

# Sprint Female: Female

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
1	11:09:00	388	Hannah	Thompson	Female	24	C	SJB/Phoenix Tri	Sprint Female	00:06:39	00:00:33	00:47:47	00:00:39	00:21:31	01:17:09
2	10:49:20	329	Mireille	Cook	Female	40	H	Cancer Research UK	Sprint Female	00:07:32	00:01:21	00:49:41	00:00:55	00:22:16	01:21:45
3	10:40:00	301	Carrie	Hoskins	Female	48	I	Henley on Thames	Sprint Female	00:08:34	00:01:03	00:54:17	00:00:43	00:20:49	01:25:26
4	10:43:20	311	Charlotte	Gibb	Female	33	F	London	Sprint Female	00:07:45	00:00:54	00:53:11	00:00:49	00:23:06	01:25:45
5	10:16:40	231	amie	shuttleworth	Female	31	F	London	Sprint Female	00:07:52	00:00:52	00:57:58	00:00:41	00:21:56	01:29:19
6	11:24:00	433	Nicola	Whitby	Female	43	H	SJB / Cardinal Wise	Sprint Female	00:06:27	00:01:10	00:56:43	00:00:36	00:24:27	01:29:23
7	10:44:40	315	Emily	Trower	Female	34	F	Windlesham	Sprint Female	00:08:31	00:01:25	00:56:02	00:00:27	00:23:12	01:29:37
8	10:46:00	319	Jennifer	McFarland	Female	41	H	Woking	Sprint Female	00:07:37	00:01:08	00:55:33	00:01:10	00:24:11	01:29:39
9	10:37:40	294	andrea	williams	Female	41	H	Launton	Sprint Female	00:08:26	00:01:05	00:54:43	00:00:33	00:26:31	01:31:18
10	10:47:40	324	Sophie	Hoskins	Female	21	C		Sprint Female	00:07:06	00:01:16	00:58:02	00:00:42	00:25:00	01:32:06
11	10:38:20	296	Caz	Shaw	Female	43	H	Henley on Thames	Sprint Female	00:08:32	00:00:49	00:57:26	00:00:50	00:25:39	01:33:16
12	10:27:20	256	Gabrielle	Bassett	Female	40	H		Sprint Female	00:09:20	00:01:43	00:55:28	00:00:38	00:26:27	01:33:36
13	10:22:00	247	REBECCA	TAIT	Female	43	H	Hants	Sprint Female	00:10:38	00:01:40	00:56:37	00:01:03	00:24:13	01:34:11
14	10:38:00	295	Sarah	Lund	Female	39	G	Leeds	Sprint Female	00:09:10	00:00:53	00:57:35	00:00:52	00:26:03	01:34:33
15	10:24:00	253	Julie	Rainbow	Female	50	J	Henley-on-Thames	Sprint Female	00:10:51	00:02:11	00:56:51	00:01:34	00:23:19	01:34:46
16	10:41:00	304	Emily	Jennings	Female	28	E	MS-UK	Sprint Female	00:07:22	00:01:34	00:58:35	00:01:00	00:26:16	01:34:47
17	10:43:40	312	Jen	Davidson	Female	38	G	Reading	Sprint Female	00:08:21	00:01:14	00:57:16	00:01:00	00:26:58	01:34:49
18	11:22:40	429	Rachel	Martin	Female	25	E	SJB / Cardinal Wise	Sprint Female	00:08:25	00:01:03	00:56:34	00:00:52	00:28:26	01:35:20
19	10:46:20	309	Samantha	Best	Female	36	G	London	Sprint Female	00:08:52	00:01:23	00:58:53	00:00:56	00:26:06	01:36:10
20	10:27:40	264	Anna	Key	Female	34	F	Eynsham	Sprint Female	00:08:52	00:01:27	00:53:14	00:01:12	00:31:58	01:36:43
21	10:09:00	208	Sarah	Shiner	Female	29	E	you can dust it off an	Sprint Female	00:08:54	00:01:44	00:59:47	00:01:01	00:25:41	01:37:07
22	10:32:40	279	Emma	Nicol	Female	36	G	MS-UK	Sprint Female	00:09:04	00:02:03	01:01:28	00:00:34	00:24:07	01:37:16
24	10:41:40	306	Heidi	Lewis	Female	39	G	Northants	Sprint Female	00:09:15	00:01:35	01:00:53	00:00:46	00:25:05	01:37:34
23	10:36:40	291	Elizabeth	Williams	Female	40	H	Jane Tomlinson	Sprint Female	00:10:00	00:01:30	01:01:37	00:01:02	00:23:25	01:37:34
25	10:48:20	326	Nicola	Gander	Female	39	G	Walters Ash	Sprint Female	00:06:58	00:02:16	01:00:14	00:00:58	00:27:59	01:38:25
26	10:48:00	325	Amy	Tattersall	Female	37	G	Elmswell	Sprint Female	00:07:23	00:01:15	01:00:59	00:01:13	00:27:53	01:38:43
27	10:45:00	316	Elizabeth	Scott	Female	51	J	Aylesford	Sprint Female	00:08:12	00:00:54	00:58:57	00:01:07	00:30:02	01:39:12
28	10:44:00	313	pilippa	Collison	Female	23	C	ChippingCampden	Sprint Female	00:07:40	00:01:46	01:02:54	00:01:23	00:25:30	01:39:13
29	11:22:20	428	Emily	Shelton	Female	34	F	SJB	Sprint Female	00:07:24	00:02:12	01:02:44	00:00:35	00:26:53	01:39:48
30	10:28:20	266	Emily	Foster	Female	28	E	Deepcut	Sprint Female	00:08:49	00:01:44	01:00:21	00:01:24	00:27:52	01:40:10
31	10:36:20	290	Mary	Reeves	Female	53	J	Inkberrow	Sprint Female	00:09:19	00:01:40	01:02:02	00:00:37	00:26:35	01:40:13
32	10:30:40	273	Jennifer	Brewer	Female	24	C	oxfordshire	Sprint Female	00:09:44	00:01:39	01:03:49	00:00:33	00:24:50	01:40:35
33	10:12:40	219	Rachel	McClenaghan	Female	27	E	You Can Dust it Off a	Sprint Female	00:15:05	00:01:53	00:56:31	00:00:56	00:26:36	01:41:01
34	10:49:40	330	Faye	Wall	Female	42	H	Reading	Sprint Female	00:08:05	00:01:23	01:00:01	00:01:36	00:30:19	01:41:24
35	10:43:00	310	Charlie	Brown	Female	29	E	London	Sprint Female	00:09:05	00:02:55	01:03:39	00:01:25	00:25:02	01:42:06
36	10:38:40	297	Jinty	Piquet	Female	48	I	Alresford	Sprint Female	00:08:46	00:01:44	01:03:39	00:00:50	00:27:45	01:42:44
37	10:30:00	271	Katharine	McClenaghan	Female	31	F	London	Sprint Female	00:08:15	00:01:58	01:04:31	00:00:23	00:27:38	01:42:45
38	11:23:20	431	Sophie	Foster	Female	26	E	SJB/ST PAULS	Sprint Female	00:08:04	00:02:06	01:03:42	00:00:47	00:28:10	01:42:49
39	10:20:20	242	Kerry	Mason	Female	46	I	London	Sprint Female	00:12:05	00:01:41	01:03:09	00:00:44	00:25:37	01:43:16
40	10:09:20	209	Jacqui	Swanepoel	Female	31	F	London	Sprint Female	00:08:08	00:01:12	01:04:40	00:01:00	00:28:26	01:43:26
41	10:08:40	207	Angie	Turner	Female	35	G	Stoke Poges	Sprint Female	00:09:43	00:02:21	01:02:42	00:01:35	00:27:24	01:43:45
42	10:30:20	272	Jane	ASHBY	Female	44	H	Nettlebed	Sprint Female	00:09:27	00:02:47	01:04:49	00:01:25	00:25:21	01:43:49

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
43	10:50:00	331	Lucy	Jenner	Female	23	C	Twyford	Sprint Female	00:06:30	00:01:23	01:07:33	00:00:30	00:28:17	01:44:13
44	10:27:00	262	Saskia	Hoppe	Female	30	F	Tea and Clogs	Sprint Female	00:09:17	00:02:33	00:57:19	00:01:24	00:33:57	01:44:30
45	11:21:40	426	Victoria	Sears	Female	39	G	SJB	Sprint Female	00:08:31	00:02:21	01:02:28	00:01:37	00:30:06	01:45:03
46	10:29:00	268	Tina	Wilson	Female	59	K	Reading	Sprint Female	00:09:23	00:01:25	01:05:59	00:01:58	00:26:21	01:45:06
47	10:19:20	239	Heather	Terry	Female	42	H	Winchester	Sprint Female	00:11:10	00:00:58	01:04:12	00:01:13	00:28:15	01:45:48
48	10:26:00	259	Anna	McShane	Female	34	F	Naphill	Sprint Female	00:09:50	00:01:26	01:03:05	00:00:50	00:30:55	01:46:06
49	10:34:20	284	Dani	Smitih	Female	25	E	Bristol	Sprint Female	00:09:34	00:01:48	01:02:24	00:00:41	00:31:42	01:46:09
50	10:39:40	300	Caroline	Armstrong	Female	42	H	Exmouth	Sprint Female	00:08:34	00:02:22	01:04:58	00:01:18	00:29:07	01:46:19
51	10:06:20	200	Alison	Hargreaves	Female	31	F	Cancer Research UK	Sprint Female	00:09:23	00:01:43	01:05:46	00:00:46	00:28:53	01:46:31
52	10:28:40	267	Sally	Thomas	Female	25	E	Oxford	Sprint Female	00:08:33	00:01:32	01:02:48	00:00:54	00:33:04	01:46:51
53	10:39:20	299	Hannah	Lobban	Female	40	H	Cancer Research UK	Sprint Female	00:07:53	00:02:56	01:06:02	00:01:01	00:29:06	01:46:58
54	10:44:20	314	Jude	Coleman	Female	46	I	Oxon	Sprint Female	00:07:49	00:00:53	01:09:51	00:01:28	00:27:10	01:47:11
55	10:40:20	302	adelle	heath	Female	39	G	marlow	Sprint Female	00:10:58	00:02:32	01:06:39	00:00:54	00:26:13	01:47:16
56	10:33:20	281	Jessica	Hobbs	Female	22	C	Alresford	Sprint Female	00:11:04	00:02:21	01:08:02	00:00:35	00:25:27	01:47:29
57	10:23:20	251	Amy	Flaxman	Female	29	E	British Heart Founda	Sprint Female	00:09:29	00:04:16	01:05:43	00:00:46	00:27:17	01:47:31
58	10:40:40	303	Hannah	Williams	Female	34	F	Marlow	Sprint Female	00:08:37	00:02:27	01:09:04	00:02:49	00:30:12	01:47:31
59	10:42:20	308	Helen	Owen	Female	33	F	Ware	Sprint Female	00:08:07	00:01:23	01:08:11	00:01:34	00:28:36	01:47:51
60	11:20:20	422	Nicola	Risman	Female	50	J	SJB	Sprint Female	00:11:08	00:01:27	01:03:29	00:01:01	00:31:06	01:48:11
61	11:20:00	421	Jane	Richardson	Female	42	H	sjb	Sprint Female	00:11:01	00:01:36	01:03:54	00:00:50	00:31:05	01:48:26
62	10:07:40	204	Roshni	Allsop	Female	30	F	London	Sprint Female	00:09:39	00:02:01	01:09:24	00:00:38	00:26:53	01:48:35
63	10:23:00	250	Catherine	Morgenstern	Female	34	F	Bristol	Sprint Female	00:11:33	00:01:15	01:05:57	00:00:34	00:29:25	01:48:44
64	10:18:00	235	Sarah	Lamb	Female	39	G	Reading	Sprint Female	00:10:46	00:02:40	01:07:40	00:00:46	00:27:00	01:48:52
65	10:42:00	307	Natalie	Cole	Female	33	F	TeamCheryl	Sprint Female	00:10:44	00:01:29	01:07:22	00:00:50	00:28:37	01:49:02
66	10:07:00	202	Jeanette	Wooster	Female	42	H		Sprint Female	00:10:41	00:02:37	01:05:50	00:02:01	00:27:57	01:49:06
67	10:11:00	214	Becky	Boyes	Female	37	G	Farnborough	Sprint Female	00:16:40	00:01:31	01:00:56	00:01:05	00:29:09	01:49:21
68	10:21:40	246	Sarah	Morgan	Female	35	G	Twyford	Sprint Female	00:10:18	00:03:41	01:07:41	00:01:48	00:26:01	01:49:29
69	10:33:00	280	Janet	Fricke	Female	44	H	Danesfield School	Sprint Female	00:08:30	00:01:57	01:04:17	00:00:39	00:34:21	01:49:44
70	10:49:00	328	Sophie	Jenner	Female	26	E	BRACKNELL	Sprint Female	00:06:51	00:01:21	01:08:27	00:00:32	00:33:16	01:50:27
71	10:31:00	274	JUDITH	King	Female	40	H	Reading	Sprint Female	00:08:32	00:02:43	01:08:52	00:01:00	00:29:54	01:51:01
72	10:15:40	228	Angharad	Shaw	Female	30	F	Reading	Sprint Female	00:13:12	00:02:31	01:07:10	00:01:06	00:27:10	01:51:09
73	10:29:40	270	Cathrin	Johnsen	Female	48	I	Ibstone	Sprint Female	00:10:02	00:01:54	01:07:59	00:00:44	00:30:43	01:51:22
74	10:41:20	305	Hannah	Elliot	Female	33	F	Newscastle	Sprint Female	00:09:41	00:01:41	01:08:01	00:01:32	00:30:30	01:51:25
75	10:08:20	206	Jenny	Dorney-Savage	Female	28	E	Watlington	Sprint Female	00:09:03	00:02:33	01:09:59	00:01:44	00:28:32	01:51:51
76	11:22:00	427	Keryn	Jones	Female	47	I	SJB / Cardinal Wise	Sprint Female	00:08:04	00:02:19	01:03:48	00:01:15	00:36:38	01:52:04
77	11:02:40	369	Vikki	Millard	Female	43	H	Ascot	Sprint Female	00:10:45	00:02:03	01:07:04	00:01:33	00:30:47	01:52:12
78	10:39:00	298	Ruth	Garratt	Female	28	E	Amersham	Sprint Female	00:08:15	00:01:57	01:09:51	00:01:13	00:31:02	01:52:18
79	11:24:20	434	Hannah	Mascarenhas	Female	31	F	SJB / Heathside Lege	Sprint Female	00:09:34	00:04:06	01:07:54	00:01:28	00:29:23	01:52:25
80	10:31:40	276	Kate	Jenkins	Female	23	C	West Hendred	Sprint Female	00:10:51	00:02:05	01:09:34	00:00:40	00:29:24	01:52:34
81	10:35:20	287	Alice	Croot	Female	20	C	High Wycombe	Sprint Female	00:11:37	00:02:47	01:05:41	00:00:35	00:32:05	01:52:45
82	10:16:20	230	Beth	Collins	Female	35	G	London	Sprint Female	00:09:11	00:02:35	01:07:55	00:02:23	00:31:34	01:53:38
83	11:21:20	425	Michelle	Dixon	Female	30	F	SJB	Sprint Female	00:08:34	00:01:57	01:13:01	00:01:10	00:29:48	01:54:30
84	10:15:00	226	Hannah	Copus	Female	46	I	Marlow	Sprint Female	00:10:53	00:03:11	01:08:03	00:00:57	00:31:47	01:54:51
85	09:17:20	53	Lindsey	Dewhurst	Female	41	H	dewhurst	Sprint Female	00:10:16	00:01:55	01:10:50	00:00:50	00:31:09	01:55:00
86	10:31:20	275	Rebecca	Cockman-Goodfo	Female	45	I	Watlington	Sprint Female	00:12:19	00:02:25	01:12:51	00:00:55	00:26:37	01:55:07

Pos	StartTime	Race#	Name	Last Name	Gen	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
87	10:29:20	269	Jayne	Morley-Smith	Female	30	F	Crawley	Sprint Female	00:09:15	00:02:33	01:10:42	00:01:19	00:31:20	01:55:09
88	10:19:00	238	Beverley	McAuley	Female	57	K	London	Sprint Female	00:15:44	00:03:19	01:05:54	00:01:03	00:29:47	01:55:47
89	10:32:00	277	sharron	jones	Female	50	J	Henley on Thames	Sprint Female	00:12:19	00:01:26	01:10:08	00:01:16	00:30:42	01:55:51
90	10:36:00	289	Sophie	Wetherall	Female	43	H	Pershore	Sprint Female	00:10:58	00:01:51	01:10:49	00:01:49	00:31:05	01:56:32
91	10:35:00	286	Lorna	Croot	Female	25	E	High Wycombe	Sprint Female	00:08:17	00:02:16	01:18:13	00:00:43	00:28:22	01:57:51
92	10:11:40	216	Jo	Gilpin	Female	37	G	London	Sprint Female	00:13:30	00:02:08	01:01:23	00:01:26	00:40:18	01:58:45
93	10:12:20	211	wendy	newnham	Female	42	H	MS-UK	Sprint Female	00:10:31	00:01:51	01:16:12	00:00:39	00:29:45	01:58:58
94	10:18:40	237	jacqui	O'Leary	Female	47	I	Epsom	Sprint Female	00:11:47	00:02:09	01:12:17	00:01:30	00:31:18	01:59:01
95	10:21:00	244	Mel	Moore	Female	50	J	London	Sprint Female	00:12:32	00:03:10	01:09:30	00:01:31	00:33:01	01:59:44
96	10:23:40	252	Jane	Collison	Female	57	K	ChippingCampden	Sprint Female	00:10:15	00:01:50	01:11:08	00:02:22	00:34:10	01:59:45
97	11:21:00	424	Claire	Brown	Female	47	I	SJB	Sprint Female	00:10:39	00:01:42	01:09:20	00:02:27	00:36:02	02:00:10
98	10:26:20	260	Rachel	Gillott	Female	32	F	Surbiton	Sprint Female	00:10:29	00:02:20	01:09:33	00:01:57	00:35:53	02:00:12
99	10:33:40	282	Sally	Foster	female	0		Reading	Sprint Female	00:09:33	00:02:54	01:13:24	00:01:20	00:33:52	02:01:03
100	10:52:20	338	Jo	Yarnall	Female	47	I	Faringdon	Sprint Female	00:11:51	00:02:35	01:12:37	00:00:59	00:33:02	02:01:04
101	10:11:20	215	Maureen	Donald	Female	48	I	London	Sprint Female	00:14:00	00:05:12	01:09:56	00:01:46	00:30:23	02:01:17
102	10:09:40	210	Becca	Sowten	Female	31	F	northants	Sprint Female	00:13:13	00:02:53	01:10:30	00:01:12	00:34:14	02:02:02
103	10:14:20	224	Lily	Teo	Female	61	L	London	Sprint Female	00:12:41	00:03:46	01:15:49	00:00:58	00:29:09	02:02:23
104	10:26:40	261	Annika	Corbijn	Female	29	E	Tea and Clogs	Sprint Female	00:09:12	00:02:23	01:10:30	00:01:43	00:39:14	02:03:02
105	10:47:00	322	Helen	Gibson	Female	28	E	The 3 Musketeers	Sprint Female	00:12:15	00:00:56	01:14:35	00:00:45	00:35:13	02:03:44
106	10:45:20	317	Lucinda	Cobb	Female	38	G	Windlesham	Sprint Female	00:10:41	00:02:01	01:13:00	00:00:54	00:37:14	02:03:50
107	10:34:40	285	Christine	Mitchell	Female	49	I	Danesfield School Te	Sprint Female	00:10:16	00:04:51	01:15:43	00:00:56	00:32:08	02:03:54
108	10:10:40	213	Suzanne	Godfrey	Female	25	E	Diss	Sprint Female	00:15:48	00:02:39	01:13:59	00:02:30	00:30:05	02:05:01
109	10:24:20	254	Jodie	Rawlings	Female	30	F	london	Sprint Female	00:10:27	00:02:10	01:15:43	00:02:22	00:36:12	02:06:54
110	11:23:00	430	Colette	Doherty	Female	0		SJB / Cardinal Wise	Sprint Female	00:07:25	00:03:14	01:20:53	00:00:51	00:35:34	02:07:57
111	11:03:00	370	Laura	Jackson	Female	26	E	SJB / Heathside Lege	Sprint Female	00:09:32	00:03:47	01:23:15	00:01:49	00:29:34	02:07:57
112	10:46:40	321	Sian	Davis	Female	28	E	The 3 Musketeers	Sprint Female	00:10:16	00:02:33	01:16:25	00:00:56	00:38:37	02:08:47
113	10:20:40	243	Nicki	Carberry-Rogers	Female	48	I	Danesfield School	Sprint Female	00:08:50	00:03:10	01:23:19	00:01:17	00:34:08	02:10:44
114	10:18:20	236	Fiona	Grant	Female	50	J	Reading	Sprint Female	00:08:29	00:04:13	01:16:29	00:01:02	00:41:05	02:11:18
115	10:17:00	227	Adele	Frances	Female	38	G	London	Sprint Female	00:14:04	00:01:51	01:17:53	00:01:32	00:37:31	02:12:51
116	10:06:40	201	Meagan	Levin	Female	29	E	Peckham	Sprint Female	00:12:43	00:01:35	01:22:34	00:01:11	00:36:26	02:14:29
117	10:45:40	318	Sharon	Hosten	Female	36	G	Cancer Research UK	Sprint Female	00:23:16	00:03:30	01:17:24	00:01:57	00:28:29	02:14:36
118	10:24:40	255	Amanda	Johnstone	Female	45	I	Bourne End	Sprint Female	00:10:32	00:04:18	01:19:56	00:01:13	00:39:11	02:15:10
119	10:05:20	197	clare	ferreira	Female	49	I	reading	Sprint Female	00:14:11	00:01:44	01:23:48	00:00:52	00:35:02	02:15:37
120	10:12:00	217	Sarah	Waters	Female	32	F	Southsea	Sprint Female	00:12:37	00:03:11	01:20:01	00:01:03	00:40:04	02:16:56
121	10:10:20	212	Pip	Thomas	Female	49	I	Cancer Research UK	Sprint Female	00:12:40	00:05:00	01:22:35	00:03:56	00:33:51	02:18:02
122	10:25:20	257	Anna	Roberts	Female	30	F	London	Sprint Female	00:09:20	00:02:14	01:16:24	00:00:53	00:50:49	02:19:40
123	10:37:00	292	Tessa	Higgins	Female	29	E	Swindon	Sprint Female	00:11:38	00:04:11	01:23:08	00:02:27	00:41:03	02:22:27
124	10:19:40	240	Laura	Price	Female	29	E	Cancer Research UK	Sprint Female	00:11:09	00:03:58	01:23:48	00:01:46	00:42:12	02:22:53
125	10:25:40	258	Sarah	Boszormenyi	Female	47	I	Marlow	Sprint Female	00:09:55	00:04:21	01:19:23	00:01:19	00:48:32	02:23:30
126	10:21:20	245	Susie	Levinson	Female	44	H	British Heart Founda	Sprint Female	00:08:10	00:06:04	01:28:21	00:00:58	00:40:29	02:24:02
127	10:13:20	221	MARIKA	WAKELIN	Female	39	G	Cancer Research UK	Sprint Female	00:11:28	00:09:34	01:33:59	00:03:09	00:42:37	02:40:47
128	10:13:00	220	Joanne	Bamsey	Female	41	H	Cancer Research UK	Sprint Female	00:12:06	00:09:20	01:34:13	00:02:51	00:42:37	02:41:07
129	10:17:40	234	Alison	Driscoll	Female	45	I	water Aid	Sprint Female	00:11:30	00:04:39	01:49:50	00:00:51	00:35:25	02:42:15
130	10:05:40	198	shefali	patel	Female	45	I	harrow on the hill	Sprint Female	00:21:46	00:11:46	01:30:19	00:01:47	00:43:59	02:49:37

Pos	StartTime	Race#	Name	Last Name	Gend	Age	Cat	TeamName	Race	Swim	T1	Bike	T2	Run	Total
131	10:08:00	205	Tanya	Street	Female	54	J	Oxford	Sprint Female	00:15:04	00:05:53	01:38:42	00:02:15	00:50:07	02:52:01