

# Super Sprint - Female

Pos	StartTime	Race#	Name	Last Name	Gender	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	12:00:15	651	Lillie	Pragnell	Female	31	F	Ark	Super Sprint -	00:04:24	00:02:53	00:45:13	00:00:48	00:12:42	01:06:00
2	11:57:45	641	Dawn	Moss	Female	51	J	Biddulph Staffordshi	Super Sprint -	00:03:48	00:02:37	00:46:48	00:00:48	00:12:22	01:06:23
3	11:55:15	631	Tina	Denny	Female	52	J	Nantwich	Super Sprint -	00:03:48	00:02:21	00:44:47	00:01:07	00:16:11	01:08:14
4	11:56:45	637	Hayley	Brereton	Female	33	F	Sandbach	Super Sprint -	00:04:43	00:01:54	00:45:02	00:01:22	00:15:51	01:08:52
5	11:56:15	635	Tacielle	De Ron	Female	28	E	Chester	Super Sprint -	00:04:14	00:03:23	00:53:39	00:00:50	00:14:25	01:16:31
6	11:59:30	648	Jill	Woodward	Female	68	M	Withington	Super Sprint -	00:05:07	00:02:46	00:51:47	00:02:09	00:16:37	01:18:26
7	11:56:00	634	Alison	Lui	Female	37	G	Cancer Research UK	Super Sprint -	00:04:08	00:02:50	00:54:14	00:01:02	00:18:04	01:20:18
8	11:58:30	644	Jacqui	Charlesworth	Female	47	I	Middlewich	Super Sprint -	00:04:51	00:04:06	00:56:29	00:01:11	00:17:21	01:23:58
9	11:56:30	636	Frances	Wood	Female	60	L	Bebington	Super Sprint -	00:04:37	00:02:23	00:56:33	00:02:23	00:19:42	01:25:38
10	11:58:15	643	Katie	Paxton	Female	49	I	Wrexham	Super Sprint -	00:05:11	00:03:30	00:59:31	00:01:16	00:16:34	01:26:02
11	11:57:30	640	Steph	Jackson	Female	43	H	Cancer Research UK	Super Sprint -	00:04:38	00:03:28	00:58:30	00:01:27	00:18:32	01:26:35
12	11:59:00	646	Kelly	Tarr	Female	35	G	Telford	Super Sprint -	00:05:04	00:03:34	01:00:34	00:01:42	00:17:41	01:28:35
13	11:57:00	638	Karen	Minor	Female	49	I	Abergele	Super Sprint -	00:04:01	00:03:02	00:59:50	00:01:16	00:20:44	01:28:53
14	11:59:15	647	Clare	Brown	Female	43	H	The Browns	Super Sprint -	00:04:41	00:05:20	01:00:02	00:01:34	00:18:45	01:30:22
15	11:59:45	649	Wendy	Timmerman	Female	52	J	Stoke-on-Trent	Super Sprint -	00:05:19	00:04:15	01:11:15	00:01:28	00:22:35	01:44:52
16	12:10:15	650	Amanda	Clark	Female	53	J	TRI-HARDS	Super Sprint -	00:06:49	00:04:57	01:19:14	00:02:07	00:18:54	01:52:01