



Preventing Youth Homelessness Together

Pool Based Events

- [Cheshire Triathlon](#)
- [Stratford Triathlon](#)
- [York Triathlon](#)
- [Henley Triathlon](#)
- [North West Triathlon](#)
- [Warwickshire Triathlon](#)

Sign up for SASH

SASH is a youth homelessness charity that works across York, North Yorkshire, the East Riding of Yorkshire and Hull. We prevent young people from becoming homeless by offering them a room in the home of a volunteer 'host.'

Why choose SASH

We run an emergency Nightstop scheme which helps young people at a time of crisis, and a longer term Supported Lodgings scheme for those unable to live at home but who do not yet have the skills to live independently. We help around 300 young people avoid homelessness very year. Thanks to our volunteers, we are able to provide a community response to the problem of youth homelessness.

Every year, we need to fundraise around 25% of our income to run our services.

This financial year (to April 2019) this amounts to £344,600. The only way we can achieve this is with the help of people like you who raise money for our work.

A safe place to stay for young people facing homelessness

Last year, we helped 335 young people avoid homelessness.

In 2015 Centrepoint found that 26% of young people have had to sleep in an unsafe place and 35% had had to sofa-surf at some point in the past because they had nowhere safe to stay.¹

Join our Triathlon Team

You can make all the difference to a young homeless person's life. We can't do our work without our brilliant supporters.

"We will be proud to have you on our team"



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Open Water Events

- [Ultimate Triathlon](#)
- [Ultimate Half Triathlon](#)
- [Ultimate Quarter Triathlon](#)
- [Birmingham Triathlon](#)
- [South Coast Triathlon](#)
- [Shropshire Triathlon](#)

Just choose SASH on your entry form to sign up for us today!

