

# Swim Course – Olympic, Sprint, Super Sprint & Fun

## Swim Course

750m = one lap of the triangular course

Olympic & Olympic Relay – 750m x 2 laps = 1500m

You must go through the start gate to start your 2<sup>nd</sup> lap.

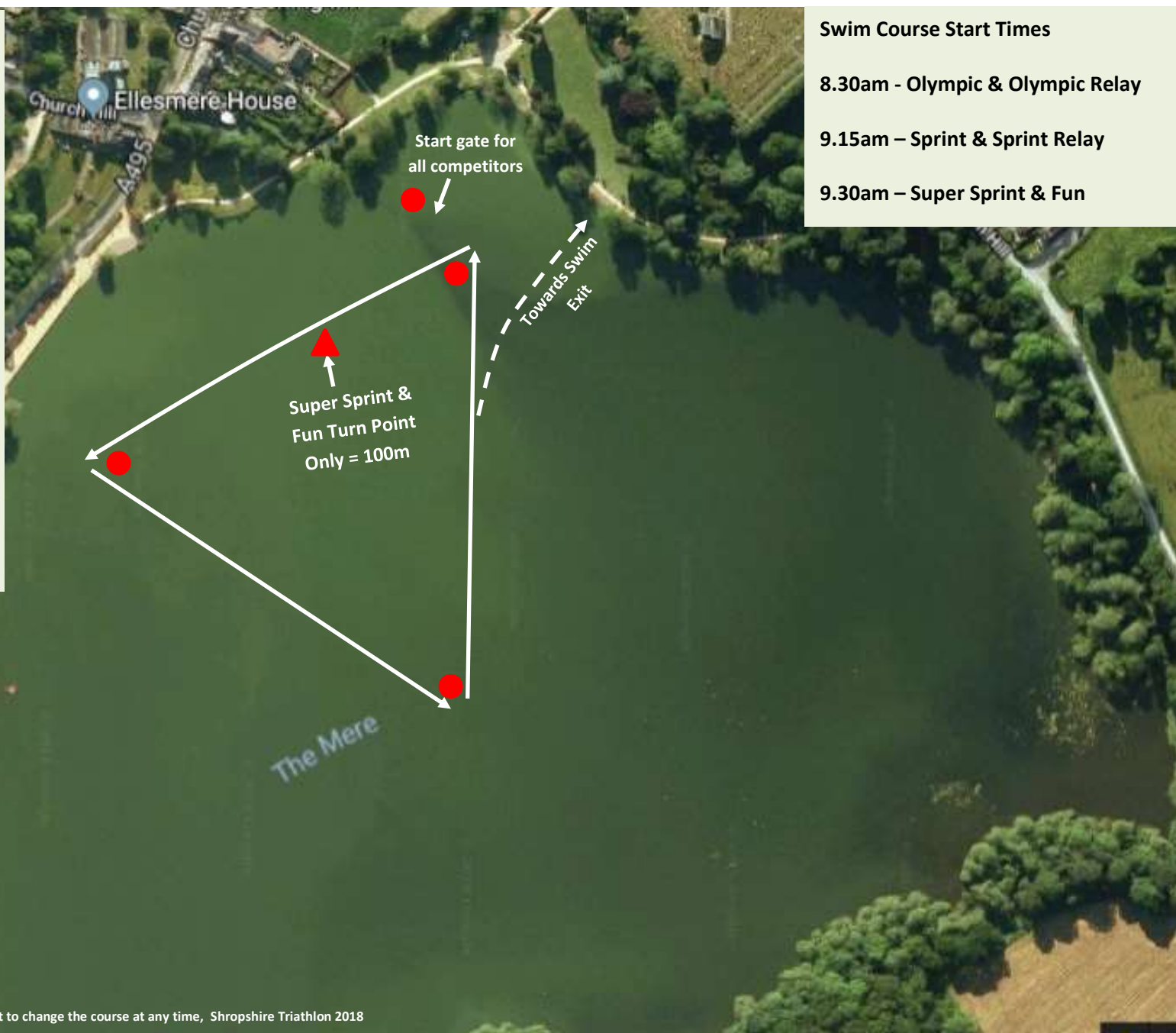
Sprint & Sprint Relay = 750m x 1 lap.

Super Sprint & Fun = 200m x 1 lap (Short Course, Triangular Buoy).

The Red Buoys are the turn points for the Olympic & Sprint only.

The Triangular Buoy is the turn point for the Super Sprint & Fun only.

Map not to scale



## Swim Course Start Times

8.30am - Olympic & Olympic Relay

9.15am – Sprint & Sprint Relay

9.30am – Super Sprint & Fun