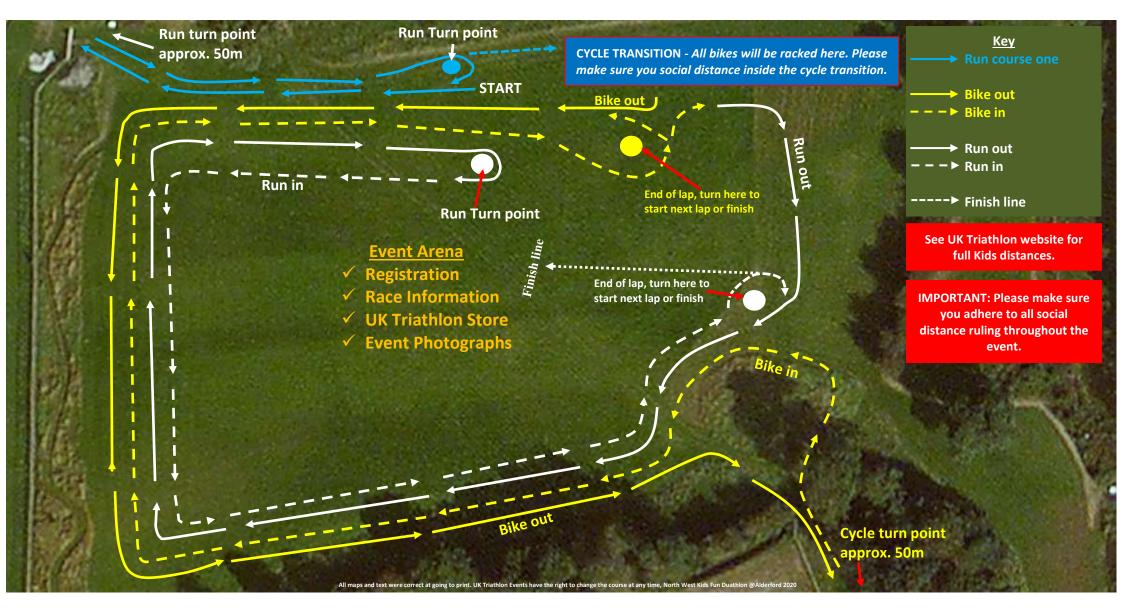
## North West Fun Kids Triathlon @Alderford Run - Bike - Run Course



- > The whole of the course is short grass, it is flat as well as being inside the grounds of Alderford Lake, making it safe for the children
- > The whole of the course will be post & taped, making it easy for the children to navigate