Sprint - Male

Pos	StartTime	Race#	Name	Last Name	Gend	Age Ca	at	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	10:56:30	530	Adam	Coates	Male	33	F	Cannock	Sprint - Male	00:12:14	00:02:32	00:33:16	00:00:55	00:18:37	01:07:34
2	10:32:30	434	Chris	Holmes	Male	39	G	Belper 10:20	Sprint - Male	00:10:44	00:01:56	00:35:17	00:00:54	00:19:20	01:08:11
3	10:56:00	528	Aiden	Неар	Male	25	E	Total Tri Training	Sprint - Male	00:12:38	00:02:49	00:33:40	00:00:00	00:19:50	01:08:57
4	10:18:15	377	Kieron	Carroll	Male	31	F	Birmingham	Sprint - Male	00:10:36	00:02:29	00:36:09	00:00:59	00:19:47	01:10:00
5	10:58:45	542	Daniel	Waller	Male	33	F	Mersey Tri	Sprint - Male	00:13:02	00:02:36	00:33:37	00:01:23	00:20:10	01:10:48
6	10:14:30	362	Rhys	Thomas	Male	26	E	Southport	Sprint - Male	00:12:41	00:02:26	00:36:29	00:01:09	00:18:09	01:10:54
7	10:30:15	425	simon	lewis	Male	51	J	Manchester	Sprint - Male	00:13:35	00:01:54	00:34:29	00:01:03	00:20:19	01:11:20
8	10:27:30	414	Paul	Algieri	Male	57	K	Gog Triathlon Club	Sprint - Male	00:12:54	00:03:26	00:36:44	00:01:14	00:21:57	01:16:15
9	10:28:30	403	Adam	Booth	Male	39	G	Shrewsbury	Sprint - Male	00:17:04	00:03:35	00:35:47	00:01:09	00:19:43	01:17:18
10	10:57:15	533	Nathan	Connor	Male	33	F	Nathan Connor	Sprint - Male	00:15:57	00:04:04	00:39:06	00:01:47	00:19:20	01:20:14
11	10:54:30	522	Michael	Lisle	Male	66	M	Merseytri	Sprint - Male	00:13:51	00:02:58	00:39:13	00:01:27	00:23:20	01:20:49
12	10:25:15	405	Jonathan	Simons	Male	40	Н	Derby Triathlon Club	Sprint - Male	00:14:56	00:03:34	00:40:22	00:01:20	00:22:07	01:22:19
13	10:32:45	435	Paul	Cadman	Male	57	K	Telford Tri Club	Sprint - Male	00:16:21	00:03:41	00:39:12	00:01:44	00:21:53	01:22:51
14	10:23:30	398	William	Goodliffe	Male	37	G	Stroud AC	Sprint - Male	00:25:53	00:00:00	00:34:10	00:01:57	00:20:52	01:22:52
15	10:28:45	419	Austen	Morgan	Male	48	I	Chasewater Tri Club	Sprint - Male	00:13:54	00:03:11	00:40:05	00:01:23	00:25:01	01:23:34
16	10:19:45	383	jamie	guy	Male	32	F	MS-UK	Sprint - Male	00:16:56	00:03:30	00:40:23	00:01:21	00:21:40	01:23:50
17	10:16:00	368	Piers	Beynon-Thomas	Male	29	E	Caersws	Sprint - Male	00:15:58	00:03:56	00:42:57	00:01:01	00:22:23	01:26:15
18	10:18:00	376	Giovanni	Grant	Male	31	F	Birmingham	Sprint - Male	00:14:58	00:03:50	00:44:38	00:01:15	00:22:47	01:27:28
19	10:26:15	409	Richard	Josebury	Male	41	Н	Walsall	Sprint - Male	00:16:27	00:03:45	00:41:07	00:01:22	00:25:02	01:27:43
20	10:16:15	369	Alex	Markham	Male	30	F	Hinckley	Sprint - Male	00:20:05	00:00:00	00:43:07	00:01:40	00:23:34	01:28:26
21	10:13:30	358	William	Boyd	Male	20	C	Wolvey Hinckley	Sprint - Male	00:17:10	00:05:02	00:43:05	00:02:39	00:20:34	01:28:30
22	10:22:45	395	Laurie	Rippin	Male	36	G	Exeter	Sprint - Male	00:17:30	00:05:01	00:43:14	00:01:51	00:22:17	01:29:53
23	10:14:15	361	Fernando	Jimenez	Male	25	E	Oxford	Sprint - Male	00:16:36	00:04:15	00:46:41	00:00:00	00:23:57	01:31:29
24	10:35:00	444	Ben	Erridge	Male	31	F	Royal Leamington Sp	Sprint - Male	00:18:06	00:04:16	00:42:04	00:01:54	00:25:09	01:31:29
25	10:29:45	423	Stuart	Litchfield	Male	50	J	Bromsgrove	Sprint - Male	00:15:38	00:06:09	00:42:06	00:01:05	00:26:52	01:31:50
26	10:34:30	442	Jonathan	Walker	Male	62	L	Leeds	Sprint - Male	00:18:29	00:04:33	00:42:27	00:02:29	00:24:14	01:32:12
27	10:14:45	356	Nicholas	Reynolds	Male	16	A	Wilmslow	Sprint - Male	00:19:05	00:02:57	00:46:30	00:00:35	00:23:25	01:32:32
28	10:30:45	427	Neil	Hawkes	Male	52	J	Sutton Coldfield	Sprint - Male	00:16:40	00:05:09	00:44:39	00:02:01	00:24:34	01:33:03
29	10:59:45	546	Richard	Waring	Male	48	I	Richard Waring	Sprint - Male	00:18:18	00:00:00	00:47:54	00:01:24	00:25:33	01:33:09
30	10:50:45	507	Anthony	Owens	Male	37	G	Anthony Owens	Sprint - Male	00:16:12	00:05:38	00:48:34	00:01:27	00:22:39	01:34:30
31	10:25:45	407	Andrew	Alexander	Male	40	Н	Edgmond	Sprint - Male	00:21:15	00:05:32	00:43:12	00:02:07	00:22:34	01:34:40
32	10:24:15	401	Matt	Alexander	Male	38	G	Telford	Sprint - Male	00:20:34	00:07:42	00:43:15	00:02:10	00:22:24	01:36:05
33	10:20:00	384	Chris	Heath	Male	34	F	Tamworth	Sprint - Male	00:16:45	00:05:08	00:43:25	00:02:36	00:29:04	01:36:58
34	10:57:45	535	David	Goodall	Male	52	J	Cumbria	Sprint - Male	00:20:03	00:03:45	00:44:36	00:01:28	00:27:32	01:37:24
35	10:28:00	416	Ian	Foster	Male	46	I	Birmingham	Sprint - Male	00:23:36	00:00:00	00:48:02	00:02:34	00:23:20	01:37:32
36	10:15:00	363	Jacob	Smith	Male	26	E	Birmingham	Sprint - Male	00:17:23	00:05:05	00:51:27	00:00:47	00:22:59	01:37:41
37	10:27:15		David	Barnes	Male	44	Н	Sutton Coldfield	Sprint - Male	00:17:57		00:46:19	00:01:29		01:37:48
38	10:17:30	374	Luke	Thornton	Male	31	F	Stoke-on-trent	Sprint - Male	00:16:30	00:06:02	00:50:20	00:01:30	00:23:55	01:38:17
39	10:29:15		Craig	Weeks	Male	48	I	Leamington Spa	Sprint - Male	00:15:39	00:06:05	00:46:10	00:01:54	00:28:46	01:38:34
40	10:55:30		Phill	Johnston	Male	27	E	Stockport	Sprint - Male	00:18:47			00:02:03	00:25:47	01:38:41
41	10:27:45		James	Winterman	Male	46	I	Birmingham	Sprint - Male	00:17:41		00:49:08	00:01:29		01:38:59
42	10:21:30	360	Tyler	Grant	Male	25	E	Middleton	Sprint - Male	00:26:19	00:04:32	00:42:09	00:01:50	00:24:13	01:39:03

43 10:59:00 543 Stephen Paget Male 31 F St Helens Sprint - Male 00:18:18 00:05:41 00:49:26 00:01:39 00: 44 10:52:45 515 Nick Hill Male 34 F Shrewsbury Sprint - Male 00:19:26 00:04:25 00:46:47 00:01:34 00: 45 10:59:15 544 Stephen Bateman Male 48 I Sprint - Male 00:19:27 00:06:39 00:49:14 00:01:23 00: 46 10:15:30 366 Steven Mortimer Male 28 E Leamington Spa Sprint - Male 00:19:39 00:04:05 00:47:03 00:01:28 00: 47 10:20:45 387 Ciprian Benyi Male 35 G London Sprint - Male 00:25:23 00:00:00 00:45:24 00:02:26 00: 48 10:22:00 392 Simon Chevis Male 36 G Hayfield Sprint - Male 00:19:26 00:04:52 00:44:07 00:02:14 00: 49 10:31:15 429 Steve VICKERS Male 53 J SHEFFIELD Sprint - Male 00:18:17 00:07:10 00:46:06 00:02:39 00: 50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00: 51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00: 52 10:25:30 406 Richard Ayling Male 40 H Holybourne Sprint - Male 00:20:47 00:05:35 00:47:22 00:02:15 00: 54 10:20:15 385 Conor Pendergrast Male 34 F Vegan Runners Sprint - Male 00:19:33 00:06:40 00:48:09 00:01:51 00:55: 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:25:46 00:00:00 00:48:40 00:02:39 00: 55 10:16:45 371 Luke Davies-OÔCÖGr Male 30 F St Albans Sprint - Male 00:25:46 00:00:00 00:48:00 00:02:39 00:	n Total
45 10:59:15 544 Stephen Bateman Male 48 I Sprint - Male 00:19:27 00:06:39 00:49:14 00:01:23 00: 46 10:15:30 366 Steven Mortimer Male 28 E Leamington Spa Sprint - Male 00:19:39 00:04:05 00:47:03 00:01:28 00: 47 10:20:45 387 Ciprian Benyi Male 35 G London Sprint - Male 00:25:23 00:00:00 00:45:24 00:02:26 00: 48 10:22:00 392 Simon Chevis Male 36 G Hayfield Sprint - Male 00:19:26 00:04:52 00:44:07 00:02:14 00: 49 10:31:15 429 Steve VICKERS Male 53 J SHEFFIELD Sprint - Male 00:18:17 00:07:10 00:46:06 00:02:39 00: 50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00: 51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00: 52 10:25:30 406 Richard Ayling Male 40 H Holybourne Sprint - Male 00:19:30 00:04:00 00:48:09 00:01:51 00: 53 10:32:15 433 Adrian Low Male 56 K Halesowen Triathlon Sprint - Male 00:19:30 00:04:50 00:48:09 00:01:51 00: 54 10:20:15 385 Conor Pendergrast Male 34 F Vegan Runners Sprint - Male 00:19:33 00:06:40 00:47:56 00:02:27 00: 55 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:19:33 00:06:40 00:46:56 00:02:55 00:	4:26 01:39:30
46 10:15:30 366 Steven Mortimer Male 28 E Leamington Spa Sprint - Male 00:19:39 00:04:05 00:47:03 00:01:28 00:01:01:01:00 00:01:01:01:00 00:01:28 00:01:28 00:01:01:01:00 00:01:01:01:00 00:01:01:00 00:01:01:01:00 00:01:01:01:00 00:01:14 0	7:21 01:39:33
47 10:20:45 387 Ciprian Benyi Male 35 G London Sprint - Male 00:25:23 00:00:00 00:45:24 00:02:26 00:02 48 10:22:00 392 Simon Chevis Male 36 G Hayfield Sprint - Male 00:19:26 00:04:52 00:44:07 00:02:14 00: 49 10:31:15 429 Steve VICKERS Male 53 J SHEFFIELD Sprint - Male 00:18:17 00:07:10 00:46:06 00:02:39 00: 50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00: 51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00: 52 10:25:30 406 Richard Ayling Male 40	4:20 01:41:03
48 10:22:00 392 Simon Chevis Male 36 G Hayfield Sprint - Male 00:19:26 00:04:52 00:44:07 00:02:14 00:40:40 49 10:31:15 429 Steve VICKERS Male 53 J SHEFFIELD Sprint - Male 00:18:17 00:07:10 00:46:06 00:02:39 00: 50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00: 51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00: 52 10:25:30 406 Richard Ayling Male 40 H Holybourne Sprint - Male 00:02:47 00:05:35 00:47:22 00:02:15 00: 53 10:32:15 433 Adrian Low Male	9:02 01:41:17
49 10:31:15 429 Steve VICKERS Male 53 J SHEFFIELD Sprint - Male 00:18:17 00:07:10 00:46:06 00:02:39 00: 50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00: 51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00: 52 10:25:30 406 Richard Ayling Male 40 H Holybourne Sprint - Male 00:20:47 00:05:35 00:47:22 00:02:15 00: 53 10:32:15 433 Adrian Low Male 56 K Halesowen Triathlon Sprint - Male 00:19:30 00:04:50 00:48:09 00:01:51 00: 54 10:20:15 385 Conor Pendergrast Male 34 F Vegan Runners Sprint - Male 00:21:20 00:07:40 00:47:56 00:02:27 00: 55 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:19:33 00:06:40 00:46:56 00:02:55 00:	8:05 01:41:18
50 10:34:00 440 David Sansom Male 62 L BIrmingham Running Sprint - Male 00:20:55 00:06:12 00:48:24 00:01:58 00:01:58 00:05:16 00:05:16 00:05:247 00:01:13 00:05:15 00:05:16 00:52:47 00:01:13 00:05:247 00:01:13 00:05:247 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:04:8:09 00:01:15 00:05:15 00:05:35 00:04:8:09 00:01:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 00:05:15 <	0:51 01:41:30
51 10:19:00 380 Lee Cooper Male 31 F Lee Cooper Sprint - Male 00:16:05 00:05:16 00:52:47 00:01:13 00:05:15 00:01:13 00:05:16 00:52:47 00:01:13 00:05:16 00:05:247 00:01:13 00:05:247 00:01:13 00:05:247 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:47:22 00:02:15 00:05:15 00:05:35 00:04:22 00:02:15 00:05:15 00:05:35 00:04:22 00:02:15 00:05:15 00:05:35 00:04:22 00:02:15 00:05:15 00:05:35 00:04:30 00:04:30 00:04:30 00:04:30 00:04:30 00:04:30 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:02:27 00:05:35 00:05:35 00:04:50 00:02:27 00:05:35 00:05:35	7:19 01:41:31
52 10:25:30 406 Richard Ayling Male 40 H Holybourne Sprint - Male 00:20:47 00:05:35 00:47:22 00:02:15 00:05:35 53 10:32:15 433 Adrian Low Male 56 K Halesowen Triathlon Sprint - Male 00:19:30 00:04:50 00:48:09 00:01:51 00: 54 10:20:15 385 Conor Pendergrast Male 34 F Vegan Runners Sprint - Male 00:02:20 00:07:40 00:47:56 00:02:27 00: 55 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:19:33 00:06:40 00:46:56 00:02:55 00:	4:54 01:42:23
53 10:32:15 433 Adrian Low Male 56 K Halesowen Triathlon Sprint - Male 00:19:30 00:04:50 00:48:09 00:01:51 00:05:51 00:05:10:00:05:00 00:04:50 00:04:50 00:04:50 00:02:27 00:05:10:00:05:00 00:04:50 00:04:50 00:02:27 00:05:10:00:05:00 00:05:10:00:05:00 00:05:10:00:05:00 00:05:10:00:05:00 00:05:10:00:05:00 00:05:10:05:00 00:05:10:00 00:05:10:00 00:05:10:00 00:05:10:00:00 00:05:10:00 00:05:10:00 0	7:20 01:42:41
54 10:20:15 385 Conor Pendergrast Male 34 F Vegan Runners Sprint - Male 00:21:20 00:07:40 00:47:56 00:02:27 00:05:50 55 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:19:33 00:06:40 00:46:56 00:02:55 00:02:55 00:02:05	6:46 01:42:45
55 10:53:30 518 Barry Standen Male 48 I Chester Sprint - Male 00:19:33 00:06:40 00:46:56 00:02:55 00:	9:04 01:43:24
	4:13 01:43:36
56 10:16:45 371 Luke Davies-OÔCÖGrMale 30 F St Albans Sprint - Male 00:25:46 00:00:00 00:48:40 00:02:39 00:	7:43 01:43:47
	7:02 01:44:07
57 10:26:45 411 Jon Price Male 42 H Sutton coldfield Sprint - Male 00:18:26 00:05:54 00:47:37 00:02:49 00:	9:52 01:44:38
58 10:58:00 536 Jonathan Pierce Male 56 K Staffordshire Sprint - Male 00:29:44 00:06:13 00:41:38 00:02:14 00:	6:08 01:45:57
59 10:43:15 424 Steven Smitherman Male 51 J Warley Wasps Sprint - Male 00:20:52 00:04:52 00:49:01 00:01:40 00:	0:39 01:47:04
60 10:31:45 431 Paul Smith Male 56 K Wigston Sprint - Male 00:20:14 00:09:12 00:46:36 00:01:49 00:	9:28 01:47:19
61 10:23:15 397 Jerome Curtis Male 37 G London Sprint - Male 00:29:39 00:00:00 00:50:13 00:02:12 00:	6:19 01:48:23
62 10:29:30 422 Mark Witcomb Male 49 I Sutton Coldfield Sprint - Male 00:19:29 00:06:53 00:53:44 00:02:11 00:	6:20 01:48:37
63 10:32:00 432 Joanne Congerton Male 56 K Halesowen Triathlon Sprint - Male 00:30:12 00:00:00 00:47:46 00:02:17 00:	8:41 01:48:56
64 10:21:00 359 Pete Renwick Male 25 E Hull Sprint - Male 00:34:30 00:04:40 00:41:01 00:02:59 00:	7:11 01:50:21
65 10:33:45 439 Mark Barron Male 58 K Lichfield Sprint - Male 00:19:42 00:06:30 00:54:21 00:01:41 00:	8:11 01:50:25
66 10:26:00 408 Stephen Gould Male 41 H Oldbury Sprint - Male 00:20:30 00:07:29 00:45:22 00:02:32 00:	5:53 01:51:46
67 10:30:30 426 Martin Hathaway Male 52 J Walsall Sprint - Male 00:20:39 00:10:15 00:50:58 00:02:23 00:	0:24 01:54:39
68 10:28:15 417 Adrian Cooper Male 48 I Shrewsbury Sprint - Male 00:22:08 00:05:36 00:51:13 00:02:43 00:	5:23 01:57:03
69 10:31:30 430 John Martin Male 55 K peckham Sprint - Male 00:22:09 00:07:43 00:55:55 00:01:56 00:	0:20 01:58:03
70 10:55:45 527 allan bennett Male 50 J allan bennett Sprint - Male 00:35:24 00:00:00 00:56:16 00:00:00 00:	1:33 02:03:13
71 10:15:45 367 Jonathan Harrison Male 28 E Birmingham Sprint - Male 00:25:33 00:07:59 01:09:27 00:01:34 00:	5:39 02:10:12
72 10:54:45 523 Russell McGrath Male 56 K Widnes Sprint - Male 00:21:44 00:09:52 01:01:01 00:04:44 00:	5:45 02:13:06