

OPEN CATEGORY AGE GROUP Q (80+)

Take part in 3 or more qualifying UK Triathlon Events in 2023 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

Any Sprint or Olympic (including Ultimate <sup>1</sup>/<sub>4</sub>) qualifies.

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

