

# Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	11:15:00	234	Grace	Tonner	Female	27	E	London	Super Sprint -	00:05:55	00:01:24	00:24:27	00:00:59	00:12:02	00:44:47
2	11:15:00	204	Jenny	Watson	Female	29	E	Eastbourne	Super Sprint -	00:05:49	00:01:38	00:26:11	00:00:43	00:12:23	00:46:44
3	11:15:00	233	linda	thomas	Female	52	J	walthamstow	Super Sprint -	00:07:02	00:01:11	00:24:29	00:00:28	00:14:39	00:47:49
4	11:15:00	224	Jenny	George	Female	31	F		Super Sprint -	00:07:45	00:01:41	00:23:59	00:00:32	00:13:54	00:47:51
5	11:15:00	190	Debbie	McDermott	Female	51	J	Seaford	Super Sprint -	00:07:30	00:01:20	00:25:43	00:00:45	00:14:37	00:49:55
6	11:15:00	220	Emmie	Bidston	Female	39	G	Crowthorne	Super Sprint -	00:08:07	00:01:51	00:30:05	00:00:31	00:13:04	00:53:38
7	11:15:00	222	Fiona	Cook	Female	34	F	Wandsworth	Super Sprint -	00:09:55	00:04:31	00:31:10	00:02:03	00:19:34	01:07:13