00:01:10	00:27:55	01:29:41
182	09:54:00	238	Paul	Houslay	Male	33	F	Widnes	Sprint - Male	00:11:26	00:02:47	00:47:14	00:01:23	00:27:04	01:29:54
183	08:44:20	44	Richard	Noyes	Male	45	I	Wrexham	Sprint - Male	00:08:59	00:03:58	00:47:30	00:01:16	00:28:22	01:30:05
184	09:35:00	196	Kristian	Kelly	Male	22	C	Novus	Sprint - Male	00:12:14	00:03:13	00:46:38	00:01:11	00:26:55	01:30:11
185	09:15:20	137	George	Wareham	Male	29	E	Withington	Sprint - Male	00:10:51	00:05:04	00:48:51	00:00:45	00:24:47	01:30:18
186	10:11:40	306	Lee	Pridging	Male	46	I	Manchester	Sprint - Male	00:14:06	00:02:06	00:45:10	00:01:32	00:27:38	01:30:32
187	11:20:40	513	Andrew	Hough	Male			Health Shield	Sprint - Male	00:12:52	00:03:19	00:47:39	00:01:43	00:25:07	01:30:40
188	09:07:20	113	Aaron	Hussey	Male	38	G	Stoke-on-Trent	Sprint - Male	00:08:54	00:04:15	00:49:05	00:01:01	00:27:45	01:31:00
189	10:14:20	251	chris	brown	Male	33	F	Denton	Sprint - Male	00:12:09	00:05:12	00:44:29	00:01:00	00:28:27	01:31:17
190	09:51:40	246	Barry	Andrew	Male	50	J	Libby & the budgie s	Sprint - Male	00:12:35	00:02:59	00:50:01	00:01:09	00:24:39	01:31:23
191	09:32:40	189	anthony	wicox	Male	55	K	stockport	Sprint - Male	00:11:38	00:02:58	00:44:17	00:01:40	00:31:06	01:31:39
192	09:24:40	165	Patrick	Moss	Male	41	H	Cancer Research UK	Sprint - Male	00:10:47	00:03:46	00:47:57	00:01:38	00:27:35	01:31:43
193	09:34:40	195	Darren	McDonald	Male	34	F	Warrington	Sprint - Male	00:11:07	00:02:56	00:46:04	00:01:56	00:29:52	01:31:55
194	09:24:20	164	BEN	WARRILLOW	Male	42	H	WARRILLOW	Sprint - Male	00:11:50	00:04:22	00:51:39	00:01:04	00:23:11	01:32:06
195	09:57:20	263	Mark	Friend	Male	37	G	Sale	Sprint - Male	00:14:39	00:02:34	00:52:52	00:00:40	00:21:27	01:32:12
196	09:46:40	231	Christopher	Wilkie	Male	33	F	Totally Aktive	Sprint - Male	00:13:52	00:02:34	00:45:34	00:00:53	00:29:29	01:32:22
197	11:20:00	511	Dave	Long	Male	40	H	Health Shield	Sprint - Male	00:13:36	00:03:37	00:47:35	00:01:34	00:26:06	01:32:28
198	10:13:40	312	Tom	Goulden	Male	35	G	Cancer Research UK	Sprint - Male	00:14:30	00:04:13	00:47:57	00:01:26	00:25:02	01:33:08
199	10:20:40	333	Neil	McGuckin	Male	34	F	Nantwich	Sprint - Male	00:11:17	00:03:00	00:47:11	00:01:24	00:30:19	01:33:11
200	10:07:40	294	Matt	Cornish	Male	35	G	Novus	Sprint - Male	00:14:14	00:03:29	00:50:44	00:01:22	00:23:25	01:33:14
201	09:38:40	207	Sean	Coe	Male	34	F	Nantwich	Sprint - Male	00:12:10	00:03:07	00:45:45	00:01:12	00:31:15	01:33:29
202	10:10:40	303	Michael	Doherty	Male	36	G	Liverpool	Sprint - Male	00:10:48	00:02:20	00:51:02	00:01:20	00:28:14	01:33:44
203	10:06:40	291	Andrew	Brooks	Male	51	J	Warrington	Sprint - Male	00:14:03	00:02:18	00:41:45	00:01:25	00:34:25	01:33:56
204	09:36:00	187	Christopher	Smith	Male	55	K	Marie Curie	Sprint - Male	00:12:15	00:03:38	00:44:18	00:03:27	00:30:20	01:33:58
205	09:38:00	205	Stephen	Beech	Male	44	H	Nantwich	Sprint - Male	00:11:14	00:02:58	00:46:17	00:01:05	00:32:32	01:34:06
206	09:43:40	222	John	Barton	Male	61	L	WINSFORD	Sprint - Male	00:12:53	00:03:25	00:47:54	00:01:31	00:29:25	01:35:08
207	09:53:20	228	Vincent	Friery	Male	60	L	Liverpool	Sprint - Male	00:13:59	00:03:38	00:45:22	00:05:19	00:26:52	01:35:10
208	09:48:20	236	Brian	Roberts	Male	51	J	Northwich	Sprint - Male	00:12:15	00:04:24	00:47:51	00:00:54	00:30:04	01:35:28
209	10:12:00	307	Chris	Townsend	Male	32	F	Didsbury	Sprint - Male	00:12:44	00:04:04	00:50:45	00:00:40	00:27:29	01:35:42
210	09:54:20	254	mark	pimlett	Male	47	I	warrington	Sprint - Male	00:12:05	00:04:29	00:42:19	00:02:12	00:34:39	01:35:44
211	11:21:20	515	Sam	Williams	Male	28	E	Health Shield	Sprint - Male	00:13:15	00:04:19	00:52:35	00:00:46	00:24:54	01:35:49
212	10:22:20	338	Nick	Burd	Male	24	C	Nantwich	Sprint - Male	00:15:28	00:03:10	00:50:29	00:00:49	00:26:02	01:35:58
213	09:56:40	261	Christopher	Byatte	Male	46	I	Henbury	Sprint - Male	00:12:14	00:04:03	00:50:38	00:01:56	00:27:19	01:36:10
214	10:13:00	310	Wayne	Capper	Male	34	F	Nantwich	Sprint - Male	00:15:40	00:08:53	00:45:29	00:00:51	00:25:56	01:36:49

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
215	09:51:20	245	Eddie	Douglas	Male	57	K	NANTWICH	Sprint - Male	00:12:46	00:04:00	00:54:17	00:00:53	00:25:00	01:36:56
216	10:06:00	289	Chris	Medrano	Male	48	I	Manchester	Sprint - Male	00:12:30	00:03:59	00:45:40	00:01:18	00:33:43	01:37:10
217	10:05:20	287	Andrew	Tennant	Male	46	I	Lymm Runners	Sprint - Male	00:11:32	00:04:05	00:49:27	00:01:14	00:31:09	01:37:27
218	09:55:20	257	Simon	Burd	Male	53	J	Nantwich	Sprint - Male	00:14:09	00:03:22	00:49:48	00:01:00	00:29:09	01:37:28
219	09:58:40	267	Kane	Murray	Male	29	E	Liverpool	Sprint - Male	00:11:11	00:04:03	00:51:45	00:01:38	00:28:58	01:37:35
220	10:04:20	284	David	Sutton	Male	61	L	Northwich	Sprint - Male	00:16:33	00:02:51	00:45:40	00:02:31	00:30:10	01:37:45
221	09:37:40	204	Richard	Barr	Male	45	I	Crewe	Sprint - Male	00:11:40	00:03:20	00:50:17	00:00:55	00:31:53	01:38:05
222	09:56:20	260	Simon	Buxton	Male	49	I	Winsford	Sprint - Male	00:11:52	00:03:39	00:49:04	00:01:59	00:32:27	01:39:01
223	09:21:20	155	Roger	Smith	Male	37	G	Winsford	Sprint - Male	00:11:41	00:02:56	00:49:32	00:01:24	00:34:19	01:39:52
224	10:14:00	313	Thomas	Glover	Male	25	E	crewe	Sprint - Male	00:15:52	00:02:29	00:46:50	00:01:26	00:33:27	01:40:04
225	10:11:00	304	Stephen	Allison	Male	39	G	Bolton	Sprint - Male	00:14:40	00:05:03	00:52:46	00:01:26	00:27:19	01:41:14
226	09:42:40	219	Jonny	Draper	Male	37	G	Manchester	Sprint - Male	00:11:24	00:03:12	00:48:01	00:01:25	00:37:32	01:41:34
227	10:11:20	305	Mark	Dovey	Male	44	H	Manchester	Sprint - Male	00:14:17	00:03:34	00:52:17	00:01:08	00:30:35	01:41:51
228	10:09:40	300	Iain	Macintosh	Male	46	I	Wilmslow	Sprint - Male	00:11:40	00:04:57	00:57:04	00:01:21	00:27:27	01:42:29
229	08:45:00	46	Richard	Watson	Male	46	I	Nantwich	Sprint - Male	00:13:40	00:02:49	00:48:45	00:01:33	00:35:57	01:42:44
230	09:59:20	269	Roland	Guy	Male	42	H	Stalybridge	Sprint - Male	00:13:59	00:06:11	00:54:52	00:02:07	00:27:21	01:44:30
231	09:31:40	186	Geoff	Nuttall	Male	47	I	Wallasey	Sprint - Male	00:10:49	00:03:21	00:58:40	00:01:18	00:30:46	01:44:54
232	10:02:20	278	paul	palmer	Male	44	H	Yes	Sprint - Male	00:15:46	00:04:30	00:50:19	00:02:10	00:32:46	01:45:31
233	09:18:40	147	Christophe	Hesbert	Male	34	F	Chester	Sprint - Male	00:12:48	00:05:19	00:50:31	00:03:21	00:33:46	01:45:45
234	09:33:20	191	John	Rackstraw	Male	59	K	New Mills Derbyshire	Sprint - Male	00:13:08	00:06:28	00:49:37	00:01:12	00:35:26	01:45:51
235	08:46:00	49	Scott	Bowater	Male	25	E	Telford	Sprint - Male	00:14:36	00:05:07	00:53:33	00:00:46	00:33:52	01:47:54
236	09:16:20	140	Daniel	Abraham	Male	26	E	Ormskirk	Sprint - Male	00:12:48	00:03:23	00:58:01	00:01:53	00:32:50	01:48:55
237	10:15:00	316	Tony	Mullen	Male	44	H	Manchester	Sprint - Male	00:20:50	00:03:03	00:53:51	00:02:41	00:29:55	01:50:20
238	10:14:40	315	Duane	McCamon	Male	37	G	Manchester	Sprint - Male	00:11:45	00:12:23	00:53:52	00:02:46	00:29:52	01:50:38
239	09:12:40	129	Ryan	Brook	Male	26	E	Goostrey	Sprint - Male	00:10:44	00:02:58	01:08:09	00:01:00	00:29:59	01:52:50
240	11:18:20	505	Dan	Coventry	Male	24	C	Health Shield	Sprint - Male	00:16:18	00:03:42	00:58:11	00:01:48	00:33:42	01:53:41
241	11:18:20	506	John	Taylor	Male			Health Shield	Sprint - Male	00:12:30	00:03:03	01:06:37	00:01:12	00:32:42	01:56:04
242	09:15:00	136	Karl	Sullivan	Male	42	H	Lancashire	Sprint - Male	00:11:59	00:07:57	00:44:01	00:29:08	00:24:44	01:57:49
243	10:24:40	318	Paul	Hobden	Male	47	I	Warrington	Sprint - Male	00:33:10	00:05:29	00:55:48	00:01:34	00:32:20	02:08:21
244	10:09:20	299	James	Jardine	Male	51	J	crewe	Sprint - Male	00:18:52	00:18:54	01:22:11	00:03:14	00:50:00	02:53:11